

SPECIAL EVENTS

March 3rd Virtual Voyager “San Juan, Puerto Rico” (Fellowship Room) 11:00 am On this tour, we will explore historical sites including Castillo San Felipe Del Morro, and Castillo San Cristobal, the two Spanish castles that fortified this old walled city. We will stop for lunch at a famous Puerto Rican cuisine restaurant and end the tour at a rooftop rum spot.

March 6th Life Long Learning: Steve Butler “Collectables, Collecting, & Toys” (Fellowship Room) 2:00 pm Steve Butler is a celebrated toy car enthusiast whose passion for collecting comes purely from joy, not profit. A respected voice in the hobby, he writes insightful articles that highlight the history, craftsmanship, and culture of miniature vehicles. Join Steve in an engaging talk about collectables, collecting, and toys.

March 9th York Symphony Orchestra “Strauss’ Don Quixote” (Fellowship Room) 4:00 pm Based on the timeless, imaginative novel, Richard Strauss’ Don Quixote conjures the knight’s story with otherworldly tones and artistic narrative. Philadelphia Orchestra’s cellist Yumi Kendall “plays” the main character of the heroic Don Quixote’s fantastical adventures. Johann Strauss, Jr. praises Spain’s treasured musical traditions in Spanish March. Manuel de Falla’s *The Three-Cornered Hat* features a comedy of errors with frenzied and euphoric tones.

March 11th Destination Dinner “Puerto Rico” (Fellowship Room) 4:30 pm On the menu: Chicken Sancocho (Chicken Stew), Pernil Arroz con Gandules Tostones (Rice Dish), and Pina Colada Cake for dessert. **Cost: \$15.00**

March 13th The Turkey Hill Experience (Columbia, PA) 1:00 pm The Turkey Hill Experience in Columbia, PA invites you to learn more about the history of Turkey Hill and their production through interactive games and exhibits. Visitors can virtually create their own ice cream flavor and enjoy unlimited samples of teas, lemonades, and ice cream. Yum!
Cost \$13.00

March 17th St. Patrick’s Day Bash & Live Music with Bernie Hernandez (Fellowship Room) 12:00 pm Get ready for a hearty helping of Corned Beef, Cabbage, and Potatoes, served the good old Irish way—plus a Baileys Cheesecake so delicious it should come with its own shamrock. **Cost: \$13.00**

March 19th Veteran’s Memorial Gold Star Healing & Peace Garden (York, PA) 10:00 am The Veterans Memorial Gold Star Healing & Peace Garden in York, PA was created to honor local fallen service members after 9/11. Designed as a community-driven tribute, it offers reflective paths, symbolic monuments, and peaceful gardens that provide space for remembrance, healing, and gratitude. Enjoy a walk around the garden or sit and reflect in this beautiful space.

March 20th Movie & Discussion with Rich Santel “Goodbye, Mr. Chips” (Fellowship Room) 1:00 pm *Goodbye, Mr. Chips* stars Robert Donat and Greer Garson in a touching portrait of schoolmaster Mr. Chipping, whose decades of teaching shape generations of boys and reveal his own quiet depth and devotion. This heartfelt, nostalgic drama remains a classic tribute to compassion and lifelong influence. **Runtime: 114 minutes.**

March 23rd Healthy Living for the Brain & Body (Fellowship Room) 1:00 pm Karen Carrier, from Penn State Extension, will share practical insights on *Healthy Living for the Brain & Body*, highlighting simple habits that support cognitive health and overall well-being. Learn easy, everyday ways to stay mentally sharp and feel your best.

March 23rd Visiting Angels “Being a Care Giver While Caring for Others” (Fellowship Room) 1:00 pm Visiting Angels’ Jill Kaylor will present *Being a Caregiver While Caring for Others*, offering practical guidance on maintaining personal well-being while supporting loved ones. Learn simple strategies to balance compassion, self-care, and the demands of caregiving.

March 25th Online Lecture “Age Well: The Power of Nature- Boosting Health & Happiness” (Fellowship Room) 11:00 am Most of us know that spending time in nature feels good, but research shows that the benefits are deeper and more far-reaching than you might expect. Join Dr. Catherine Sanderson, author and expert in positive psychology, to explore how green and blue spaces (like oceans, rivers and lakes) can reduce stress, ease anxiety, improve creativity and even aid physical healing. In this Age Well lecture, you’ll learn why even a houseplant or a glimpse of the outdoors matters and walk away with simple ways to bring more nature into your daily life. **Facilitator: Gene Burk**

March 25th Variety Big Band (Sprenkle Drive) 1:45 pm Joe Tomlinson (singer-songwriter and music producer) and his wife perform some of the big band hits from the 40s and 50s that are sure to have you tapping your foot and singing along. Joe started playing the guitar at age 16 and began writing music professionally in the 1990s.

March 27th Central York High School “Cinderella” 6:15 pm This is a fresh retelling of the beloved fairy tale featuring all the classic songs with an updated book that gives Cinderella more agency. In this version, Cinderella not only finds love but also helps inspire social and political change within her kingdom. It includes humor, magic, and themes of kindness, courage, and justice.

March 26th AACA Museum (Hershey, PA) 9:30 am Set out on a journey of discovery at the AACA Museum “America’s Transportation Experience”! With more than 130 cars on display, including everything from the horseless carriage of the 18th century to the muscle cars of the 70s and beyond, this experience is ensured to ignite great memories. This will be a guided tour, and lunch will be enjoyed at a local restaurant after the tour. **Cost: \$13.00**

March 31st Mikele Stillman “How on Earth Did Joseph Stalin’s Daughter End Up in East Berlin” (Sprenkle Drive) 12:45 pm Joseph Stalin’s daughter, Svetlana Alliluyeva, lived in East Berlin, Pennsylvania in 1967. After being denied a stay in India, Svetlana walked into the U.S. Embassy in New Delhi and requested political asylum. The U.S. government feared diplomatic fallout with the Soviet Unions and discreetly helped her to the U.S.

 **SpirTrust Lutheran**
The Village at Kelly Drive



Inspirations

Companion

March 2026

March Fun Facts

- ♣ **One of the most beloved games of family game night, Monopoly, was invented on March, 1933.**
- ♣ **Coca-Cola was invented in March 1886.**
- ♣ **In March 1889, the completion of the Eiffel Tower occurred.**
- ♣ **President John F. Kennedy founded the Peace Corps on March 1, 1961.**
- ♣ **The Oreo cookie was introduced by the National Biscuit Company on March 6, 1912.**
- ♣ **The first successful telephone call was made by Alexander Graham Bell to Thomas Watson on March 10, 1876.**
- ♣ **On March 3, 1913, thousands of women marched for the right to vote in Washington, D.C.**
- ♣ **If you were born in March, you have two birth flowers: daffodils and jonquils.**
- ♣ **Every year, March and June finish on the same day of the week.**
- ♣ **March 8 is the start of Daylight Saving Time, which begins at 2:00 A.M. that day. Don’t forget to “spring forward” and set the clocks one hour ahead, or you may find yourself an hour late to everything!**



EQUAL HOUSING OPPORTUNITY

The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3:00 Worship Service (FR)	4:00 Wii Bowling (FR)	4:00 Wii Bowling (FR) 6:00 Kelly Choir (FR)	2:00 Faith Sharing (CR) 3:30 Easy Exercise (FR) 4:00 Pinochle (FL)	1:00 Sprenkle Drive Visits (OFF) 2:30 Chair Yoga with Carol (FR)	10:00 Conversation Café (FR) 4:00 Pinochle (FL) 6:00 Game Night (FL)	6:00 Mexican Train Dominoes (FR)

MARCH 2026

Additional programs & events scheduled for the month of March

1	2	3	4	5	6	7
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2:00 Residential Living Association Meeting (FR)	10:00 Knit & Crochet (FL) 11:00 Virtual Voyager "Puerto Rico" (FR) 2:45 Spirit Movers (FR)	9:30 Leg Up Farmers Market Tour (RR)(OC) CD 3/3 10:30 Walmart (RR)(OC) CD 3/3 3:00 Worship Committee (CR)	9:30 Residential Living Birthday Breakfast (RR)(FR)\$\$ CD 3/2 1:00 Pianist "Hunter O'Neill" (FR)	11:00 Social Life Committee (FR) 1:30 Life Long Learning: Steve Butler "Collectables, Collecting, & Toys" (FR)	2:30 Bingo (FR)
8	9 1:00-3:00 Wii BOWLING 10:30 Weis Shopping (RR)(OC) CD 3/8 4:00 YSO "Stauss' Don Quixote" (RR)(FR) CD 3/8	10 9:30-11:00 West York HS: Games & More 1:00 Blood Pressure Clinic (WS) 2:00 Uno Flip (FL)	11 11:00 Craft Corner "Mason Jar Lid Suncatcher" (RR)(FR) CD 3/9 4:30 Destination Dinner "Puerto Rico" (RR)(FR)\$\$ CD 3/9	12 1:30 Cooking Demo "Pea & Bacon Salad" (RR)(FR) CD 3/11 2:00 Dining Committee Meeting (CR)	13 10:00 Errand Day (RR)(OC) CD 3/12 1:00 Turkey Hill Experience (RR)(OC)\$\$ CD 3/9	14 2:30 Salon Recital (FL) 6:15 Inspire Big Band (RR)(OC) CD 3/9
15	16 1:00 Trivia with Friends (RR)(FR) CD 3/15 2:00 Residential Living Board Meeting (CR)	17 10:00 Knit & Crochet (FL) 12:00 St. Patrick's Day Bash & Live Music with Bernie Hernandez (RR)(FR)\$\$ CD 3/13	18 10:00 Barnes & Noble (RR)(FR) CD 3/16 12:00 "Widow & Widower Lunch" Sprenkle Drive Rachel & Reuben's 1:30-3:00 Pam Conrad's Retirement Party (FR) 6:00 Bingo (FR)	19 8:30 Pretzel Sale (RR)(FL)\$\$ 10:00 Veterans Memorial Gold Star Healing & Peace Garden (RR)(OC) CD 3/17 1:00 Grief Support Group (CR)	20 1:00 Movie & Discussion with Rich Santel "Goodbye, Mr. Chips" (FR)	21 2:00 Uno Flip (FL)
22	23 10:30 Weis Shopping (RR)(OC) CD 3/22 1:00 Penn State Ext. "Healthy Living for Brain & Body Habits" (FR) 2:00 Visiting Angels "Being A Care Giver While Caring for Others" (FR)	24 12:30 Lunch Out "Hinkle's Restaurant (RR)(OC) CD 3/23 3:00 Three Mile Island Discussion "Where were you?" (FR)	25 9:00-12:00 Tech Support with Carol Page (FR)(RR) CD 3/24 11:00 Online Lecture "Age Well: The Power of Nature- Boosting Health & Happiness" (FR) 1:45 Joe Tomlinson "Variety Big Band Presentation" (RR)(Sprenkle Drive) CD 3/23	26 9:30 AACA Car Museum (RR)(OC) \$\$ CD 3/23 4:30 Pizza Party (RR)(FR)	27 12:30 Carry Out for a Cause (RR) 1:00 Devers Easter Fun Visit (FL) 6:15 Central York HS "Cinderella" (RR)(OC)\$\$ CD 3/20	28 2:30 Wii Bowling with PC
29 3:00 Palm Sunday Service (FR)	30 1:00 Country Music with Keil Holland (FR) 2:00 Ice Cream Social "Moose Tracks" (RR)(FR) CD 3/29	31 11:00 Boscov's (RR)(OC) CD 3/30 12:45 Life Long Learning "How on Earth Did Joseph Stalin's Daughter End Up in East Berlin?" (RR)(Sprenkle Drive) CD 3/30 2:45 Spirit Movers (FR)	Program additions or changes since catalog was published are bold . Program offerings are subject to change.		Key: RR – Registration Required OC – Off Campus CR – Conference Room FL – Family Lounge WS – Wellness Suite \$\$ – Cost CD – Closing Date DR – Dining Room FR – Fellowship Room PP – Patio by Pond	