Reminder: March Newsletters Distributed by E-mail Update your E-mail with Life Enrichment by Tuesday, Feb. 27

As of the month of March Kelly Drive RL newsletters will be delivered to residents by e-mail. Newsletters will hit your e-mail inbox by 5:00pm on Fridays weekly. With more residents using e-mail, this will allow us to quickly communicate Kelly Drive updates to residents. The monthly calendar will continue to be delivered to residents cottages/apartments, and a copy of the RL newsletter will be posted in the Wellness Suite.

All residents are asked to fill out the e-mail update form to make sure your updated e-mail is on file with Life Enrichment no later than Tuesday, February 27 so you will be able to receive your first weekly newsletter on Friday, March 1. Copies of the email update form is available at the front desk.

Podiatry at Kelly Drive Wednesday, March 6

Podiatry will be at Kelly Drive on Wednesday, March 6 from 8:00am – 9:30am. Please sign-up at the front desk by Wednesday, February 28 for an appointment.

Share & Show Happy Hour Tuesday, March 12

How well do you know your neighbors? How many times have you known someone for quite some time, only to suddenly realize you share a favorite hobby, have more in common than you realized – or, found out something new and fascinating about your friend? Everyone is invited to bring a knick-knack, pictures, or a story to share with the group, as we have an informal "sharing and showing" social over appetizers and drinks.

OnSite Dermatology at Kelly Drive Wednesday, March 27

OnSite Dermatology will be at Kelly Drive Wednesday, March 27. OnSite Dermatology provides comprehensive and quality care in the comfort of your home community. With expertise and equipment to diagnose, treat, prescribe, write orders and perform procedures on site, this service will help you focus on your well-being. Sign-up for an appointment at the front desk by Wednesday, March 20. Going forward OnSite Dermatology will be at Kelly Drive the fourth Wednesday of every month.

United States Air Force Heritage of American Band: Rhythm in Blue Concert at Pullo Center Tuesday, March 19

The United States Air Force Heritage of American Band is proud to present Rhythm in Blue, the unit's dynamic jazz ensemble. This stellar group presents exciting and uplifting music to inspire patriotism and tell the Air Force story. Wth their extensive repertoire highlighting instrumental and vocal soloists, Rhythm in Blue makes lasting connections with audiences of all ages. Tickets are free and expected to sell out fast, so don't delay in signing up.



Inspirations Companion

March 2024

March Birthdays:

Michelle Richter (Staff) 3/6

Jane Harleman 3/8

Lois Snyder 3/8

Sue Stambaugh 3/9

Khadijah Quille 3/10 (Staff)

Doris Himes 3/13

Stacey Brown (Staff) 3/14

Jewuan Harrison 3/15 (Staff)

Clarence Brenneman (Staff) 3/16

Harry Creep 3/17

Donna Raffensberger 3/18

Janine Zell 3/18 (Staff)

Jaida Jones (Staff) 3/22

Virona Rowe (Staff) 3/22

Philip Slagel 3/25

Paul Wilt 3/26

Casey Warner (Staff) 3/26

Carli Wilt (Staff) 3/29

Hello!

March, they say, comes in like a lion and goes out like a lamb. We shall see what this month has in store for us, but regardless we can all be happy that spring has finally arrived!

March brings with it many fun programs and trips to enjoy. Enjoy a flower arranging class led by the York Garden Club, a "share & show" happy hour that is sure to spark conversation as we learn more about our neighbors, an ice cream social, shopping trips, a live show at the Pullo Center as the US Air Force Band performs a stunning show, a trip to Hershey for lunch at the Hotel Hershey, card games, exercise classes and so much more.

Plus, March is home to St. Patrick's Day, a time where we celebrate all things Irish! Don't miss the Irish Breakfast on March 15 – a traditional Irish breakfast that will have your mouth watering for more.

Easter is also in March and Chaplain Aaron invites all to the special worship services scheduled this month – Palm Sunday, Maundy Thursday, Good Friday and Easter Sunday worship. Enjoy a special Easter meal made by the kitchen to celebrate Easter, too.

The Kelly Drive community is truly what it is because of YOU- programs offered come directly from resident suggestions and interests. All are invited to attend the **Life Enrichment social committee meeting on Friday, March 1 at 11am in the Fellowship Room** to learn more about upcoming programs and share ideas.

Be Well,

Lauren Eriksen
Life Enrichment Director
717-845-6606
Leriksen@spiritrustlutheran.org



The following programs are regularly scheduled on a weekly basis										
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday				
3:00pm-FR: Worship Service 4:00pm-FR: Pinochle	9:30am-FR: Chair Yoga with Jess 4:00pm-FR: Wii Bowling	4:00pm-FR: Wii Bowling 6:00pm-FR: Kelly Choir	9:00am-FR: Silver Sneakers Strength with YMCA		10:00am-FR: Conversation Café 6:00pm-FR: Game Night	6:00pm-FR: Mexican Train Dominoes				

Additional programs & events scheduled for the month of March											
Sunday	Monday Program additions or changes	Tuesday Key: RR- Registration Required	Wednesday	Thursday	Friday	Saturday					
	since catalog was published are in bold . Program offerings are subject to change.	Key: RR- Registration Required \$\$- Cost OC – Off Campus CR – Conference Room Suite FL – Family Lounge FR – Fellowship Room PP – Patio by Pond WS - Wellness Suite			11:00am-FR: Social Committee 2:00pm-FR: Movie Matinee with Judy Becker: South Pacific Musical	2:00pm-FR: Bingo with Resident Living Volunteers					
3	2:00pm-FR: Residential Living Council Meeting	2:30pm-FR: Flower Arranging with the York Garden Club (RR)	8:00am-9:30am-LL: Podiatry (RR) 10:30am- Walmart (RR)(OC) 2:00pm-FR: Faith Sharing: Martin Luther's Small Catechism 3:00pm-FR: Worship Committee	1:30pm-2:00pm-LL Exercise Room: Equipment Q&A 1:30-FR: Be Well: Roasted Walnut & Cauliflower "Meat" Tacos (RR) 3:00pm-FR: Spirit Movers Exercise	10:00am-Errand Day (RR) 2:00pm-FR: Lifelong Learning with Richard Robinson: The Life of Gen. Devers	9 2:30pm-FL: Canasta					
10	11	No Wii Bowling	13	14	No Conversation Cafe	16					
	2:00pm-FL: 500	10:30am-Weis (RR)(OC) 1:00pm-Wellness Suite: Blood Pressure Clinic 4:30pm-FR: Share & Show Happy Hour (RR)	2:00pm-FR: Faith Sharing: Martin Luther's Small Catechism 4:00pm-FR: Wii Bowling	1:30pm-CR: Dining Committee 1:00pm-FL: Reading Partners with Devers 2 nd Grade Class (RR) 2:30pm-FR: Easter Bunny Gourd Craft with Sue Myers (RR)	9:30am-FR: Irish Breakfast (RR)(\$\$) 3:00pm-Delivery: Kelly Fresh (RR)(\$\$)	2:30pm-FL: UNO Flip					
17	11:00am-Depart for Boscov's (RR)(OC) 2:00pm-FR: Ice Cream Social Feature Flavor – Orange Sherbet (RR)	No Wii Bowling 10:30am-CR: Residential Living Assoc. Board Meeting 1:00pm-Resident Hosted Lunch Out at Applebee's with Resident Host Sue Reich (RR)(\$\$)(OC) 6:00pm-United States Air Force Band: Rhythm in Blue at the Pullo Center (RR)(OC)	12:00pm-Sprenkle Drive Rachel & Reuben's: Widow & Widower Luncheon 2:00pm-FR: Faith Sharing: Martin Luther's Small Catechism 4:00pm-FR: Wii Bowling 6:00pm-FR: Bingo with St. Matthew Church	8:30am-FL: Pretzel Sale (RR)(\$\$) 11:00am-FR: Wellness Talk with Eyes of York 1:00pm-CR: Grief Support Group 2:30pm-FR: Spirit Movers Exercise 4:30pm-FR: Pizza Party (RR)(\$\$)	10:00am-Markets at Shrewsbury (RR)(OC) 2:30pm-FR: Lifelong Learning with Cliff & Kathy Billet: A Trip to the Polar Bears	2:30pm-FR: Hymns with Dan Baker					
24	25	26	27	28	No Conversation Cafe	30					
3:00pm-FR: Palm Sunday Worship Service	12:00pm-Depart for Lunch at Harvest Restaurant at The Hotel Hershey (RR)(OC)(\$\$)	2:00pm-FR: Gaither Concert with Judy Becker: Kennedy Center Homecoming	10:30am- Weis (RR)(OC) 1:00pm-OnSite Dermatology (RR) 2:00pm-FR: Faith Sharing: Martin Luther's Small Catechism	3:00pm-FR: Maundy Thursday Worship Service	9:30am-FR: Resident Breakfast- Complimentary for March Birthdays (RR)(\$\$) 3:00pm-FR: Good Friday Worship	2:00pm-FL: UNO Flip					
31 12:00pm-Easter Curbside (RR)(\$\$) 3:00pm-FR: Easter Sunday Worship Service											