

# The Weekly Connection

## Residential Living | April 21-27, 2024

### Hello, Residents!

We have been blessed with sunny skies and warmer weather. It's been wonderful seeing so many people out and about enjoying the fresh air! We hope to see you out and about.

Be well,  
Lauren Eriksen, Life Enrichment Director  
717-845-6606  
Leriksen@spiritrustlutheran.org

### American Cancer Society Wellness Talk Cancelled for Wed. 4/23

Due to a last minute change with the American Cancer Society, the wellness talk scheduled for Wednesday, April 23 at 11:00am has been cancelled. Stay tune for the new wellness talk date.

### Auxiliary Sandwich Sale

Your fresh sandwiches will be available for pick-up on Wednesday, April 24. Please come to the Fellowship Room between noon and 1:00pm. If you cannot come at that time, please notify a committee member. The Auxiliary sold close to \$450 worth of sandwiches.

***Thank you for your strong support!***

Thank you,  
Charlie Topper

### April Event Sign-Up

Please sign-up for the following events by calling Lauren at 717-845-6606.

4/24: Downtown York Mural Walking Tour: Sign-up by 4/22

4/25: Reading Partners Devers 2nd Grade: Sign-up by 4/23

4/25: Devers 5th-8th Talent Show: Sign-up by 4/23

4/26: Resident Breakfast: Sign-up by 4/22

4/29: Ice Cream Social 4/29: Sign-up by 4/26

### A Look Ahead at May

5/1: Walmart: Sign-up by 4/29

5/1: York Planetarium Trip: Sign-up by 4/29

5/2: Be Well; Sign-up by 5/1

5/9: Columbia History Bus Tour: Sign-up by 5/6

5/7: Errand Day: Sign-Up by 5/8

5/11: Salon Recital with Gretchen Dekker

5/13: Boscov's: Sign-up by 5/10

5/16: York Revs Baseball Game: Sign-up and pay \$5 at front desk to reserve your ticket

5/17: Kelly Fresh: Sign-up by 5/15

5/31: Resident Breakfast: Sign-Up by 5/29

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## *Weekly Program Features:*

### **ZOOM Chair Yoga with Jess**

**Monday, April 22**

**9:30am in the Fellowship Room**

Start the morning off with yoga, led by certified instructor Jess Sheahan, who will lead you in a practice that will have you focused on your strength, balance and flexibility—plus leaving class feeling refreshed! This class is taught live over ZOOM and new students welcome.

### **Downtown York Mural Walking Tour with York History Museum**

**Wednesday, April 24**

**Depart Front Entrance at 9:30am**

**Cost: \$6 payable at event**

York's history is displayed throughout the city on its murals. On this walking tour, led by a York History Museum tour guide, you will learn about the murals connection to York and see first-hand the amazing artistic talent on display.

### **Reading Partners with Devers 2nd Grade Students**

**Thursday, April 25**

**1:00pm in the Family Lounge**

Share the love of reading by being a supportive reading partner to Devers Elementary School 2nd grade students, as they bring over their favorite books to read to residents as they build their reading skills.

### **Devers Elementary School 5th-8th Grade Talent Show**

**Thursday, April 25**

**Depart Kelly Drive at 4:45pm**

**Talent Show is 5:15pm-6:15pm**

Devers has invited Kelly Drive residents to their talent show this year! Students will be sharing all kinds of wonderful talents—you are sure to be wowed and amazed, and the students appreciate the support.

### **Resident Breakfast**

**Friday, April 26**

**9:30am in the Fellowship Room**

**Cost: \$9 payable at meal**

It's breakfast time! Dining cooks up a delicious menu of hot food, pastries, fresh fruit, yogurt and assorted beverages. Plus, everyone with an April birthday enjoys a complimentary breakfast. Let's celebrate good food and good friends!

### **Wii Bowling with PC**

**Saturday, April 27**

**2:30pm in the Fellowship Room**

Wii bowling has become such a fun game, and new players are always welcome! Come out and enjoy a fun afternoon of Wii bowling, as we invite personal care residents to experience the game, too! If you regularly play, or have ever played before, all are welcome to come see why this game is so fun to play!

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 **Spiritrust Lutheran**<sup>®</sup>  
The Village at Kelly Drive

