

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AUGUST 2026						1
2	3 9:30 Stretch & Strength * 10-11:00 Nail Spa* RR 1-3:00 Nail Spa* RR	4 10:00 Chair Yoga 3:00 Team Trivia*, RR 6:00 Card Club*	5 9:30 Stretch & Strength * 1:00 Walmart Shuttle OC, RR, \$\$ 1:00 Town Hall Meeting 3:00 Wii Bowling *	6 10:00 Bible Study * 10:00 Weight 4 Me * 10:30 Serenity Circle * 1:00 Seated Volleyball 2:30 Table Tennis* 3:00 Billiards *	7 8:00 Men’s Breakfast Country Café - OC, RR, \$\$ 10:00 Chair Yoga 1:00 Music Bingo, RR 6:00 Card Club	8
9	10 9:30 Stretch & Strength * 1:00 Grocery Shuttle OC, RR, \$\$ 1:30 Movie Matinee , RR Father of the Bride 5:30 Ice Cream Wagon	11 10:00 Chair Yoga 2:00 Puckered Up & Powdered* RR 6:00 Card Club*	12 No Song & Scripture 9:30 Stretch & Strength * 1:00 Wii Bowling *	13 NO Happy Hour due to Totem Pole 9:30 Chair Yoga 1:00 Totem Pole South Pacific No Seated Volleyball 2:30 Table Tennis* 3:00 Billiards *	14 No Chair Yoga (Thursday) 11:30 Destination Dining* Get your kicks on Route 66 RR, \$\$	15
16	17 9:30 Stretch & Strength * 10-1130/1-230 Canvas Painting Workshop RR, \$\$	18 10:00 Chair Yoga 1:00 Wellness Talk: Brain Health 2:00 50/60s Sing Along, RR 6:00 Card Club*	19 9:30 Stretch & Strength * 11:00 Ladies Lunch Red Robin OC, RR, \$\$ 1:00 Wii Bowling * 1:00 Walmart Shuttle OC, RR, \$\$	20 9:30 Chair Yoga 10:00 Bible Study * 10:00 Resident Council * 11:00 Blood Pressure Clinic * 1:00 Seated Volleyball * 2:30 Table Tennis* 3:00 Billiards *	21 No Chair Yoga (Thursday) 9:30 Morning Mingle, RR 1:00 Bingo, RR	22
23	24 9:30 Stretch & Strength * 1:00 Grocery Shuttle OC, RR, \$\$ 2:30 Birthday Social * RR	25 10:00 Chair Yoga 1:00 Totem Pole Karen Hester as Dolly 6:00 Card Club*	26 No Song & Scripture 9:30 Stretch & Strength * 11:00 Guys & Gals Lunch Olive Garden OC, RR, \$\$ 1:00 Wii Bowling * 4:00 Game Night* RR	27 10:00 Weight 4 Me * 10:30 Serenity Circle * 1:00 Seated Volleyball 2:30 Table Tennis* 3:00 Billiards * 4:00 Happy Hour* RR	28 10:00 Brunch @ the Bistro* RR, \$\$ 1:30 Local Lessons: Unusual History Events Series	29
30	31 9:30 Stretch & Strength * 1:00 Grocery Outlet Shopping Trip OC, RR, \$\$					

August Birthdays:

Thelma Bert	Bill Pekari
Richard Horst	Janet Porter
Kathryn Lauver	Susan Pekari
Joyce Bingaman	Sharon Toomey

Anniversaries:
August 22nd - Bill & Susan Pekari
56 years

August Highlights Cont'd.....

Canvas Painting Workshop: Monday the 17th @ 10-1130 and 1-230. Each participant will receive two pre-drawn 8”X10” canvases to paint and make their own. No artistic experience is needed – just bring your imagination! Let your artistic juices flow as you enjoy good conversation, laughter and the company of friends. Whether you follow the design or add your own creative touch, you’ll leave with two beautiful masterpieces to display or share. Come unwind, have fun and discover the artist within you! (Monday, 31st from 10-1130 will be available to finish if more time is needed).

Located in the Dining Room

Registration Required by Wednesday the 12th - \$10 per person due the day of workshop.

Morning Mingle: Friday the 21st @ 9:30, Come relax, chat, laugh, and ease into your Friday with great conversation and tasty treats. Enjoy fresh donuts, hot coffee, and fresh-cut fruit in a warm and welcoming atmosphere.

Located in the Dining Room

Registration Required by Wednesday the 19th

Brunch @ the Bistro: Friday the 28th @ 10am - Fill your belly with all the savory goodness of a down-home breakfast and fill your soul with warm conversation and wonderful friends. Gather around the table, share a laugh, make new memories, and savor the simple joy of good food and great company. We can't wait to brunch with you!

Located in the Dining Room

Registration Required by Wednesday the 26th - \$15 per person due the day of Brunch

Marketplace @ The Ridge is Coming in October!

Get ready to earn, save, and shop! Beginning in **August**, **attendance points** and **bingo winning points** will be tracked and saved as **Marketplace dollars** to spend at our first Marketplace event in October. *The more you attend... the more you win... the more you can spend!* At the beginning of each quarter (**October, January, April, and July**), the Marketplace will be stocked with new treasures and goodies ready for you to shop. After each Marketplace event, point totals will be cleared, and everyone will have a fresh start to earn points for the next shopping experience.

So mark your calendars, join in the fun, and start earning your Marketplace dollars today!

Happy earning and happy shopping at Marketplace @ The Ridge!

Coming in September:

Return of Neighborly Brew

Coming in October:

**Golden Griddle Gathering,
Marketplace @ the Ridge**



August Highlights.....

Ladies!!! The **Ocean Breeze Nail Spa** is now accepting appointments! Escape to our tropical oasis for a little seaside relaxation and pampering. Join us on **Monday, August 3**, from **10:00–11:00 a.m.** or **1:00–3:00 p.m.** Sign up for some well-deserved girl time while enjoying beautiful nails, great conversation, and a relaxing island atmosphere. **Hawaiian Mimosas** will be available for sipping as you unwind. We can't wait to pamper you! *Located in the Café'*

Registration Required

Town Hall Meeting – Wednesday the 5th @ 1pm

Music Bingo: Elvis Edition – Friday the 7th @ 1pm

A fun twist on an old favorite! Elvis will be in the building...well, at least his music will be! Instead of calling numbers, we'll play clips of the King's greatest hits. Listen carefully, mark your bingo card, sing along, and enjoy an afternoon of music, memories, and friendly competition. You just might find yourself "All Shook Up" with excitement! *Located in the Dining Room*

Registration Required

Ice Cream Wagon – Last one of the Summer....Monday the 10th starting at 5:30

St. Paul	530	Sarah Place	600
Esther Circle	540	St. Joseph	610
Luther Drive	550		

Puckered Up and Powdered Social - Tuesday the 11th @ 2pm. Join us for one last sweet celebration of summer! Enjoy refreshing flavored lemonade, warm powdered-sugar funnel cakes, and a soundtrack of oldies but goodies that will have you singing along. Come relax with friends, satisfy your sweet tooth, and make a few more summer memories.

Located outside under the awning – weather permitting

Registration Required by Friday the 7th

Destination Dining: Get your kicks on Route 66 - Hit the open road without ever leaving your seat! Join us as we travel America's most famous highway for a **Route 66 Destination Dining** experience. Enjoy a delicious meal inspired by the iconic 50s diners, roadside attractions, and classic Americana that made Route 66 legendary. Poodle skirts optional – but they sure would be fun!

*Menu: Chocolate Soda, Julianne Salad, Smash Burgers,
Shoestring French Fries, Sky-high Coconut Cream Pie*

Located in the Bistro

Registration Required by Friday the 7th - \$14 per person due to day of dining.

More August Highlights on Back.....