## **April 2025**

| Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|--|--|---|---|---|
|  |  | <b>1</b> 9:30AM Exercise1:00PM St. Luke Worship Service<br>with Pastor Frye1:30PM Bingo2:30PM First to Worst Game                                    | 2<br>9:30AM Exercise<br>2:00PM Word Games<br>2:00PM Hydration Cart<br>3:00PM Music Trivia                              | 3<br>9:30AM Walmart Trip<br>10:00AM Bible Study<br>1:30PM Bingo<br>2:30PM Pet Adoption Dice<br>Game | 9:00AMMen's Breakfast49:30AMExercise1:30PMTravelogue to<br>Meteora, Greece2:30PMWord MatchHAPPYBIRTHDAY THOMAS! | 5<br>Resident Directed Activities   |
| 6<br>9:30AM St. Luke Church Service<br>(Online)<br>2:00PM Church Service                       |  | 9:30AM Exercise<br>1:30PM Bingo<br>2:30PM Cats Versus Dogs   | 9<br>9:30AM Exercise<br>10:30AM Resident Council<br>2:00PM Word Games<br>2:00PM Hydration Cart<br>3:00PM Random Trivia | 10:00AM Bible Study<br>1:30PM Craft Hour-<br>Egg Carton Art<br>3:00PM That Spells<br>CATastrophe    | 9:30AM Exercise<br>1:30PM Afternoon Ride and<br>Ice Cream   | 12<br>9:30AM Exercise<br>1:30PM Bingo<br>2:30PM Jeopardy Trivia<br>PASSOVER |
| 13<br>9:30AM St. Luke Church Service<br>(On-line)<br>2:00PM Palm Sunday Service<br>PALM SUNDAY | <b>1</b><br>9:30AM Exercise<br>1:30PM Casual Cards<br>2:30PM Manicures | <ul> <li>4 15</li> <li>9:30AM Exercise</li> <li>1:30PM Bingo</li> <li>2:30PM Kitchen Hour- Easter<br/>Coconut Tails</li> </ul>                       | 16<br>9:30AM Exercise<br>2:00PM Word Games<br>2:00PM Hydration Cart<br>3:00PM Colorful Expressions                     | 17<br>10:00AM Bible Study<br>2:00PM Maundy Thursday<br>Service<br>2:30PM Bingo                      | 9:30AM Exercise         2:00PM Good Friday Service         2:30PM Easter Egg Hunt         GOOD FRIDAY           | <b>19</b><br>Resident Directed Activities                                   |
| 20<br>9:30AM St. Luke Church Service<br>(On-line)<br>2:00PM Easter Service<br>EASTER           | 2<br>9:30AM Exercise<br>1:30PM Casual Cards<br>2:30PM Charades         | 1     22       9:30AM     Exercise       1:30PM     Bingo       2:30PM     Doggone Enjoyable       Songs   | 23<br>9:30AM Exercise<br>2:00PM Word Games<br>2:00PM Hydration Cart<br>3:00PM What's Your Verdict?                     | 24<br>10:00AM Bible Study<br>1:30PM Craft Hour- Pressed<br>Flower Lanterns<br>3:00PM Dominoes       | 9:30AM Exercise<br>11:00AM Lunch out to Wild Annies<br>3:00PM Left, Center, Right Game                          | 26<br>9:30AM Exercise<br>1:30PM Bingo<br>2:30PM Who, What, Where?           |
| 27<br>9:30AM St. Luke Church Service<br>(Online)<br>2:00PM Church Service                      | 23<br>9:30AM Exercise<br>1:30PM Casual Cards<br>2:30PM Manicures       | <ul> <li>3 29</li> <li>9:30AM Exercise</li> <li>10:30AM Kindly Canines</li> <li>1:30PM Bingo</li> <li>2:30PM Kitchen Hour-<br/>Bunny Bait</li> </ul> | 9:30AMExercise <b>30</b> 2:00PMWord Games2:00PMHydration Cart3:00PMJigsaw Puzzle HourHAPPY BIRTHDAY RUTH!              |   | SPIRIT360 <sup>®</sup><br>powering lives through purposeful living.   | Programs are subject to change  |

The Village at Luther Ridge Personal Care Programs & Events





## What is Spirit360<sup>™</sup>?

Our Spirit360<sup>™</sup> program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible. The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

## <u>Upcoming Events:</u>

1st - St. Luke Worship Service with Pastor Frye - 1:00PM 9th - Resident Council - 10:30AM 13th - Palm Sunday Service - 2:00PM 17th - Maundy Thursday Service - 2:00PM 18th - Good Friday Service - 2:00PM 20th - Easter Service - 2:00PM 29th - Kindly Canines - 10:30AM

## Outings:

3rd - Walmart in Shippensburg - 9:30AM 4th - Men's Breakfast - 8:45AM 11th - Afternoon Ride and Ice Cream - 1:30PM 25th - Lunch Out to Wild Annie's - 11:00AM



## **Personal Care Newsletter**

Happy April

**Birthdays!** 

**Thomas Lightfoot** 

Ruth Bard



# SpiriTrust Lutheran<sup>®</sup> The Village at Luther Ridge

**BINGO** Tuesdays, two Thursdays and two Saturdays

- **Resident Council** 2nd Wednesday of each month 10:30AM
  - Hydration Cart Wednesdays 2:00PM
- Manicures Mondays the 14th and 28th at 2:30PM
  - \* Programs are subject to change \*

### Personal Care Life Enrichment Team

#### Melissa Fravel ~ Life Enrichment Lead

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