Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Aug	ust 2025		PIRIT360° ring lives through purposeful living.	Programs are subject to change	8:45AM Men's Breakfast to The Applebin Grill 9:30AM Exercise 1:30PM Afternoon Movie - Cowgirls N Angels	9:30AM Exercise 1:30PM Bingo 2:30PM Left, Center, Right Game
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	9:30AM Exercise 1:30PM Casual Cards 2:30PM Manicures	9:30AM Exercise 1:00PM St. Luke Worship Service with Pastor Frye 1:30PM Bingo 2:30PM Hidden in Plain Sight	9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Sticker Art	9:30AM Walmart Shopping 10:00AM Bible Study 1:30PM Bingo 2:30PM Mind Joggers	9:30AM Exercise 1:30PM Gathering at the Gazebo with Root Beer Floats	1:00PM Book Club with Pat
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	10:30AM Exercise 1:30PM Casual Cards 2:30PM Charades	9:30AM Exercise 12 1:30PM Bingo 2:30PM Remembering Your Loved Ones with Chaplain Amy HAPPY BIRTHDAY MADDY!	9:30AM Exercise 10:30AM Resident Council 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Jigsaw Puzzle Hour	10:00AM Bible Study 1:30PM Craft Corner - Coffee Filter Butterflies 3:00PM Hanging by a Thread Detective	9:30AM Exercise 1:30PM Afternoon Movie - Tyson's Run	9:30AM Exercise 1:30PM Bingo 2:30PM Say it with Music Trivia
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	9:30AM Exercise 1:30PM Casual Cards 2:30PM Manicures	9:30AM Exercise 1:30PM Bingo 2:30PM Kitchen Hour- Puff Corn Delight		10:00AM Bible Study 1:30PM Hymns with Herb 2:00PM Bingo	9:30AM Exercise 11:00AM Lunch out to Olive Garden	1:00PM Book Club with Pat
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	10:30AM Exercise	9:30AM Exercise 10:30AM Kindly Canines 1:30PM Bingo 2:30PM Kitchen Hour- Mini Cheesecakes	9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Finish the Common Phrase	10:00AM Bible Study 1:30PM Craft Corner-Wind Chimes 3:00PM What do you Know Trivia?	9:30AM Exercise 1:30PM Afternoon Ride and Ice Cream	9:30AM Exercise 1:30PM Bingo 2:30PM Scrabble
9:30AM St. Luke Church Service (Online)		The Village at	Luther Ridge Pe	ersonal Care Pro	grams & Events	

2:00PM Church Service



What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible.

The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

Upcoming Events:

5th - St. Luke Worship Service with Pastor Frye - 1:00PM

12th - Remembering Your Loved Ones - 2:30PM

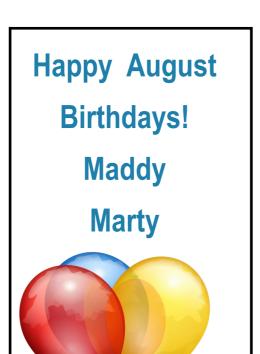
13th - Resident Council - 10:30AM

21st - Hymns with Herb - 1:30PM

26th - Kindly Canines- 10:30AM

Outings:

1st - Men's Breakfast to The Applebin Grill - 8:45AM
7th - Walmart in Shippensburg - 9:30AM
22nd - Lunch Out to The Olive Garden - 11:00AM
29th - Afternoon Ride and Ice Cream - 1:30PM



SpiriTrust Lutheran® The Village at Luther Ridge Personal Care Newsletter BINGO Tuesdays, two Thursdays and two Saturdays

Resident Council 2nd Wednesday of each month 10:30AM

Hydration Cart Wednesdays 2:00PM

Manicures Mondays the 4th and 18th at 2:30PM

* Programs are subject to change *

Personal Care Life Enrichment Team

Melissa Fravel ~ Life Enrichment Lead

Email: mfravel@spiritrustlutheran.org

Phone: 717-264-5700 Ext: 50232

2735 Luther Drive, Chambersburg, PA 17202

Welcome New
Resident!
Nancy Deardorff Room 31

