


February 2026

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|---|
| 1 9:30AM St. Luke Church (Online) 2:00PM Church Service | 2 9:30AM Exercise 1:30PM Casual Cards 2:30PM Manicures GROUNDHOG DAY | 3 9:30AM Exercise 1:00PM St. Luke Worship Service with Pastor Frye 1:30PM Bingo 2:30PM Name that Tune HAPPY BIRTHDAY SUE! | 4 9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Dominoes | 5 9:30AM Walmart Shopping 10:00AM Bible Study 1:30PM Bingo 3:00PM Prayer Group with Chaplain David | 6 8:45AM Men's Breakfast with RL to the Trojan Diner 9:30AM Exercise 1:30PM Afternoon Ride and Ice Cream | 7 RESIDENT DIRECTED ACTIVITIES |
| 8 9:30AM St. Luke Church (Online) 2:00PM Church Service 6:30PM Super Bowl LX | 9 10:30AM Seated Volleyball 1:30PM Casual Cards 2:30PM Word Wizards | 10 9:30AM Exercise 1:30PM Bingo 2:30PM Bible Jeopardy | 11 9:30AM Exercise 10:30AM Resident Council 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Finish the Song Lyric | 12 10:00AM Bible Study 1:30PM Travelogue to Singapore 3:00PM Prayer Group with Chaplain David 6:00PM Guilford Hills Elementary Students | 13 9:30AM Exercise 1:30PM Afternoon Matinee - Timeless Love HAPPY BIRTHDAY PAM! | 14 9:30AM Exercise 1:30PM Bingo 2:30PM Valentine's Day Puzzles VALENTINE'S DAY |
| 15 9:30AM St. Luke Church (Online) 2:00PM Church Service | 16 9:30AM Exercise 1:30PM Casual Cards 2:30PM Manicures PRESIDENT'S DAY | 17 9:30AM Exercise 1:30PM Bingo 2:30PM Kitchen Hour - Cherry Yum Yum | 18 9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 2:30PM Ash Wednesday Service ASH WEDNESDAY | 19 10:00AM Bible Study 1:30PM Bingo 3:00PM Prayer Group with Chaplain David | 20 9:30AM Exercise 11:00AM Oak Forest Restaurant in Saint Thomas | 21 RESIDENT DIRECTED ACTIVITIES |
| 22 9:30AM St. Luke Church (Online) 2:00PM Church Service | 23 10:30AM Seated Volleyball 1:30PM Casual Cards 2:30PM Word Wizards | 24 9:30AM Exercise 10:30AM Kindly Canines 1:30PM Entertainment at the Fleck Center - Forever Young | 25 9:30AM Exercise 1:30PM Bingo 2:00PM Hydration Cart 2:30PM Scrabble | 26 10:00AM Bible Study 1:30PM 2nd Cup Social 3:00PM Prayer Group with Chaplain David | 27 9:30AM Exercise 1:30PM Afternoon Matinee - Western Movie - The Searchers | 28 9:30AM Exercise 1:30PM Bingo 2:30PM Sticker Art |
| | | | |  | | <i>Programs are subject to change</i> |

The Village at Luther Ridge Personal Care Programs & Events



What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible.

The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

Upcoming Events:

3rd - St. Luke Worship Service with Pastor Frye - 1:00pm

11th - Resident Council - 10:30am

12th - Guilford Hills Elementary Students - 6pm

24th - Kindly Canines - 10:30am

Outings:

5th - Walmart in Shippensburg - 9:30am

6th - Men's Breakfast to the Trojan Diner - 8:45am

6th - Afternoon Ride and Ice Cream - 1:30pm

20th - Lunch Out to Oak Forest Restaurant - 11:00am

24th - Music at the Fleck Center - Forever Young - 1:30pm

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Personal Care Newsletter

BINGO Three Tuesdays, 1 Wednesday, Two Thursdays and Two Saturdays

Resident Council 2nd Wednesday of each month 10:30AM

Hydration Cart Wednesdays 2:00PM

Manicures Mondays the 2nd and 16th at 2:30PM

Prayer Group Thursdays at 3:00pm in the Chapel with Chaplain David

* Programs are subject to change *

Personal Care Life Enrichment Team

Melissa Fravel ~ Life Enrichment Lead

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**HAPPY
FEBRUARY
BIRTHDAYS!
Sue Spano
Pam Anspach**



**WELCOME
NEW
RESIDENTS!**

**Room 1
Jean Brake**

**Room 14
Kari Franklin**

