

# February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30AM St. Luke Church (Online) 2:00PM Church Service	2 9:30AM Exercise 1:30PM Casual Cards 2:30PM Manicures  GROUNDHOG DAY	3 9:30AM Exercise 1:00PM St. Luke Worship Service with Pastor Frye 1:30PM Bingo 2:30PM Name that Tune  <b>HAPPY BIRTHDAY SUE!</b>	4 9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Dominoes	5 9:30AM Walmart Shopping 10:00AM Bible Study 1:30PM Bingo 3:00PM Prayer Group with Chaplain David	6 8:45AM Men's Breakfast with RL to the Trojan Diner 9:30AM Exercise 1:30PM Afternoon Ride and Ice Cream	7 RESIDENT DIRECTED ACTIVITIES
8 9:30AM St. Luke Church (Online) 2:00PM Church Service 6:30PM Super Bowl LX	9 10:30AM Seated Volleyball 1:30PM Casual Cards 2:30PM Word Wizards	10 9:30AM Exercise 10:30AM Resident Council 1:30PM Bingo 2:30PM Bible Jeopardy	11 9:30AM Exercise 10:30AM Resident Council 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Finish the Song Lyric	12 10:00AM Bible Study 1:30PM Travelogue to Singapore 3:00PM Prayer Group with Chaplain David 6:00PM Guilford Hills Elementary Students	13 9:30AM Exercise 1:30PM Afternoon Matinee - Timeless Love  <b>HAPPY BIRTHDAY PAM!</b>	14 9:30AM Exercise 1:30PM Bingo 2:30PM Valentine's Day Puzzles  VALENTINE'S DAY
15 9:30AM St. Luke Church (Online) 2:00PM Church Service	16 9:30AM Exercise 1:30PM Casual Cards 2:30PM Manicures  PRESIDENT'S DAY	17 9:30AM Exercise 1:30PM Bingo 2:30PM Kitchen Hour - Cherry Yum Yum	18 9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 2:30PM Ash Wednesday Service  ASH WEDNESDAY	19 10:00AM Bible Study 1:30PM Bingo 3:00PM Prayer Group with Chaplain David	20 9:30AM Exercise 11:00AM Oak Forest Restaurant in Saint Thomas	21 RESIDENT DIRECTED ACTIVITIES
22 9:30AM St. Luke Church (Online) 2:00PM Church Service	23 10:30AM Seated Volleyball 1:30PM Casual Cards 2:30PM Word Wizards	24 9:30AM Exercise 10:30AM Kindly Canines 1:30PM Entertainment at the Fleck Center - Forever Young	25 9:30AM Exercise 1:30PM Bingo 2:00PM Hydration Cart 2:30PM Scrabble	26 10:00AM Bible Study 1:30PM 2nd Cup Social 3:00PM Prayer Group with Chaplain David	27 9:30AM Exercise 1:30PM Afternoon Matinee - Western Movie - The Searchers	28 9:30AM Exercise 1:30PM Bingo 2:30PM Sticker Art
				 <b>SPIRIT360®</b> Empowering lives through purposeful living.		
Programs are subject to change						

**The Village at Luther Ridge Personal Care Programs & Events**



## What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible.

The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

## Upcoming Events:

- 3rd - St. Luke Worship Service with Pastor Frye - 1:00pm
- 11th - Resident Council - 10:30am
- 12th - Guilford Hills Elementary Students - 6pm
- 24th - Kindly Canines - 10:30am

## Outings:

- 5th - Walmart in Shippensburg - 9:30am
- 6th - Men's Breakfast to the Trojan Diner - 8:45am
- 6th - Afternoon Ride and Ice Cream - 1:30pm
- 20th - Lunch Out to Oak Forest Restaurant - 11:00am
- 24th - Music at the Fleck Center - Forever Young - 1:30pm

**HAPPY  
FEBRUARY  
BIRTHDAYS!**  
**Sue Spano**  
**Pam Anspach**



**WELCOME  
NEW  
RESIDENTS!**  
**Room 1**  
**Jean Brake**  
**Room 14**  
**Kari Franklin**



**BINGO** Three Tuesdays, 1 Wednesday, Two Thursdays and Two Saturdays

**Resident Council** 2nd Wednesday of each month 10:30AM

**Hydration Cart** Wednesdays 2:00PM

**Manicures** Mondays the 2nd and 16th at 2:30PM

**Prayer Group** Thursdays at 3:00pm in the Chapel with Chaplain David

\* Programs are subject to change \*

**Personal Care Life Enrichment Team**

**Melissa Fravel ~ Life Enrichment Lead**

Email: [mfravel@spirittrustlutheran.org](mailto:mfravel@spirittrustlutheran.org)

Phone: 717-264-5700 Ext: 50232

2735 Luther Drive, Chambersburg, PA 17202