

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>March 2025</div>  </div>						<div>1</div> <div>           9:30AM Exercise            1:30PM Bingo            2:30PM Left, Center, Right Game         </div>
<div>2</div> <div>           9:30AM St. Luke's Church Service (On-line)            2:00PM Church Service         </div>	<div>3</div> <div>           9:30AM Exercise            1:30PM Casual Cards            2:30PM Travelogue to New Orleans (Mardi Gras)         </div>	<div>4</div> <div>           9:30AM Exercise            1:00PM St. Luke Worship Service With Pastor Frye            1:30PM Bingo            2:30PM Charades         </div>	<div>5</div> <div>           9:30AM Exercise            2:00PM Ash Wednesday Service            2:00PM Hydration Cart            3:00PM Finish the Line– Bible Phrases and Hymns            Ash Wednesday         </div>	<div>HAPPY BIRTHDAY DARWIN!</div> <div>6</div> <div>           9:30AM Walmart Trip            10:00AM Bible Study            1:30PM Bingo            2:30PM Team Spelling Bee         </div>	<div>7</div> <div>           9:30AM Exercise            1:30PM Drum Beats            2:30PM Karaoke         </div>	<div>HAPPY BIRTHDAY DAVE!</div> <div>8</div> <div>           Resident Directed Activities         </div>
<div>9</div> <div>           9:30AM St. Luke's Church Service (On-line)            2:00PM Church Service            Daylight Saving Time Begins         </div>	<div>10</div> <div>           9:30AM Exercise            1:30PM Casual Cards            2:30PM Manicures         </div>	<div>11</div> <div>           9:30AM Exercise            1:30PM Bingo            2:30PM Kitchen Hour– Haystacks Candy         </div>	<div>12</div> <div>           9:30AM Exercise            10:30AM Resident Council            2:00PM White Board Games            2:00PM Hydration Cart            3:00PM Show and Tell         </div>	<div>13</div> <div>           10:00AM Bible Study            1:30PM Craft Hour– Shamrock Suncatcher            2:30PM Colorful Expressions         </div>	<div>14</div> <div>           9:30AM Exercise            1:30PM Afternoon Matinee– Irish Wish         </div>	<div>15</div> <div>           9:30AM Exercise            1:30PM Bingo            2:30PM St. Patrick's Day Candy Dice Game         </div>
<div>16</div> <div>           9:30AM St. Luke's Church Service (On-line)            2:00PM Cumberland Valley Quartet         </div>	<div>17</div> <div>           9:30AM Exercise            1:30PM Casual Cards            2:30PM St. Patrick's Day Treats!            HAPPY ST. PATRICK'S DAY!         </div>	<div>18</div> <div>           9:30AM Exercise            1:30PM Bingo            2:30PM Ticklish Trivia Game         </div>	<div>19</div> <div>           9:30AM Exercise            2:00PM White Board Games            2:00PM Hydration Cart            3:00PM Basketball         </div>	<div>20</div> <div>           10:00AM Bible Study            1:30PM Hymns with Herb            2:30PM Bingo            First Day of Spring         </div>	<div>21</div> <div>           9:30AM Exercise            1:30PM Afternoon Ride and Ice Cream         </div>	<div>22</div> <div>           Resident Directed Activities         </div>
<div>23</div> <div>           9:30AM St. Luke's Church Service (On-line)            2:00PM Church Service         </div>	<div>24</div> <div>           9:30AM Exercise            2:00PM Entertainment with Bryan Herber         </div>	<div>HAPPY BIRTHDAY JIM!</div> <div>25</div> <div>           9:30AM Exercise            10:30PM Kindly Canines            1:30PM Bingo            2:30PM Kitchen Hour– Nutty Rice Krispie Cookies         </div>	<div>26</div> <div>           9:30AM Exercise            2:00PM White Board Games            2:00PM Hydration Cart            3:00PM Random Trivia         </div>	<div>27</div> <div>           10:00AM Bible Study            1:30PM Craft Hour- Button Bouquet            2:30PM Jigsaw Puzzle Hour         </div>	<div>28</div> <div>           9:30AM Exercise            1:30PM Shopping at Rural King         </div>	<div>29</div> <div>           9:30AM Exercise            1:30PM Bingo            2:30PM Finish the Song Lyric         </div>
<div>30</div> <div>           9:30AM St. Luke's Church Service (On-line)            2:00PM Church Service         </div>	<div>31</div> <div>           9:30AM Exercise            1:30PM Casual Cards            2:30PM Manicures         </div>	<div>The Village at Luther Ridge Personal Care Programs &amp; Events</div> <div>  </div>				

Personal Care Newsletter

**BINGO** Tuesdays, two Thursdays and two Saturdays  
**Resident Council** 2nd Wednesday of each month  
10:30AM

**Hydration Cart** Wednesdays 2:00PM

**Manicures** Mondays the 10th and 31st at 2:30PM  
\* Programs are subject to change \*

Personal Care Life Enrichment Team

**Melissa Fravel ~ Life Enrichment Lead**

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**Phone:** 717-264-5700 Ext: 50232



Happy March Birthdays!

Darwin Bradley  
Dave Singer  
Jim Brynes



Welcome New Residents!

Thomas Lightfoot–  
Room 19  
  
David McCleary–  
Room 31

What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible.

The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

Upcoming Events:

- 4th - St. Luke Worship Service with Pastor Frye - 1:00PM
- 5th - Ash Wednesday Service - 2:00PM
- 12th - Resident Council - 10:30AM
- 16th - Cumberland Valley Quartet - 2:00PM
- 20th - Hymns with Herb - 1:30PM
- 24th - Entertainment with Bryan Herber - 2:00PM
- 25th - Kindly Canines - 10:30AM

Outings:

- 6th - Walmart in Shippensburg - 9:30AM
- 7th - Men’s Breakfast - 8:45AM
- 21st - Afternoon Ride and Ice Cream - 1:30PM
- 28th - Shopping at Rural King - 1:30PM