Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nover	nber 2025		OIRIT360° ing lives through purposeful living.			Resident Directed Activities HAPPY 100TH BIRTHDAY GINNY!
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	10:30AM Exercise 1:30PM Casual Cards 2:30PM Football Throw	9:30AM Exercise 4 1:00PM St. Luke Worship Service with Pastor Frye 1:30PM Bingo 2:30PM Kitchen Hour - Peanut Butter Fudge	9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Dominoes	9:30AM Walmart Shopping 6 10:00AM Bible Study 2:00PM Sing Along Karaoke HAPPY BIRTHDAY NORMA JEAN!	8:45AM Men's Breakfast to KMJ Diner in Shippensburg 9:30AM Exercise 1:30PM Afternoon Ride and Ice Cream	9:30AM Exercise 1:30PM Bingo 2:30PM Scrabble
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	9:30AM Exercise 1:30PM Casual Cards 2:30PM Manicures	9:30AM Exercise 11:30AM Veterans Day Luncheon at the Fleck Center 3:00PM Bingo VETERANS DAY	9:30AM Exercise 12 10:30AM Resident Council 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Jigsaw Puzzle Hour	10:00AM Bible Study 1:30PM Craft Hour and Root Beer Floats with Lisa Beaver 3:00PM Bingo	9:30AM Exercise 1:30PM Afternoon Ride and Ice Cream	Resident Directed Activities 4:30PM Solomon's Lutheran Church - Thanksgiving Dinner HAPPY BIRTHDAY INA!
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	10:30AM Exercise	9:30AM Exercise 1:30PM Bingo 2:30PM Non-Alcoholic Wine and Cheese Social	9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Penny Ante	10:00AM Bible Study 1:30PM Craft Hour - Fall Door Decorations 3:00PM November Trivia	9:30AM Exercise 11:00AM Lunch Out to the Parlor House in Waynesboro	9:30AM Exercise 1:30PM Bingo 2:30PM Charades
9:30AM St. Luke Church Service (Online) 2:00PM Church Service	9:30AM Franklin County	9:30AM Exercise 25 10:30AM Kindly Canines 1:30PM Bingo 2:30PM Kitchen Hour - No Bake Cookie Bars	9:30AM Exercise 2:00PM White Board Games 2:00PM Hydration Cart 3:00PM Sticker Art	Chanksgiving HAPPY BIRTHDAY CAROL!	9:30AM Exercise 1:30PM Afternoon Christmas Matinee	Resident Directed Activities
30		1		1		

9:30AM St. Luke Church Service

(Online)

2:00PM Church Service





What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible.

The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

Upcoming Events:

4th - St. Luke Worship Service with Pastor Frye - 1:00PM

12th - Resident Council - 10:30AM

13th - Craft Hour with Lisa Beaver along with Root Beer Floats - 1:30PM

18th - Non-Alcoholic Wine and Cheese Social - 2:30PM

25th - Kindly Canines- 10:30AM

Outings:

6th - Walmart in Shippensburg - 9:30AM
7th - Men's Breakfast to KMJ Diner in Shippensburg- 8:45AM
7th & 14th - Afternoon Ride and Ice Cream - 1:30PM
11th - Veteran's Day Luncheon at the Fleck Center - 11:30AM
15th - Solomon's Lutheran Church Thanksgiving Dinner - 4:30PM
21st - Lunch Out to the Parlor House in Waynesboro - 11:00AM

SpiriTrust Lutheran® The Village at Luther Ridge

Personal Care Newsletter

HAPPY NOVEMBER BIRTHDAYS!

Ginny Olinger
Norma Jean Cook
Ina Shreiner
Carol Luber



WELCOME NEW RESIDENT'S!

Room 19 - Charles Coon
Room 33 - Tom Gsell

BINGO Tuesdays, two Thursdays and two Saturdays

Resident Council 2nd Wednesday of each month 10:30AM

Hydration Cart Wednesdays 2:00PM

Manicures Mondays the 10th and 24th at 2:30PM

* Programs are subject to change *

Personal Care Life Enrichment Team

Melissa Fravel ~ Life Enrichment Lead

Email: mfravel@spiritrustlutheran.org

Phone: 717-264-5700 Ext: 50232

2735 Luther Drive, Chambersburg, PA 17202

