


October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30AM Sit and Be Fit 2:00PM Mind Jogger Games 2:00PM Hydration Cart 3:00PM Dominoes	2 9:30AM Walmart Shopping 10:00AM Bible Study 1:30PM Bingo 2:30PM Sing Along Karaoke	3 8:45PM Men's Breakfast to Country Store Cafe 9:30AM Sit and Be Fit 1:30PM Afternoon Matinee - King and I	4 Resident Directed Activities
5 9:30AM St. Luke Church Service (Online) 2:00PM Church Service	6 9:30AM Sit and Be Fit 1:30PM Casual Cards 2:30PM Fancy Nails	7 9:30AM Sit and Be Fit 1:00PM St. Luke Worship Service with Pastor Frye 1:30PM Bingo 2:30PM Kitchen Hour - Pumpkin Oreo Dessert	8 9:30AM Sit and Be Fit 10:30AM Resident Council 2:00PM Mind Jogger Games 2:00PM Hydration Cart 3:00PM Travelogue to Maine HAPPY BIRTHDAY LEROY!	9 10:00AM Bible Study 1:30PM Craft Corner - Fall Ornaments 3:00PM October Trivia	10 9:30AM Sit and Be Fit 1:30PM Afternoon Ride and Ice Cream	11 9:30AM Sit and Be Fit 1:30PM Bingo 2:30PM Scrabble
12 9:30AM St. Luke Church Service (Online) 2:00PM Church Service	13 9:30AM Sit and Be Fit 2:00PM Franklin County Ombudsman - Tressia Day Will Speak on Resident's Rights 3:00PM Casual Cards	14 9:30AM Sit and Be Fit 1:30PM Bingo 2:30PM Remembering Your Loved Ones with Chaplain Amy	15 9:30AM Sit and Be Fit 2:00PM Mind Jogger Games 2:00PM Hydration Cart 3:00PM Colorful Expressions	16 10:00AM Bible Study 1:30PM Bingo 2:30PM Sticker Art	17 9:30AM Sit and Be Fit 11:00AM Lunch out to Wild Annie's in McConnellsburg	18 Resident Directed Activities
19 9:30AM St. Luke Church Service (Online) 2:00PM Church Service	20 9:30AM Sit and Be Fit 1:30PM Casual Cards 2:30PM Pumpkin Bowling	21 9:30AM Sit and Be Fit 1:30PM Bingo 2:30PM Kitchen Hour - Halloween Harvest Hash Chex Mix	22 Resident Directed Activities	23 10:00AM Bible Study 1:30PM Craft Corner - Jack - O' - Lantern Lanterns 3:00PM Roller Cup Party Game	24 9:30AM Exercise 1:30PM Afternoon Ride and Ice Cream	25 9:30AM Sit and Be Fit 1:30PM Bingo 2:30PM Rummikub
26 9:30AM St. Luke Church Service (Online) 2:00PM Church Service	27 9:30AM Sit and Be Fit 1:30PM Casual Cards 2:30PM Fancy Nails	28 9:30AM Sit and Be Fit 10:30AM Kindly Canines 1:30PM Bingo 2:30PM History of Anne Frank	29 9:30AM Sit and Be Fit 2:00PM Mind Jogger Games 2:00PM Hydration Cart 3:00PM Candy Corn Relay	30 10:00AM Bible Study 1:30PM Bingo 2:30PM Sing Along with Piano Music with Patti	31 9:30AM Sit and Be Fit 1:30PM Afternoon Matinee with Fall Snacks and Drinks	

The Village at Luther Ridge Personal Care Programs & Events



What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible.

The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

Upcoming Events:

7th - St. Luke Worship Service with Pastor Frye - 1:00PM
8th - Resident Council - 10:30AM
14th - Remembering Your Loved Ones - 2:30PM
28th - Kindly Canines- 10:30AM
30th - Sing Along with Piano Music with Patti - 2:30PM

Outings:

2nd - Walmart in Shippensburg - 9:30AM
3rd - Men's Breakfast to Country Store Café - 8:45AM
10th & 24th - Afternoon Ride and Ice Cream - 1:30PM
17th - Lunch Out to Wild Annie's - 11:00AM



Personal Care Newsletter

BINGO Tuesdays, two Thursdays and two Saturdays

Resident Council 2nd Wednesday of each month 10:30AM

Hydration Cart Wednesdays 2:00PM

Manicures Mondays the 6th and 27th at 2:30PM

* Programs are subject to change *

Personal Care Life Enrichment Team

Melissa Fravel ~ Life Enrichment Lead

Email: mfravel@spiritrustlutheran.org

Phone: 717-264-5700 Ext: 50232

2735 Luther Drive, Chambersburg, PA 17202

Happy October Birthday's

Geraldine
Leroy



Welcome
New
Resident!
George Schjodt
Room 19
Nancy Evans
Room 20

