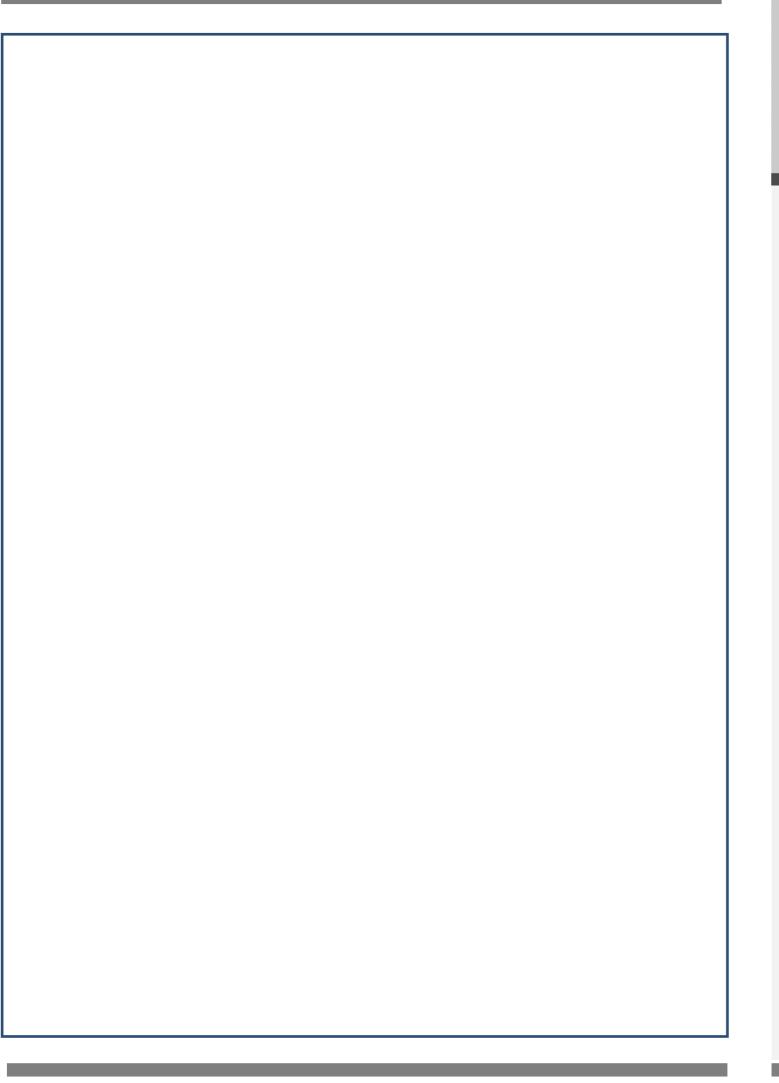
| The following programs are regularly scheduled on a weekly basis | | | | | | | | | | |
|--|--------------------------|-----------------|--------------------------|-------------------------------|-----------------|----------|--|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | |
| 2:00 Service of Holy Commun- | 9:30 Stretch & Strength* | 6:00 Card Club* | 9:30 Stretch & Strength* | 1:00 Seated Beach Volleyball* | 6:00 Card Club* | | | | | |
| ion** | 10:30 Tai Chi* | | 1:00 Wii Bowling* | 3:00 Table Tennis* | | | | | | |
| | | | | | | | | | | |

| Additional programs & events scheduled for the month of March | | | | | | | | | | |
|--|---|--|---|--|---|-------------------------------|--|--|--|--|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | | | | |
| Program additions or changes since catalog was published are in bold . Program offerings are subject to change. | programs, please refer to the page listed next to event. This | Key: RR- Registration Required \$\$- Cost OC – Off Campus Inn** Fleck* M - Manor | | | 9:00 Men's Breakfast Outing OC,RR,\$\$ 1:00 Fitness Fun* | 2 | | | | |
| | National Pound Cake Day 1:00 Grief Share* 1:00 Grocery Shuttle OC,RR,\$\$ No Tai Chi - | 5 10:00 Craft Fair Meeting (Pricing) | 10:00 LE Committee meeting 1:00 Stretch & Strength* 3:30 Guys & Gals Lunch Outing OC,RR,\$\$ | 10:00 Onsite Dermatology 7 Presentation* 1:00 Bible Study* 3:00 Song Birds* | 8:30 Jim's Farmers Market Outing OC,RR,\$\$ 3:00 Jeopardy With Tiffany* RR | 9 | | | | |
| 1 | 1:00 Medical Minutes* 11 1:00 Grief Share* 3:30 Spaghetti Dinner Outing OC,RR,\$\$ | 12:00 Craft Fair (Final Meeting) 2:00 Line Dancing* | National Chicken Noodle 13 Soup Day 10:00 Tech Tips with Tiffany* 1:00 Walmart Shuttle OC,RR,\$\$ | So Good Menu Item Available in Bistro 4:00 Happy Hour* RR | St. Patrick's Day 15 11:00 Ladies Lunch Outing OC,RR,\$\$ 2:00 Fitness Fun* | 16 | | | | |
| 1 | 18 1:00 Grief Share* 1:00 Grocery Shuttle OC,RR,\$\$ 4:00 Game Night* RR | 19 10:00 Lindt Chocolate & Lunch OC,RR,\$\$ | 9:00 Grief Finding Meaning OC,RR 1:00 Town Hall* | 10:00 Bible Study* 10:00 Resident Council* 1:30 RL Continuum of Care** RR | 22 | 9:00 –2:00 Spring Craft Fair* | | | | |
| 2 | 9:00 Boscov's Shopping & Lunch OC,RR,\$\$ 1:00 Grief Share* | 9:00 Birthday Breakfast* RR 11:00 Be Well Kitchen* 3:00 Team Trivia* RR | Women's History Month 1:00 Walmart Shuttle OC,RR,\$\$ 1:00 Stretch & Strength* | 8:30 Tax Preparation OC,RR 28 1:00 BB's Grocery Outlet Outing OC,RR,\$\$ 2:00 Maundy Thursday ** | 1:00 Fitness Fun* 2:00 Good Friday** | 30 | | | | |
| 3 | 1 | | | | | | | | | |







Ridge

Birthdays

March 1 - Peg Herbert

March 3 - Eldon Eby

March 6 - Ellen Fairbarn

March 8 - Jim Gulotta

March 9 - Culver Dunkleberger

March 12 - Judy Kauffman

March 15 - Jay Minteer

March 18 - Roger Alleman

March 19 - Sue Foerster

March 20 - Leonard Barnhart

March 20 - Buzz Kolleogy

March 21 - Clifford Lehman

March 21– Richard Ruff

March 22 - Fumie Mehaffey

March 22 - Gary Scott

March 25 - Jim Byrnes

March 26 - Grace Yoder

March 27 - Jeff Mummart

March 28 - Dick Foerster

March 28 - Joel Ott

<u>Anniversaries</u>

March 2 - Dick & Nancy Rebok - 68 years

March 2024

Skin Cancer Awareness Presentation

Onsite Dermatology, the nation's leading provider of mobile dermatology, will be at the Fleck on Thursday, March 7 at 10:00 am. Join us for this informative presentation. Anyone who attends will receive a free gift bag.

Continuum of Care Tour

Joins us as we explore the other levels of care here on our beautiful campus; Short Term Rehab, Personal Care, Skilled Care. We will tour the levels of care, rooms in each, meet with staff and answer any questions. We will end with a social in Personal Care with many of your friends and neighbors that have recently made the move. We will gather in the lobby of **Skilled Care on 3/21 at 1:30pm.** Please register in the sign-up book.

Spring Craft Fair

Come to the Fleck Center on March 23 from 9 - 2pm to show your support for your neighbors, friends and local vendors. There will be many different items for an Easter basket or gifts for any occasion. The Auxiliary will be selling breakfast, lunch and they will have pie! Please note set-up will be taking place in the Fleck on 3/21 & 3/22.

Town Hall

Please note Town Hall will be on March 20 at 1:00 pm.

AARP Tax Preparation

Luther Ridge will be taking a bus to the Chambersburg Recreation Center for AARP's Tax Preparation services. There are only six available appointments. You will need to bring the following documents/items with you; Photo ID, Social Security Card, 2022 Tax Return (if available), Blank Check or document with Routing and Checking number on it. Please see Tiffany in Life Enrichment to complete a registration form and to sign up