Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ma	rch 2024		SPIRIT360° owering lives through purposeful living.	Key: A = Arlington B = Buckingham C = Cortland F = Foyer RG = Rehab Gym PC = Personal Care Own Neighborhood/ Outside Facility	9:30AM—Morning News (B) 10:45AM— <u>Bingo</u> (B) 2:00PM—Welcome to March: Gazette, IQ (C) 3:00PM— <u>Game Zone</u> : Slingshot Cup Knockdown (A)	9:30AM—Morning News (A) 10:30AM—Can You Picture This? (A) 2:00PM—Travel Brief: New Jersey (B)
10:00AM—St. Luke's Service (Online on TVs) 1:00PM— <u>Bible Study</u> (F)	9:30AM—Morning News (A) 10:30AM—Craft Corner: Spring Table Centerpieces (A) 1:30PM—Bingo (B) 3:30PM—Tabletop Crossword Puzzles (C)	9:30AM—Morning News (B) 10:30AM—Holy Communion (F) 1:30PM—Board Game: Apples to Apples (C) 3:30PM—Afternoon Chair Stretches (A)	9:00AM—Morning News (A) 10:30AM—Cranium Crunch (A) 1:30PM—Fairy Tales, Folktales, and Fables (C) 3:30PM—OREO Day: Learn About & Variety Tasting (B)	9:30AM—Morning News (B) 10:30AM— <u>Kitchen Creations</u> : Chocolate Mint Brownie Bark (B) 1:30PM—Lucky 7 Dice Game (A) 2:00-4:00PM—Manicures & Music Wear Plaid for Mad About Plaid Day	9:30AM—Morning News (A) 10:45AM—Bingo (A) 2:00PM—Happy Hour Cart 3:00PM—Game Zone: Tabletop Ski Ball (B)	9:30AM—Morning News (B) 10:30AM—Coloring Corner: Clover All Over (B) 2:00PM—Remembering the Library (A)
Daylight Savings Time Begins: Spring Forward 10:00AM—St. Luke's Service (Online on TVs) 1:00PM—Bible Study (F)	9:30AM—Morning News (B) 11 10:30AM—Craft Corner: Easter Door Hangers (B) 1:30PM—Bingo (A) 3:30PM—Johnny Appleseed Day (C)	9:30AM—Morning News (A) 10:30AM—Holy Communion (F) 1:30PM— Trivia Corner (C) 3:30PM—Who Am I? (B)	9:00AM—Morning News (B) 10:30AM—Sing Along with Pastor Herb Spomer (F) 2:30PM—Sensory Corner: Zen Garden (A)	9:30AM—Morning News (A) 10:30AM—Resident/Food Council Meeting (RG) 2:00PM—Shamrock Shakes and Piano Music with Vivian (B)	9:30AM—Morning News (B) 10:45AM— <u>Bingo</u> (B) 2:00PM—Music & Memory: The Doobie Brothers (C) 3:00PM— <u>Game Zone</u> : Basketball Shootout for March Madness (A)	9:30AM—Morning News (A) 10:30AM—Junk Drawer Detective (A) 2:00PM—National Quilting Day & Paper Quilts (B)
St. Patrick's Day 10:00AM—St. Luke's Service (Online on TVs) 1:00PM—Bible Study (F)	9:30AM—Morning News (A) 10:30AM—Bingo (B) 1:30PM—St Patrick's Day Happy Hour (B) 2:00PM—Piano Music by Bryan Herber (B) Wear Green for St. Patrick's Day	9:30AM—Morning News (B) 10:30AM—Holy Communion (F) 1:30PM—Board Game: Sorry (C) 3:30PM—Afternoon Chair Stretches (A) Wear Florals for Spring	9:00AM—Morning News (A) 10:30AM—Cranium Crunch (A) 2:00PM— Movie Matinee & Popcorn: Mama Mia! (B)	9:30AM—Morning News (B) 10:30AM— <u>Kitchen Creations</u> : Philly Irish Potato Candy (B) 1:15PM—Scenic Ride (Load at 12:45PM)	9:30AM—Morning News (A) 10:45AM—Bingo (A) 2:00PM—Happy Hour Cart 3:00PM—Game Zone: Umbrella Ball Pop (B)	9:30AM—Morning News (B) 10:30AM—Puppy Videos for Puppy Day (B) 2:00PM—EZ Music: Sing & Spin with Academy Awards Songs (A)
Palm Sunday 24 10:00AM—St. Luke's Service (Online on TVs) 3:00PM—Palm Sunday Church Service (F)	9:30AM—Morning News (B) 10:00AM—Bookmobile 10:45AM—Craft Corner: Spring Flower Pot Painting (B) 1:30PM—Bingo (A)	9:30AM—Morning News (A) 10:30AM—Bible Study (F) 11:00AM—Kindly K9s (F) 1:30PM— Trivia Corner (C) 3:30PM—Do You Hear What I Hear? Spring Edition (B)	9:00AM—Morning News (B) 27 10:30AM—Cranium Crunch (B) 2:00PM—Lifelong Learning: What Makes a Genius? (A)	9:30AM—Morning News (A) 10:30AM— <u>Kitchen Creations</u> : Dark Chocolate Peppermint Fudge (A) 2:00-4:00PM—Manicures & Music 3:00PM— Maundy Thursday Service (F)	Good Friday 29 9:30AM—Morning News (B) 10:45AM— <u>Bingo</u> (B) 1:30PM—Wooden Easter Egg Painting (A) 3:00PM— Good Friday Service (F)	9:30AM—Morning News (A) 10:30AM—History of the White House Easter Egg Roll (A) 2:00PM—Laugh it Out: Funniest Moments of the Century (B)
Easter 31 10:00AM—St. Luke's Service (Online on TVs) 3:00PM—Easter Church Service (F)		The Villa	age at Luther R	idge Skilled Car	e Programs & E	vents





What is Spirit360™?

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible. The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

Upcoming Events

- <u>Church & Communion:</u> Holy Worship & Communion Service will be on Tuesdays at 10:30AM with Chaplain Amy Wagner. Bible Study will be on Sundays at 1:00PM in the Foyer (area between Arlington & Buckingham) with Chaplain Amy Wagner.
 - Palm Sunday church service will be on Sunday March 24th at 3:00PM in the Foyer.
 - Maundy Thursday church service will be on Thursday March 28th at 3:00PM in the Foyer.
 - Good Friday church service will be on Friday March 29th at 3:00PM in the Foyer.
 - Easter church service will be on Sunday March 31st at 3:00PM in the Foyer.
- Resident/Food Council will be held on Thursday March 14th at 10:30AM in the Skilled Therapy/Rehab Gym. We will have donuts available for new resident members! Come join us!
- Special Dress Days for Staff & Residents:
 - Thursday March 7th: Wear plaid for Mad for Plaid Day!
 - Monday March 18th: **Wear green** to celebrate St. Patrick's Day and the luck of the Irish!
 - Tuesday March 19th: **Wear florals** to celebrate the First Day of Spring!
- Special Music & Entertainment:
 - **Wednesday March 13**th: Sing Along with Pastor Herb Spomer in the Foyer at 10:30AM.
 - **Monday March 18**th: Piano Music by Bryan Herber during our St. Patrick's Day Happy Hour Social in Buckingham at 2:00PM
- Scenic Ride:
 - Will be starting again on Thursday March 21st. Load time will start at 12:45PM, and will be leaving the campus at 1:15PM. L.E. and nursing will come get you and assist you to where you need to me.

Beauty Shop Hours

Jenni Keefer, beautician (717) 660-2486

Tuesday 8:00am-1:30pm Wednesday 8:00am-4:00pm *** Appointments required ***

Skilled Life Enrichment

Kayla Etter, Life Enrichment Leader KEtter@SpiriTrustLutheran.org
Lily Wolford, Life Enrichment Partner LWolford@SpiriTrustLutheran.org
Office Number: (717) 660-2473 or ext. 50345

Monthly Services:

The Franklin County
Bookmobile will be on
campus between the
Skilled and Personal
Care main entrances
on Monday March
25th at 10:00AM.

The bookmobile is handicap accessible and provided to all residents.

Transportation Service:

Are available by request. Transportation services include errands to store, bank, etc.

Special Holidays:

3/17 St. Patrick's Day 3/19 First Day of Spring 3/24 Palm Sunday 3/28 Maundy Thursday 3/29 Good Friday 3/31 Easter

Resident Birthdays:

3/19 Jenny Waters 3/25 Jim Byrnes



Skilled Care Newsletter

