



# May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>9:30AM—Morning News (A) 1</b> <b>10:30AM—Cranium Crunch: Welcome to May, Monthly Gazette and IQ (A)</b>  <b>1:30PM—Scenic Ride (Load at 1:00PM)</b>	<b>9:30AM—Morning News (B) 2</b> <b>10:30AM—Kitchen Creations: Supreme Chocolate Chunk Brownies (B)</b>  <b>1:30-4:00PM—Manicures &amp; Music</b>	<b>9:30AM—Morning News (A) 3</b> <b>10:45AM—Bingo (A)</b>  <b>2:00PM—Happy Hour Cart</b> <b>3:00PM—Game Zone: Horse Dice Race Game (B)</b>	<b>9:30AM—Morning News (B) 4</b> <b>10:30AM—Travel Brief: Pacific Northwest Trail (B)</b>  <b>2:00PM—Kentucky Derby Traditions &amp; Horse Cookie Treats (A)</b>
<b>Cinco De Mayo 5</b>  <b>10:00AM—St. Luke's Service (Online on TVs)</b>  <b>1:00PM—Bible Study (F)</b>	<b>9:30AM—Morning News (B) 6</b> <b>10:30AM—Craft Corner: Watercolor Freestyle Painting (B)</b>  <b>1:30PM—Bingo (A)</b>	<b>9:30AM—Morning News (A) 7</b> <b>10:30AM—Holy Communion (F)</b>  <b>1:30PM—Tabletop Game: UNO (C)</b> <b>3:30PM—Afternoon Chair Stretches (B)</b>	<b>9:30AM—Morning News (B) 8</b> <b>10:30AM—Cranium Crunch: Outdoor Rhyme Time (B)</b>  <b>2:00PM—iN2L Classic TV (A)</b>	<b>9:30AM—Morning News (A) 9</b> <b>10:30AM—Resident/Food Council Meeting (RG)</b>  <b>2:00PM—Mother's Day Tea with Piano Music By Vivian (PC)</b>  <b>Wear Pastel Colors</b>	<b>9:30AM—Morning News (B) 10</b> <b>10:45AM—Bingo (B)</b>  <b>2:00PM—Root Beer Floats</b> <b>3:00PM—Game Zone: Velcro Dart Ball (A)</b>	<b>9:30AM—Morning News (A) 11</b> <b>10:30AM—Junk Drawer Detective (A)</b>  <b>2:00PM—Can You Picture This? (B)</b>
<b>Mother's Day 12</b>  <b>10:00AM—St. Luke's Service (Online on TVs)</b>  <b>11:30AM—Mother's Day Luncheon</b>  <b>1:00PM—Bible Study (F)</b>	<b>9:30AM—Morning News (A) 13</b> <b>10:30AM—Craft Corner: Accordion Paper Flowers (A)</b>  <b>1:30PM—Bingo (B)</b> <b>3:30PM—Music &amp; Memory: Stevie Wonder (C)</b>	<b>9:30AM—Morning News (B) 14</b> <b>10:30AM—Holy Communion (F)</b>  <b>1:30PM—Trivia Corner (C)</b> <b>3:30PM—Afternoon Chair Stretches (A)</b>	<b>9:30AM—Morning News (A) 15</b> <b>10:30AM—Cranium Crunch: Can You "C" It? (A)</b>  <b>2:00PM—Movie Matinee &amp; Popcorn: 9 to 5 (B)</b>	<b>9:30AM—Morning News (B) 16</b> <b>10:30AM—Kitchen Creations: Chocolate Zucchini Cookies (B)</b>  <b>1:30PM—Scenic Ride (Load at 1:00PM)</b>	<b>9:30AM—Morning News (A) 17</b> <b>10:45AM—Bingo (A)</b>  <b>2:00PM—Music with Richard Graybill (B)</b> <b>3:45PM—Happy Hour Cart</b>	<b>Armed Forces Day 18</b>  <b>9:30AM—Morning News (B)</b> <b>10:30AM—Military Branches Fight Songs and Trivia (B)</b>  <b>2:00PM—International Museum Day: Virtual Tour of American Museum of Natural History (A)</b>
<b>19</b>  <b>10:00AM—St. Luke's Service (Online on TVs)</b>  <b>1:00PM—Bible Study (F)</b>	<b>9:30AM—Bookmobile 20</b> <b>10:30AM—Craft Corner: Ink-Stamped Nature Prints (B)</b>  <b>1:30PM—Bingo (A)</b> <b>3:30PM—Yard Yahtzee on the Porch (C)</b>  <b>Wear Black &amp; Yellow for Bee Day</b>	<b>9:30AM—Morning News (A) 21</b> <b>10:30AM—Holy Communion (F)</b>  <b>1:30PM—Tabletop Game: SORRY (C)</b> <b>3:30PM—Afternoon Chair Stretches (B)</b>	<b>9:30AM—Morning News (B) 22</b> <b>10:30AM—Sing Along to Hymns with Pastor Herb Spomer (F)</b>  <b>2:00PM—From Tail Fins to Tickets: Drive-In Movies' Timeless Appeal (A)</b>	<b>9:30AM—Morning News (A) 23</b> <b>10:30AM—Kitchen Creations: Loaded Blueberry Cheesecake Breakfast Bake (A)</b>  <b>1:30-4:00PM—Manicures &amp; Music</b>	<b>9:30AM—Morning News (B) 24</b> <b>10:45AM—Bingo (B)</b>  <b>2:30PM—Game Zone: Backyard Balloon Shoot (Porches)</b>	<b>9:30AM—Morning News (A) 25</b> <b>10:30AM—Remembering... Recess &amp; Outdoor Games (A)</b>  <b>2:00PM—Laugh it Out: Crazy Cartoon Captions (B)</b>
<b>26</b>  <b>10:00AM—St. Luke's Service (Online on TVs)</b>  <b>1:00PM—Bible Study (F)</b>	<b>Memorial Day 27</b> <b>9:30AM—Morning News (A)</b> <b>10:30AM—The History of Taps (A)</b> <b>11:30AM—Memorial Day Picnic Lunch</b> <b>2:00PM—Coloring Group: Finish the Poppies (B)</b>  <b>Wear Red, White, &amp; Blue</b>	<b>9:30AM—Morning News (B) 28</b> <b>10:30AM—Holy Communion (F)</b> <b>11:00AM—Kindly K9s, Pet Therapy Visits (F)/Rooms</b>  <b>1:30PM—Trivia Corner (C)</b> <b>3:30PM—Afternoon Chair Stretches (A)</b>	<b>9:30AM—Morning News (A) 29</b> <b>10:30AM—Cranium Crunch: SMART Acronym Game (A)</b>  <b>2:00PM—Balloon Tap (B)</b>	<b>9:30AM—Morning News (B) 30</b> <b>10:30AM—Kitchen Creations: Garlic Bread Bites (B)</b>  <b>2:30PM—Who Am I? Mel Blanc: Man of 1000 Voices (A)</b> <b>6:00PM—Music at the Ridge: Two Mountains Over (FC)</b>	<b>9:30AM—Morning News (A) 31</b> <b>10:45AM—Bingo (A)</b>  <b>2:00PM—Happy Hour Cart</b> <b>3:00PM—Game Zone: Ball Basket Toss (B)</b>	<b>Key:</b> <b>A = Arlington</b> <b>B = Buckingham</b> <b>C = Cortland</b> <b>F = Foyer</b> <b>RG = Rehab Gym</b> <b>PC = Personal Care</b> <b>FC = Fleck Center Own Neighborhood/Outside Facility</b>

## The Village at Luther Ridge Skilled Care Programs & Events





**What is Spirit360™?**

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging, and well-being so individuals can live as fully as possible. The seven dimensions include emotional, intellectual, physical, vocational, social, spiritual, and environmental.

**Upcoming Events**

- **Church & Communion:** Holy Worship & Communion Service will be on **Tuesdays at 10:30AM** with Chaplain Amy Wagner. Bible Study will be on Sundays at 1:00PM in the Foyer (area between Arlington & Buckingham) with Chaplain Amy Wagner.
- **Resident/Food Council** will be held on **Thursday May 9<sup>th</sup>** at 10:30AM in the Skilled Therapy/Rehab Gym. We will have donuts available for new resident members! Come join us!
- **Special Dress Days for Staff & Residents:**
  - **Thursday May 9<sup>th</sup>**—Wear Pastel colors, in honor of upcoming Mother’s Day
  - **Monday May 20<sup>th</sup>**—Wear Black & Yellow for Bee Day!
  - **Monday May 27<sup>th</sup>**—Wear Red, White, & Blue for Memorial Day
- **Special Music & Entertainment:**
  - **Friday May 17<sup>th</sup>:** Variety of music by Richard Graybill in Buckingham at 2:00PM
  - **Wednesday May 22<sup>nd</sup>:** Hymn Sing-Along with Pastor Herb Spomer in Foyer at 10:30AM
  - **Thursday May 30<sup>th</sup>:** Music at the Ridge with performance by Two Mountains Over, Fleck Center parking lot at 6:00PM. L.E. will be transporting residents to/from the Fleck Center by bus.
- **Scenic Ride:**
  - Will be on **Wednesday May 1<sup>st</sup>** and **Thursday May 16<sup>th</sup>** at 1:30PM (Loading starting at 1:00PM). L.E. and nursing will come get you and assist you to where you need to be.

**Beauty Shop Hours**

Jenni Keefer, beautician (717) 660-2486

**Tuesday 8:00am-1:30pm**

**Wednesday 8:00am-4:00pm**

\*\*\* Appointments required \*\*\*

**Skilled Life Enrichment**

Kayla Etter, Life Enrichment Leader [KEtter@SpiriTrustLutheran.org](mailto:KEtter@SpiriTrustLutheran.org)  
 Lily Wolford, Life Enrichment Partner [LWolford@SpiriTrustLutheran.org](mailto:LWolford@SpiriTrustLutheran.org)  
Office Number: (717) 660-2473 or ext. 50345



**Skilled Care Newsletter**

**Monthly Services:**

The **Franklin County Bookmobile** will be on campus between the Skilled and Personal Care main entrances on **Monday May 20<sup>th</sup> at 9:30AM.**

The bookmobile is handicap accessible and provided to all residents.

**Transportation Service:**

Are available by request. Transportation services include errands to store, bank, etc.

**Special Holidays:**

- 5/5 Cinco De Mayo
- 5/12 Mother’s Day
- 5/18 Armed Forces Day
- 5/27 Memorial Day

**Resident Birthdays:**

- 5/6 Joan Riley
- 5/21 Sam Furry

