



*Downtown York Mural Walking Tour with York History Museum ... page 18*

# INSPIRATIONS

*Inspiring Things to Do, Learn and Share*



*“Your life is enriched with meaning when you allow yourself to become inspired, set goals, and charge after them with passion.”*

*— American Author Dr. Julie Connor*

# PROGRAM OFFERINGS

Program offerings are listed alphabetically by category.  
For program listing by date, refer to Monthly Event Calendar.

Description	Date	pg
<b>WELLNESS</b>		
<b>Fitness Classes</b>		
Exercise Equipment Demo	1st Thurs	4
Mindful Movement	4/4, 4/11, 4/18, 5/2, 5/9, 5/30, 6/6, 6/13, 6/20	4
Silver Sneakers Strength	Wed	4
ZOOM Chair Yoga	Mon	4
<b>Wellness Programs</b>		
BeWell Kitchen	1st Thurs	6
Blood Pressure Clinic	2nd Tues	5
Healthy Bites	4/15	6
Hearing Aid Clinic	4/4	5
OnSite Dermatology	4th Wed	5
So Good	April, May, June	6
Wellness Talk		
American Cancer Society	4/23	5
Brain Injury Risk Factors	6/10	5

<b>SPIRIT</b>		
<b>Emotional</b>		
Grief Support Group	3rd Thurs	7
Widow/Widower Luncheon	4/17, 5/15, 6/19	7
<b>Spiritual</b>		
Faith Sharing	Wed	7
Beth Moore Bible Study	Wed	7
Worship Service	Sun	7

<b>MIND</b>		
<b>Educational Programs</b>		
Spring Life-Long Learning Series		
Art around the Town	6/14	10
Captive: German POWs in Lancaster County	6/21	10
History of the Flag	6/28	10
Hahn Home	5/10	9
Milton Hershey School	4/19	9
Nurses of Pearl Harbor	5/17	9
Potters Field	4/12	9
York County Manufacturing in WWII	4/26	9
<b>Technology</b>		
Tech Classes with Dante		
Resident Tech Support	5/30	8
<b>Creative Arts</b>		
Kelly Choir	Tues	10
Knit & Crochet	First Tues	10

Description	Date	pg
<b>SOCIAL</b>		
AllVETS: A Veteran Legacy Project		11
Conversation Café	Fri	11
Covered Dish	4/20	12
Happy Hour	4/18, 5/8, 6/25	12
Ice Cream Social	4/29, 5/29, 6/10	11
Movie Matinee	First Fri	12
Sock Hop	4/30	12
<b>Recreational</b>		
500	Varies	13
Bingo		
Resident Hosted	First Sat	13
Quickel Church & St. Matthew Lutheran Church	4/17, 5/15, 6/19	13
Canasta	Varies	13
Game Night	Fri	12
Jeopardy	Varies	13
Mexican Train Dominoes	Sat	12
Pinochle	Sun	13
UNO Flip	Varies	13
Wii Bowling	Mon, Tues	13
Wii Bowling Tournament Games	4/19, 6/28	13
<b>Dining</b>		
Destination Dinner:		
Hawaii	4/9	13
Seafood Boil	6/13	13
Kelly Fresh	5/17	14
Pizza Party	4th Thurs	14
Pretzel Sale	3rd Thurs	14
Resident Breakfast	4/26, 5/14, 6/4	14
Resident Hosted Lunch Out	4/16, 5/21, 6/18	14
<b>Buffets &amp; Celebrations</b>		
Mother's Day Curbside	5/12	14
Memorial Day Curbside	5/26	14
Father's Day Curbside	6/16	14
<b>"Holiday" Celebrations</b>		
Day of the Mushroom Celebration	4/15	15
Chocolate Pudding Day	6/26	15
National Cheese Day	6/4	15
National Grilled Cheese Day	4/12	15
National Shrimp Day	5/10	15
National Apple Pie Day	5/13	15
National Chocolate Chip Day	5/15	15
National Strawberry Shortcake Day	6/14	15
Onion Ring Day	6/21	15
Pineapple Upside Down Cake Day	4/22	15
Pretzel Day	4/26	15
Vanilla Pudding Day	5/22	15

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Description	Date	pg
<b>Entertainment</b>		
Gaither Concert Series		
The Best of Mark Lowry & Bill Gaither	4/23	16
Homecoming at the Cove Vol. 1	5/28	16
Homecoming at the Cove Vol. 2	6/25	16
Hunter O'Neill	5/16	16
Outdoor Summer Concert		
Red Lion Felton Band	6/20	16
Sacred Violin Celtic Hymns	4/3	16
Silent Film with Don Kinnier	6/8	16
Quentin Jones	6/8	16
<b>Theatre</b>		
Joseph & the Amazing Technicolor Dream Coat		
Dream Coat	4/14	17
York Symphony		
Liszt & Rachmaninoff	4/8	17
Season Finale: Schubert	5/20	17
<b>Trips</b>		
Columbia History Bus Tour	5/9	19
Downtown York Mural Tour	4/24	18
Drum & Bugle Corp Showcase	4/20	18
Heritage Center at Kinderhaus & Milton Hershey Founders Hall		
Milton Hershey Founders Hall	6/17	19
The National Shrine of Saint Elizabeth Ann Seton		
Saint Elizabeth Ann Seton	4/11	18
Old Farmhouse Tea Room	6/17	19
York Planetarium	5/1	18
York Revolution Baseball Game	5/16	18
<b>Shopping</b>		
Boscov's & Galleria Mall	4/22, 5/13, 6/24	19
Errand Day	2nd Fri	19
Target	5/29	19
Walmart	1st Wed	19
Weis Market	2nd & 4th Tues	19

Description	Date	pg
<b>COMMUNITY</b>		
<b>Our Community</b>		
Carry Out for a Cause	Second Fri	20
Reading Partners with Devers Elementary	4/11, 4/25	20
<b>Committees &amp; Groups</b>		
Social Committee	1st Fri	21
Dining Committee	2nd Thurs e/o month	21
Worship Committee	1st Wed	21
Welcome Committee	varies	21
Christmas Luncheon Committee	varies	21
Wellness Committee	varies	21
Residential Living Association	1st Mon	21
Volunteer Opportunities	varies	21

Indicates special programming or initiative throughout all SpiriTrust Lutheran® Senior Living Communities.



Please note that programming details are subject to change. Refer to the Monthly Events Calendar or Weekly Update for any additions, deletions and changes.





Taking care of your body for physical strength and function and making positive choices to be as healthy as possible.

## Fitness

### ONGOING CLASSES

#### **Zoom Chair Yoga**

Seated yoga class that includes basic traditional postures, flows and balance work. This class will leave you feeling refreshed mind, body and spirit.

**Monday**

**9:30 am**

**Fellowship Room for group Zoom class/Virtually from home**

#### **Silver Sneakers Strength with YMCA of the Roses**

Have fun and move to the music through a variety of exercises designed to increase muscular strength and range of movement. Hand-held weights, elastic tubing with handles and Silver Sneakers ball are offered for resistance and a chair is provided for seated or standing support.

**Wednesday**

**9:00 am**

**Fellowship Room**

#### **Mindful Movement and Meditation with Lauren**

This 45-minute gentle yoga class will use mindful movement, connecting to your breath and ending with a short meditation to leave you feeling relaxed and refreshed. This is a slower paced class with an emphasis on stretching, low impact movements and time for reflection. This class can be done seated or standing.

**Thursday, April 4, 11, 18, May 2, 9, 30, June 6, 13, 20**  
**3:00 pm**

**Fellowship Room**

#### **Exercise Equipment Demo and Q&A**

With treadmills, hand weights, stationary bikes and more, there is a variety of exercise equipment to use to help you keep feeling strong and healthy. Come for some 1:1 time to ask questions and get comfortable with the machines.

**First Thursday**

**1:30 pm**

**Lower-Level Exercise Room**

**Facilitator: Lauren Eriksen & Linda LeRoux**

## Wellness Programs

### **BUILDING A BETTER**

#### **Version of You**

Are you looking for a little guidance and support to help you maintain your health? Join us as we cover a variety of topics that will increase awareness on health issues that are often taken for granted or ignored. Learn more about resources that can assist you to building better health and a longer more vibrant life.



#### **Blood Pressure Clinic**

Stop in and get your blood pressure checked. This is a quick and easy way to keep up on your health.

**2nd Tuesday**

**1:00 pm – 2:00 pm**

**Wellness Suite**

**Facilitator: Linda LeRoux, RL Nurse Navigator**



#### **Hearing Aid Clinic**

Bring your hearing aid in for a deep cleaning and check by a qualified representative from Beltone Hearing Aid Center of York. Beltone is also able to answer questions about assistive hearing devices for your phone, TV, etc.

**Thursday, April 4**

**9:00 am – 11:00 am**

**Conference Room**

**Facilitator: Beltone Hearing Aid Center of York**

#### **OnSite Dermatology**

OnSite Dermatology is the nation's leading provider of mobile dermatology services to senior communities, providing comprehensive and quality care in the comfort of your home community. With expertise and equipment to diagnose, treat, prescribe, write orders, and perform procedures on site, this service will help you focus on your well-being.

**4th Wednesday**

**1:00 pm**

**Lower Level**

**Facilitator: OnSite Dermatology**

#### **Wellness Talk: American Cancer Society**

In this informative wellness talk with the American Cancer Society learn about tips on how to prevent cancer, screenings, available community resources and have your questions answered.

**Tuesday, April 23**

**1:00 pm**

**Fellowship Room**

**Facilitator: Joann Weant, American Cancer Society**

#### **Wellness Talk: Brain Injury Risk Factors for Older Adults & Prevention Tips**

Join the Brain Injury Association of Pennsylvania for a presentation and discussion about the risk of brain injury in older adults and ways to prevent it. This one-hour program will discuss what a brain injury is, why older adults are at greater risk, tips for preventing brain injury and answer questions.

**Monday, June 10**

**3:00 pm**

**Fellowship Room**

**Facilitator: MJ Schmidt, Training & Outreach Coordinator, Brain Injury of Association**





**BEWELL KITCHEN**

BeWell Kitchen is a live learning workshop connecting food to health. Every month the Cura team conducts a cooking demonstration where they break down the recipe and share the steps to preparing the recipe. Afterwards, you get to sample the recipe! The features for April through June are as follows:



**April 4, 2024**  
Earth Month: Plant Forward Eating – featuring Smoky Black Eyed Pea Soup. Celebrate Earth Month with a plant forward packed recipe.

**May 2, 2024**  
National Physical Fitness & Sports Month featuring Almond Coconut Date Balls. Join us to learn more about fueling up for health and fitness.

**June 6, 2024**  
Eating in Season featuring Strawberry Mango Salad. Tis the season so enjoy local produce, let's kick it off with strawberries!

**Fellowship Room**  
**1:30 pm**  
**Presenter: Colt Rauhauser, CURA Dining Director**  
**Sign-up Required**

**HEALTHY BITES WELLNESS TALK**

**Tasty Spring Snacks to Boost Health**  
Spring is in the air and with it comes a variety of fresh fruit and vegetables that are both delicious and boost wellness.

**Monday, April 15**  
**2:00 pm**  
**Fellowship Room**  
**Facilitator: Julie Stefanski, Registered Dietician Nutritionist, Stefanski Nutrition Services**

**SO GOOD**

So Good promotes seasonal foods that you can feel good about. This monthly program has a foundation of delicious seasonal ingredients that offer flexible ways to enhance the menu. The featured menu items for April through June are:



**April**  
**Asparagus**  
Crispy Baked Asparagus Fries (4/1 – 4/14 at the Corner Cupboard Café, \$2.50) and Brown Rice Coconut Risotto with Asparagus (4/15 – 4/30 at the Corner Cupboard Café \$3.00)



**May**  
**Spinach**  
Chana Saag – Spinach and Chickpea Curry (5/1 – 5/14 at the Corner Cupboard Café, \$1.50) and Creamy Spinach Dip with Pita chips (5/15 – 5/31 at the Corner Cupboard Café \$3.00)



**June**  
**Blueberries**  
Blueberry Salsa with Tortilla Chips (6/1 – 6/14 at the Corner Cupboard Café, \$3.00) and Blueberry Avocado Salad (6/15 – 6/30 at the Corner Cupboard Café \$1.50)



Nourishing your soul through purposeful, enriching experiences and facing life with enthusiasm and positivity, even in difficult times.

**Emotional**

**Grief Support Group**  
The group provides emotional support, validation, and education about grief. It offers a different quality of support and connection that comes from being with people who have also experienced a loss.

**3rd Thursday • 1:00 pm**  
**Conference Room**  
**Facilitated by: Rev. Ricky McCarl, Chaplain and Bereavement Counselor**

**Widow/Widower Luncheon**  
Meet other widows and widowers in a comfortable, social atmosphere where participants can find companionship, friendship, comfort, and support from one another. Participants order food from Rachel & Reuben's Bistro menu and are responsible for food cost.

**April 17, May 15, June 19 • 12:00 pm**  
**The Village at Sprenkle Drive**  
**Rachel and Reuben's**  
**Cost: Varies**

**Spiritual**

**FAITH SHARING**

**Beth Moore Bible Study: The Book of James**  
Bible scholars compare James to the prophet Amos. In other ways, James more closely resembles the Book of Proverbs than any New Testament book. Come along with Beth Moore on a journey to get to know both the man and the Book of James. You will never be the same again.



**Wednesday • 2:00 pm**  
**Fellowship Room**  
**Facilitator: Chaplain Aaron Cope**

**WORSHIP SERVICES**

Join us as we come together in the presence of God through song, scripture, prayer, sermon and weekly communion. All services are ecumenical in spirit, and all persons are welcomed and encouraged to participate.

**Sunday • 3:00 pm**  
**Fellowship Room**





MIND

Expanding your knowledge, skills and creativity while sharing your knowledge and skills with others.

## Technology

### **Technology and You**

Here is your chance to learn from the experts! From TV/ Cable equipment to cell phone/smart phone, tablets/ computers and everything in between, you will embark on a journey of information and fun. Take advantage of this opportunity to get 1:1 support on a variety of technology-related topics.

**9:30 am - 12:00 pm**

**Fellowship Room**

**Instructor: Dante Swinton**

**Registration required**



## Education

### SPRING LIFE-LONG LEARNING CLASS SERIES

Each session offers a deep dive into the topic and opportunity to ask questions.

**2:30 – 3:30 pm • Fellowship Room**



### **April 12 – Potters Field**

In 1897, York City exhumed over 600 bodies from West College Avenue, moving them to their new location. Their final resting place would be the Potter's Field in North York Borough. Close to 200 more people have been interred there since with the last known burial taking place in 2004. There is only one headstone with one name: Clashay Johnson – a toddler killed by his mother.

In this presentation Jamie Noerpel will dive into the history of York's City Cemetery with a focus on the people whose names were previously forgotten like P.T. Barnum's Figi Cannibal and a previously enslaved person named Squire Braxton.

**Presenter: Jamie Noerpel, LogosWorks Community Impact Manager, YDR history blog writer, co-founded Witnessing York website, and launched Project Penny Heaven**

### **April 19 – The Milton Hershey School**

Milton Hershey School, founded in 1909, began as a dream and vision shared by chocolate magnate Milton S. Hershey and his wife, Catherine. The Hersheys loved children but were unable to have their own. Instead, they decided to use their wealth to create a home and school for orphaned boys. The Hersheys' original idea for a school has evolved to meet the changing needs of lower-income families, including the creation of Catherine Hershey School for Early Learning in 2020. Come learn about the history and legacy Milton Hershey School continues to have on the community.

**Presenter: Alicia Schlossberg, Manager of School History at Milton Hershey School**

### **April 26 – York County Manufacturing in WWII**

WWII affected families and communities worldwide, including right here in York County. Come learn about how local manufacturing worked together and changed their operations to support the war effort.

**Presenter: Ken Weiler, OLLI Lecturer, Published author on WWII**

### **May 10 – Hahn Home**

In 1913, Anna L. Gardner bequeathed her estate to create the Hahn Home, a place where elderly women, who no longer had the means to support themselves, could live out their years in dignity. After a fire badly damaged the building and the Hahn Home Board of Directors decided to sell the building, Al Kuhner, of Kuhner Associates Funeral Directors, purchased the building in 2004. Come learn about the history and legacy of this historical building. Kelly Drive resident Winnie Fickes, former Hahn Home Director, will also be available to answer resident questions following the program.

**Presenter: Al Kuhner, Kuhner Associates, Funeral Directors Inc**

### **May 17 – Nurses of Pearl Harbor**

Before the attack on Pearl Harbor, young nurses enjoyed a peaceful working environment in paradise. This talk focuses on how the army and navy nurses worked at their duty stations on December 7, 1941 and then continues to tell the accomplishments these women made in the military and in their civilian careers. This program is told by Winnie Woll, daughter of Teresa Stauffer Foster, an Army nurse stationed at the Tripler Army Hospital on Oahu, Hawaii at the time of the attack.

**Presenter: Winnie Woll, Daughter of Pearl Harbor Army nurse**



**June 14 – Art around the Town: An Artists Guidebook to York Art**

Do you know where to find art in York? Take a virtual insider tour of art and art venues around York, including artist studios, galleries, hidden gems, and of course, the amazing art at the new Yorktowne Hotel.

**Presenter: Ellen Ehlenbeck, Artist and Community Art Teacher, HACC, Creative York**

**June 21 – Captive: German WWII POWs in Lancaster County**

In this program, Donna shares family photographs and stories of German POWs, who came to the United States during WWII and worked in Lancaster County. E. Rinder, a German POW who was brought to the U.S. in 1944, shares about his experiences as a POW through video clips.

**Presenter: Donna Stoltzfus, Author**



**June 28 – The History of the Flag**

This informative program tells the history of the United States flag and how the stars and stripes came to be on our flag and what it symbolizes.

**Presenter: Elks Lodge #213**

**Creative Arts**

**CRAFT CORNER**



**Knit & Crochet**

Love to knit or crochet? Come meet fellow residents who share the same hobby to swap stories, patterns and chitchat. Extra yarn and needles are available for residents to use.

**First Tuesday  
2:00pm  
Family Lounge**



**Kelly Choir**

The Kelly Choir is composed of residents who love to share their love of music by performing at Sunday worship service and concerts throughout the year for the Kelly Drive community. New members welcome to join.

**Tuesday  
6:00 pm  
Fellowship Room  
Facilitator: Darrell Hagler and Sheila Crew**



**Building healthy, nurturing and supportive relationships as well as fostering a genuine connection with those around you.**

**ALLVETS: Veteran Legacy Project**

ALLVETS is a non-profit organization that collects and shares the stories of veterans. All York County veterans are invited to share and record their military experience with ALLVETS, which will create a 1-hour video recording of your life. Veterans receive a copy of their video to share with loved ones and two other copies will be preserved at the York County Historical Center for viewing. There is no charge for this program and recording can take place at Kelly Drive.

**For more information and to participate contact Lauren Eriksen**

**Conversation Café**

Come together with fellow residents to enjoy a fresh cup of coffee or tea, pastries and of course - conversation.

**Friday  
10:00 am  
Fellowship Room**



**Ice Cream Social**

No matter what time of year or how old you are nothing brightens the day more than ice cream. Join fellow community members to enjoy one of life's sweetest treats – ice cream!

**2:00 pm  
Fellowship Room**

**April 29: Feature Flavor: Chocolate Peanut Butter**

**May 29: Feature Flavor: Pistachio**

**June 10: Feature Flavor: Strawberry**



**Movie Matinee**

Enjoy an afternoon at the movies - right here at Kelly Drive. Each month features a movie from the collection of a fellow resident.

**2:00 pm**  
**Fellowship Room**  
**Hosted By: Judy Becker**

**Friday, April 5**  
**Catch Me If You Can**



**Friday, May 3**  
**The Secrets of Jonathan Sperry**



**Friday, June 7**  
**Bye Bye Birdie Musical**



**HAPPY HOUR MIXER**

Why limit happy to an hour? Friends come together to unwind and reminisce in the late afternoon. Enjoy themed appetizers and beverages paired with a fun time with friends.

**Registration required**



**Trivia Night Happy Hour with Linda Lou & Lauren**  
**Thursday, April 18**  
**4:30 pm**

**Kentucky Derby Happy Hour**  
**Wednesday, May 8**  
**4:30 pm**

**Summer Fun Happy Hour**  
**Tuesday, June 25**  
**4:30 pm**



**Covered Dish**

Bring a dish to share with friends and enjoy a delicious menu featuring items made by your fellow Kelly Drive neighbors. Yum!

**Saturday, April 20**  
**12:00 pm**  
**Fellowship Room**  
**Registration required**



**Sock Hop**

Join us on the dance floor and groove to the live music from the JCM Band. Of course, we will have some classic snacks and floats perfect for a sock hop.

**Tuesday, April 30**  
**Bus Departs at 1:45 pm**  
**Glatfelter Community Room A/B**  
**Registration Required**

**Recreational**

**Game Night**

Whether the card game is played with a traditional deck or game specific cards, campus residents are sure to find a favorite game or try their "hand" at a new one.

**Friday • 6:00 pm**  
**Fellowship Room**

**Mexican Train Dominoes**

The object of this game is for a player to play all the tiles from their hand onto one of the "trains" coming from the "central station." Both new and experienced players are welcome to join.

**Saturday • 6:00 pm**  
**Fellowship Room**  
**Hosted By: Charlie Topper**

**Pinochle**

Pinochle, is a trick-taking, Ace-Ten card game typically for two to four players. New players welcome.

**Sunday • 4:00 pm**  
**Fellowship Room**  
**Hosted By: Steve Butler**

**Canasta**

Canasta has quickly become a favorite card game at Kelly Drive. New and experienced players welcome.

**Family Lounge • 2:30 pm**  
**Dates vary**

**500**

Score points through bidding and winning tricks as a partnership team. Be the first team to 500 points to win the game! New players always welcome.

**Family Lounge • 3:00 pm**  
**Dates vary**  
**Hosted By: Myrtle McCleary**

**UNO Flip**

Rediscover the classic game of UNO - with a twist! You will quickly realize why UNO Flip has become such a favorite game to play. New players welcome.

**Family Lounge**  
**Dates vary • 2:00 pm**  
**Hosted By: Myrtle McCleary**

**Jeopardy**

Kelly Drive brings to life the famous TV show, Jeopardy for residents to enjoy. Answer trivia questions, Daily Doubles and more to have your team come out on top.

**Fellowship Room**  
**Dates vary • 2:00 pm**

**Bingo**

This well-known game is always a hit! Join friends from throughout the campus in the Fellowship Room for a spirited game played for prizes.

**1st Saturday • 2:00 pm**  
**Fellowship Room**  
**Wednesday, April 17**  
**Wednesday, May 15**  
**Wednesday, June 19**  
**6:00 pm • Fellowship Room**  
**Host: Quickel Church & St. Matthew Lutheran Church Volunteers**



**Wii Bowling**

Come join "Team Kelly" for a great time participating in Wii bowling! You don't need experience; the team will teach you all the skills you need to know!

**Monday & Tuesday • 4:00 pm**  
**Fellowship Room**

**Wii Bowling Tournament Games**

Wii bowling games go on the road as we mix in some friendly competition playing fellow SpiriTrust Lutheran Wii bowling teams.

**Friday, April 19: Kelly Drive hosts The Village at Shrewsbury**  
**Friday, June 28: Kelly Drive at The Village at Utz Terrace**

**Dining**

**DESTINATION DINNER**



**Join CURA Dining and travel to Hawaii for a culinary experience that is sure to delight!**

The Hawaii menu includes Smoked Salmon Poke Salad, Kalua Pork with Pineapple and Red Pepper Chutney, Hawaiian Fried Rice, Pineapple Glazed Vegetables, Chocolate Haupia (Coconut Cream) Pie.

**Tuesday, April 9**  
**Fellowship Room, 4:30 pm**  
**\$15.00**  
**Registration Required**

**Resident hosted lunch out**

There's nothing quite like sitting around with friends having great conversations over a delicious meal. Meal cost is the responsibility of the diner.

**Tuesday, April 16: Fujihana**  
**Tuesday, May 21: Buffalo Wild Wings**  
**Tuesday, June 18: Manchester Cafe**  
**1:00 pm arrival at restaurant**  
**Registration required**

*Dining continued next page*





**Resident Breakfast**

Start your morning off right with good food and good friends. Enjoy a hearty breakfast prepared by our talented culinary team. Residents with a birthday that month are treated to a complimentary breakfast.

**Friday, April 26**  
**Tuesday, May 14**  
**Tuesday, June 4**  
**9:30 am**  
**Fellowship Room**  
**Cost: \$9.00**  
**Registration required**

**Kelly Fresh**

Take the stress out of cooking and learn new recipes! Simply pick the meal choice you are interested in and CURA Dining will deliver you everything you need including the recipe, ingredients, and directions.

**Friday, May 17**  
**3:00 pm Delivery**  
**Registration required**  
**Menu Items:**

**Smoky Black-eyed Pea Soup - \$9.00**  
**Arugula Salad with Grilled Coconut Chicken Almonds and Dates - \$9.50**



**Annual Seafood Boil**

An annual tradition, enjoy the Cream of Crab Bread Boule Bowl of Crab Legs, Shrimp, Corn, Smoked Sausage, and Baby Potatoes. Served with Macerated Berry Shortcake for dessert.

**Thursday, June 13**  
**Outdoor Tent, 1:00 pm**  
**\$20.00**  
**Registration Required**

**Pizza Party**

Enjoy pizza from a favorite local pizza parlor! Meal includes pizza or Stromboli, salad and drinks.

**4th Thursday**  
**4:30 pm**  
**Fellowship Room**  
**Cost: \$5.00**  
**Registration required**



**Pretzel Sale**

Enjoy deliciously fresh Epex soft pretzels.

**3rd Thursday**  
**8:30 am - 9:30 am**  
**Family Lounge**  
**Cost: \$1.25**  
**Registration required**

**Buffets & Celebrations**

**Mother's Day Curbside Meal**

Chicken Oscar  
 Roasted Asparagus  
 Au Gratin Potatoes  
 New York Style Cheesecake  
**Sunday, May 12**  
**12:00 pm**  
**Fellowship Room**  
**Registration Required**  
**Cost: \$14**



**Memorial Day Curbside Meal**

Grilled Burgers and Hot Dogs  
 Macaroni Salad  
 Baked Beans  
 Novelty Ice Cream Bars  
**Sunday, May 26**  
**12:00 pm**  
**Fellowship Room**  
**Registration Required**  
**Cost: \$14**

**Father's Day Curbside Meal**

Flank Steak  
 Baked Potato  
 Roasted Asparagus  
 Cherry Pie  
**Sunday, June 16**  
**11:30 am**  
**Fellowship Room**  
**Registration Required**  
**Cost: \$14**

**"Holiday" Celebrations**

Who knew these were holidays? Join the culinary team as they celebrate these off – the – wall nationally recognized days with some tasty entrees, themed around the "holiday." All entrees are available in Corner Cupboard Café during lunch, unless indicated otherwise. Cost varies by item.

**National Grilled Cheese Day**

Enjoy a Cheesy, Toasty, and Tasty Grilled Bacon and Gruyere Grilled Cheese Sandwich  
**Friday, April 12, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$4.50**

**Day of the Mushroom**

Celebrate the Fungi with Smoked Mushroom and Tomato Salad  
**Monday, April 15, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$1.50**

**Pineapple Upside Down Cake Day**

Simple and sweet, today's featured dessert is Pineapple Upside Down Cake  
**Monday, April 22, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$2.00**

**Pretzel Day**

We are celebrating Pretzel Day with a twist, enjoy Ham and Swiss Pretzel Melts  
**Friday, April 26, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$4.50**

**National Shrimp Day**

Enjoy America's most popular seafood with a Shrimp Quesadilla, served with Sour Cream and Salsa  
**Friday, May 10, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$4.50**

**Apple Pie Day Celebration**

There's nothing like a homemade slice of Apple Pie! Enjoy it as our featured dessert today!  
**Monday, May 13, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$2.00**

**National Chocolate Chip Day**

Enjoy a few morsels of sweetness with our featured dessert, Chocolate Chip Cookie Pie  
**Wednesday, May 15, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$2.00**

**Vanilla Pudding Day**

Vanilla Mousse Parfaits are the perfect way to celebrate!  
**Wednesday, May 22, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$2.00**

**National Cheese Day**

Calling all cheese lovers! Join us for marinated cheese plates at the Café to celebrate  
**Tuesday, June 4, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$3.00**



**National Strawberry Shortcake Day**

A seasonal favorite, enjoy a Strawberry Shortcake as our featured dessert  
**Friday, June 14th, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$2.00**

**Onion Ring Day**

Enjoy a basket of Onion Rings with a side of Chipotle Ranch  
**Friday, June 21, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$3.00**

**Chocolate Pudding Day**

We can't think of a better way to celebrate, enjoy a Chocolate Mousse Parfait!  
**Wednesday, June 26, 2024**  
**Corner Cupboard Café from 11:30 am – 1 pm**  
**\$2.00**



## Entertainment

### MUSICAL ENTERTAINMENT

#### **Gaither Concert**

Each month enjoy a show, known worldwide for its award winning and top selling recordings. Performances showcase gospel music pioneers.

**Tuesday, April 23**

**The Best of Mark Lowry & Bill Gaither (Comedy)**

**Tuesday, May 28**

**Homecoming at The Cove Vol. 1**

**Tuesday, June 25**

**Homecoming at the Cove Vol. 2**

**2:00 pm**

**Fellowship Room**

#### **Sacred Violin Celtic Hymns with Dr. Mary Loyer**

Come hear familiar Celtic hymns played on the violin. Dr. Loyer is a retired music teacher from the Red Lion Area School District and has performed with the York Symphony, Baltimore Philharmonia, and Andante Trio. Hymns included will be Star of the County Down, For the Beauty of the Earth, Lord of the Dance, and How Deep the Father's Love for Us and more. Come and enjoy the sound of the violin with Celtic instruments such as the harp, whistles, acoustic guitar, accordion and concertina.

**Wednesday, April 3**

**3:30 pm**

**Fellowship Room**

#### **Hunter O'Neill**

Hunter is a classically trained concert pianist, songwriter and guitarist in a local band with a passion of sharing the joy of music with others. Join Hunter as he plays a variety of resident favorites and invites everyone to sing along, too.

**Thursday, May 16**

**3:30 pm**

**Fellowship Room**

#### **Quentin Jones**

Quentin Jones has his own unique style and sound and knows how to put on a performance that has the audience singing, clapping and dancing along! Quentin has gained fame playing rock-n-roll, blues, surf, rockabilly and old-time country and western. Quentin is endorsed by Gretsch guitars and in 2016 was enshrined in the Rockabilly Hall of Fame in Nashville, Tennessee.

**Saturday, June 8**

**2:30 pm**

**Fellowship Room**

#### **Silent Film with Don Kinnier Live on the Organ**

The height of the silent film era, from the 1910s to the late 1920s, were a fruitful period full of artistic innovation. Take in this old-fashioned movie-going experience where we will watch a classic silent film, with sound played live by entertainer Don Kinnier, on the organ.

**Saturday, June 8**

**2:30 pm**

**Fellowship Room**

### OUTDOOR SUMMER CONCERT SERIES

#### **Red Lion Felton Band**

The Red Lion Felton Band is a community staple, as it was formed July 4, 1932 as the Red Lion Concert Band and the Felton Band was established in 1892. These bands merged to become the Red Lion Felton Band in April 1972 and have been entertaining community members across Pennsylvania, Maryland, New Jersey and Delaware for over 128 years. The Red Lion Felton Band provides a full band experience that continues to be a community favorite.

**Thursday, June 20**

**6:30 pm**

**Fire Pit**

## Theatre

#### **York Symphony Concert Series**

Enjoy the splendor and magnificence of York Symphony concerts from the comfort of The Village at Kelly Drive. Concerts are streamed on the big screen, and each is paired with a mix & mingle social pre-show.

**2:00 pm Happy Hour**

**2:30 pm York Symphony Concert Fellowship Room**

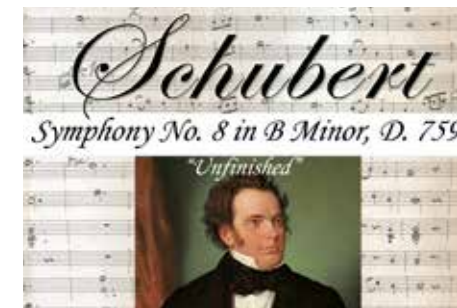
**Registration Required**



#### **Liszt & Rachmaninoff – From Canvas to Concert**

This Liszt and Rachmaninoff concert commemorates composers who created symphonic poems from thought provoking paintings. Inspired by Bocklin's painting of a small boat on the unwelcoming sea near an island, Sergei Rachmaninoff's The Isle of the Dead portrays the menacing waves concluding with a jubilation of reaching the island. Franz Liszt's victorious Hunnenschlacht was devised from Battle of the Huns painting. Camille Saint-Saens's Danse macabre portrays skeletons dancing on their graves with unique usage of the xylophone for clattering bones. Finally, the YSO is proud to perform the world premiere of William Popps' The Galleries.

**Monday, April 8**



#### **Season Finale -**

#### **Schubert's Unfinished**

Our season concludes with Schubert's seminal "Unfinished Symphony" and Mendelssohn's "Symphony-cantata Hymn of Praise." Schubert composed the first two movements of his 8th symphony before his untimely death at age 31. Perhaps one of music's greatest unanswered questions is why the work remained "Unfinished." The York Symphony Chorus joins the orchestra on Mendelssohn's "Symphony-cantata." Mendelssohn wrote this symphony to honor the unveiling of the statue of Gutenberg. Due to Gutenberg spread of Protestantism, Mendelssohn used text from biblical scripture on a journey of suspense and hope.

**Monday, May 20**



#### **Joseph and the Amazing Technicolor Dream Coat Musical at Central York HS**

One of the most enduring shows of all time, Joseph and the Amazing Technicolor Dreamcoat is a reimagining of the Biblical story of Joseph, his father Jacob, eleven brothers and the coat of many colors. Told entirely through song with the help of a main character Narrator, the musical follows preferred son Joseph. After being sold into slavery by his brothers, he ingratiates himself with Egyptian noble Potiphar, but ends up in jail after refusing the amorous advances of Potiphar's wife. While imprisoned, Joseph discovers his ability to interpret dreams, and he soon finds himself in front of the mighty but troubled, Elvis-inspired, Pharaoh. Joseph's solution to Egypt's famine elevates him to Pharaoh's right-hand man and reunites him with his family. The magical musical is full of catchy songs in a variety of styles, from a parody of French ballads, to country-western and calypso, along with the unforgettable classic, "Any Dream will Do" and "Close Every Door."

**Sunday, April 14**

**Depart Front Entrance at 1:15pm**

**Cost: \$12**



**Trips**



**The National Shrine of Saint Elizabeth Ann Seton**

Whether you're interested in history, the outdoors, or simply something inspirational, The National Shrine of Saint Elizabeth Ann Seton offers a breadth of experiences to discover – some reflective, some intriguing, others inspiring, but all deeply rewarding. Take time to explore the grounds and visit the sites of interest, each one a symbol of Elizabeth Ann Seton's amazing life and legacy of service of love.

**Thursday, April 11**  
**Bus departs from front entrance at 9:30 am**  
**Registration Required**

**Drum & Bugle Corp Showcase at The Pullo Center**

The Lancers Drum and Bugle Corps, from Hanover Pennsylvania, is hosting their 11th Annual Profiles in Music – A Drum and Bugle Corps Showcase. The show will consist of the finest Alumni Drum and Bugle Corps from the East Coast, along with some other exciting music groups, each performing a twenty-minute concert. You won't want to miss this exciting show of drum and bugle corps music. This event has been a sold out show every year!

**Saturday, April 20**  
**Bus departs from front entrance at 5:15 pm**  
**Registration Required**  
**Cost: \$23**



**Downtown York Mural Walking Tour with York History Museum**

York's history is displayed throughout the city on its murals. On this walking tour, led by a York History Museum tour guide, you will learn all about the murals connection to York and see first-hand the amazing artistic talent on display for all to enjoy.

**Wednesday, April 24**  
**Bus departs from front entrance at 9:30 am**  
**Registration Required**  
**Cost: \$6**

**York Planetarium: Star Watch and Planets Show**

Under the planetarium dome, learn how to find the planets and constellations that are visible in York's night sky. Become a star watcher by exploring the current night sky, locate visible planets and constellations, and enjoy some sky lore. Following this, we will take a grand voyage across the solar system looking at each planet as well as the Solar System formation and extrasolar planets.

**Wednesday, May 1**  
**Bus departs from front entrance at 5:30 pm**  
**Registration Required**

**Columbia History Bus Tour with Tour Guide Chris Vera**

Columbia, sitting alongside the Susquehanna River, boasts a wide variety of historical landmarks, buildings, antiques, and more that capture the unique history of this special town. Journey on a guided bus tour with Chris Vera, Director of the Columbia Preservation Society, Manager of the Columbia Market House and leader on the Zion Hill Cemetery project.

**Thursday, May 9**  
**Bus departs from front entrance at 9:30 am**  
**Registration required**



**York Revolution Baseball Game**

Play ball! Enjoy a day out at the ballpark as the York Revolution go head-to-head against the Long Island Ducks.

**Thursday, May 16**  
**Depart front entrance at 10:00 am**  
**Cost: \$5**  
**Registration Required**



**Heritage Center at Kinderhaus & Milton Hershey Founders Hall**

This trip will have you learning all about the history and legacy of Milton Hershey School. The first stop is Kinderhaus, which is home to the majority of the school's artifacts that tell the story of the Hershey's and the school. Originally constructed circa 1817, Kinderhaus is the oldest building on the Milton Hershey School campus. Next stop is Founders Hall, a stately monument to the Hershey's and all of the individuals involved in helping them realize their dream of building a better life for children in need.

**Monday, June 17**  
**Depart front entrance at 9:15 am**  
**Registration Required**



**Old Farm House Tea Room**

Come and enjoy a beautiful tearoom for High Tea! Featuring a wide variety of teas and a delicious menu of fresh fruit, salad, scones, tea breads, soup, tea sandwiches and a Victorian desert. This is a tearoom experience not to be missed.

**Wednesday, June 19**  
**Depart front entrance at 11:30 am**  
**Cost: \$16**  
**Registration Required**

**Shopping**



**Walmart**

**First Wednesday**  
**Depart Front Entrance at 10:30 am**  
**Registration Required**

**Weis Market**

**Depart Front Entrance at 10:30 am**  
**2nd & 4th Tuesday**  
**Registration Required**

**Target**

**Depart Front Entrance at 10:30 am**  
**Wednesday, May 29**  
**Registration Required**

**Errand Day**

**Depart Front Entrance at 10:00 am**  
**2nd Friday**  
**Registration Required**

**Boscov's & Galleria Mall**

**Monday, April 22**  
**Monday, May 13**  
**Monday, June 24**  
**Depart Front Entrance at 11:00 am**  
**Registration required**





# COMMUNITY

“The best way to find yourself, is to lose yourself in the service to others.”

— Mahatma Gandhi

## CommUNITY Spirit

### ALZHEIMER'S ASSOCIATION



#### *Carry Out for a Cause*

Enjoy a delicious meal, specially crafted by the CURA team, all for a good cause - \$5 of every meal is donated to the Kelly Drive Alzheimer's Association fundraising efforts.

**Second Friday**

**12:00pm Pick-up from the Corner Cupboard**

**\$10**

**Registration Required**

#### *Reading Partners with Devers Elementary School*

Share the love of reading by being a supportive reading partner to Devers Elementary School 2nd graders, as they bring over their favorite books to read to residents as they build their reading skills.

**Thursday, April 11, 25**

**1:00pm**

**Family Lounge**

## COMMUNITY

gratitude support volunteer compassion NOW

### COMMITTEES & GROUPS

#### Residential Living Assoc. Meeting

These meetings provide residents information about community news, updates from department managers and resident committee reports.

**First Monday**

**2:00 pm • Fellowship Room**

#### *Volunteer Opportunities*

Do you enjoy helping others or have a heart for serving? The Village at Kelly Drive has many opportunities to serve. Contact the Life Enrichment Director to learn more.

### COMMUNITY COMMITTEES

Interested in providing input and insight at The Village at Kelly Drive? Participating in one of our advisory role committees may interest you. Ask a member of the Residential Living Association Board or Life Enrichment Director for more details.

- Residential Living Council  
First Monday
- Social Committee  
First Friday of every month
- Dining Services Committee  
Second Thursday of every other month
- Worship Committee  
First Wednesday of every month
- Welcome Committee  
Dates/times vary
- Christmas Luncheon Committee  
Dates/times vary
- Wellness Committee  
Date/times vary





*Mission Statement:* to inspire meaningful purpose in the lives of residents by empowering them with continued growth opportunities for wellness in body, mind and spirit.

### **The Seven Dimensions of Wellness**

Our Spirit360® program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging and well – being so residents can live as fully as possible.

1. **Emotional.** Understanding ourselves, acknowledging and sharing feelings in a productive manner, approaching life with a positive enthusiastic outlook, and coping with the challenges life can bring.
2. **Intellectual.** Opening our minds to new ideas/experiences and engaging in creative pursuits and life – long learning to sharpen the brain.
3. **Physical.** Caring for your body with positive choices to maintain and improve health, strength, flexibility and functional ability.
4. **Vocational.** Making a positive impact contributing to society and gaining personal satisfaction while maintaining balance in our lives.
5. **Social.** Relating, connecting and interacting with people of all ages and establishing and maintaining positive relationships.
6. **Spiritual.** Living with peace and harmony to realize a common purpose in our lives.
7. **Environmental.** Recognizing our own personal responsibility for the quality of air, the water and the land that surrounds us, and making a positive impact on the quality of our surroundings.

 **SpiriTrust Lutheran**®  
The Village at Kelly Drive

750 Kelly Drive • York, PA 17404 • [www.SpiriTrustLutheran.org](http://www.SpiriTrustLutheran.org)

