

SPECIAL EVENTS

August 6th Pennsylvania Dutch Market (Cockeysville, MD) 11:00 am Enjoy a true taste of tradition with handcrafted Amish and artisan goods and a welcoming atmosphere. Conveniently located in Amish market is where community, quality, and nostalgia come together.

August 7th Virtual Voyager “Yellowstone” (Clubhouse) 2:00 pm Join us as we dive headfirst into the wonders of Yellowstone National Park, uncovering the hidden gems and must-see sights that will leave you breathless. With just 48 hours, we're squeezed in over 40 stops, each one seemingly more beautiful than the last. From the iconic Old Faithful geyser to the mesmerizing Grand Prismatic Spring, prepare to be captivated by the park's majestic landscapes and abundant wildlife. We'll guide you through winding trails, bubbling hot springs, and even share some of our best tips for making the most of your time in the park during a busy summer day. I hope this video inspires you to visit this unforgettable piece of nature as it is something that everyone should see at least once. Let us know what your favorite spots in the park are in the description.

August 11th Home Interest Club (Clubhouse) 3:00 pm Join our household tip swapping club. A fun and supportive space where women can come together to share everyday tips, money saving ideas, recipes, organizing hacks, cleaning shortcuts, and home wisdom.

August 13th Arundel Mills Mall 9:30 am (Arundel Mills, MD) Enjoy a day of shopping with more than 200 stores and several places to have lunch!

August 15th Valencia Ballroom “Inspire Big Band” (York, PA) 7:00 pm Inspire Big Band is a traditional big band that plays Jazz Swing, Blues, Bop, and Funk. Experience the vibrant energy of a dynamic ensemble dedicated to captivating audiences with powerful big band performances. **Cost: FREE- TRANSPORTATION IS ON YOUR OWN.**

August 18th Summer Carnival (Clubhouse) 5:30 – 7:00 Enjoy an evening of carnival delights with hot dogs, drinks, snow cones, games and live music.

August 20th American Legion Crab Feast (Glen Rock, PA) 4:30 pm All are invited to this lively gathering where community members will enjoy freshly steamed crabs, cracking shells, sharing laughter, and bonding over a delicious feast. **Cost: \$25.00 - \$35.00**

August 24th Pizza & Movie “Mrs. Doubtfire” (Clubhouse) 5:00 pm Mrs. Doubtfire follows an out-of-work actor who, after a divorce limits his time with his kids, disguises himself as an elderly British nanny to stay close to them. Blending broad comedy, heartfelt family themes, and Robin Williams’ unmatched improvisational talent, it delivers both laughs and touching moments. A box office hit and award-winner, it remains a beloved family film worth watching for its humor and emotional resonance. **Rated PG 13 Cost: \$5.00**

August 25th Birthday Dinner (Clubhouse) 5:00 pm Enjoy a meal of fried chicken, green beans, mashed potatoes, cake and ice cream to celebrate resident birthdays. September and October birthdays will receive a free meal.

August 26th Civil War Museum (Harrisburg, PA) 9:30 am The National Civil War Museum is one of the largest museums in the country dedicated solely to the American Civil War. We seek to tell the whole story of this troubled chapter in American history by discussing the causes of the war, the battles that took place during the conflict, and the legacy of the war that remains with us to this day. **Cost: \$19.00**

August 28th Great Discussions “How to Make Stress Your Friend” (Clubhouse) 2:00 pm Stress. It makes your heart pound, your breathing quicken and your forehead sweat. But while stress has been made into a public health enemy, new research suggests that stress may only be bad for you if you believe that to be the case. Psychologist Kelly McGonigal urges us to see stress as a positive and introduces us to an unsung mechanism for stress reduction: reaching out to others.

August 2026



When Earth Roared

August brings two very ominous anniversaries: the cataclysmic volcanic eruptions of Mount Vesuvius in Italy and Krakatoa in Indonesia.

The eruption of Mount Vesuvius might be the most famous in history. On August 24 in the year AD 79, the volcano began to erupt. Two authors, an uncle and nephew, described the events firsthand. Pliny the Elder, living across the bay from Vesuvius, noticed a cloud of ash spewing from the mountaintop. He sent ships to investigate, but they turned back due to a rain of flaming rocks. Pliny the Elder himself ventured closer to investigate. Sadly, he died the next day, likely from inhaling toxic gases.

Pliny the Elder’s 18-year-old nephew, Pliny the Younger, also witnessed the eruption. He described people climbing over waves of ash to escape. He also wrote of how a larger eruption the next day devastated the region. Ash mixed with rain created a sort of concrete that blanketed the town of Pompeii, perfectly preserving its contents for hundreds of years.

Rumblings began on the uninhabited island of Krakatoa as early as May 20, 1883. Over the next weeks, the rumblings grew until the eruption began on August 26. The volcano exploded at 1 p.m., sending ash 20 miles into the air. The next morning, four massive eruptions occurred, the last of which produced the loudest sound ever recorded on Earth. The sound waves ruptured the eardrums of sailors 40 miles away. The blast itself was heard 3,000 miles away.

Enormous flocs of volcanic rock plunged into the ocean, triggering massive tsunamis that wiped out hundreds of nearby coastal villages. Waves reached as far away as South America. So much gas was pumped into the atmosphere that global temperatures dropped over 2°F. Weather patterns did not normalize until 1888. Krakatoa left no doubt that volcanic eruptions are some of nature’s most awesome events.



Additional programs & events scheduled for the month of August 2026						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Key: ** - Registration Required \$\$ - Cost OFF – Off Campus CH – Club House ZP – Zimmerman Place WS – Wellness Suite GR – Gathering Room					1
2	11:00 Board Game Day (CH) 3 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 4 10:15 RL Board Meeting (CH) 11:00 Blood Pressure Clinic (WS) 12:00 Pinochle (CH)	9:00 Shopping Giant (OFF) 5 1:00 Trivia with Friends**(CH) 2:00 Cribbage (CH) 6:30 Game Night (CH)	9:00 Saubel's/Bank Run (OFF) 6 10:00 Move! (CH) 11:00 Amish Market Shopping **(OFF) 12:00 Pinochle (CH) 1:00 Singalong with Joan (ZP)	10:30 Bingo **(CH) 1:00 Virtual Vacation "Yellowstone" 7 **(CH) 3:00 Wii Bowling & Ping Pong (CH)	8
9 1:00 Communion Service (ZP)(GR)	11:00 Board Game Day (CH) 10 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH) 10:00 PARCR Presentation (CH)	11 10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 12:00 Pinochle (CH) 3:00 Home Interest **(CH)	12 9:00 Shopping Giant (OFF) 1:00 Catholic Mass (ZP)(GR) 2:00 Cribbage (CH) 6:30 Game Night (CH)	13 9:00 Saubel's/Bank Run (OFF) 10:00 Move! (CH) 9:30 Arundel Mills Mall **(OFF) CD 8/11 12:00 Pinochle (CH) 1:00 Singalong with Joan (ZP)	14 3:00 Wii Bowling & Ping Pong (CH)	15 7:00 Inspire Big Band **(OFF) CD 8/10
16	11:00 Board Game Day (CH) 17 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)	18 10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 12:00 Pinochle (CH) 5:30 Summer Carnival **(CH) CD 8/13	19 9:00 Shopping Giant (OFF) 1:00 Craft Corner "Painted Bird Houses" **(CH) 2:00 Cribbage (CH) 6:30 Game Night (CH)	20 9:00 Saubel's/Bank Run (OFF) 10:00 Move! (CH) 12:00 Pinochle (CH) 1:00 Singalong with Joan (ZP) 4:30 Crab Feast **(OFF)\$\$ CD 8/7	21 3:00 Wii Bowling & Ping Pong (CH) 3:00 Magic Show **(ZP)(GR)	22
23 1:00 Communion Service (ZP)(GR)	24 11:00 Board Game Day (CH) 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH) 5:00 Pizza & Movie "Mrs Doubtfire" 24 **(CH) \$\$ CD 8/21	25 10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 12:00 Pinochle (CH) 5:00 Birthday Dinner**(CH)\$\$ CD 8/21	26 9:00 Shopping Giant (OFF) 2:00 Cribbage (CH) 6:30 Game Night (CH) 9:30 National Civil War Museum 26 **(OFF)\$\$ CD 8/21	27 9:00 Saubel's/Bank Run (OFF) 10:00 Move! (CH) 12:00 Pinochle (CH) 1:00 Singalong with Joan (ZP)	28 2:00 Great Dis "How to Make Stress Your Friend" **(CH) 3:00 Wii Bowling & Ping Pong (CH)	29
30 1:00 Communion Service (ZP)(GR)	31 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)					