November 2026 Independent Living Programs & Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:00 Communion Service (ZP)(GR)	**2** 11:00 Board Game Day (CH) 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)	**3** 10:15 RLA Meeting (CH) 10:00 Move (CH) 11:00 Blood Pressure Clinic (ZP) 12:00 Pinochle (CH)	**4** 9:00 Shopping Giant (OFF) 10:00 Garden Club “Wreath Making” **(CH) 9/2 1:00 Catholic Mass (ZP) (GR) 2:00 Cribbage (CH) 6:30 Game Night (CH)	**5** 9:00 Grocery/Bank Run (OFF) 10:00 Move (CH) 12:00 Pinochle (CH) 1:00 Singalong with Joan (ZP)	**6** 9:30 Bible Study (CH) 10:00 Painting 201 (CH) 1:00 Virtual Voyager (CH) 3:00 Wii Bowling & Ping Pong (CH)	**7**
8 1:00 Communion Service (ZP)(GR)	**9** 10:00 Coffee Crumb & Conversation **(CH) 11:00 Board Game Day (CH) 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)	**10** 10:00 Move! (CH) 11:00 Bingo (CH) 11:00 Blood Pressure Clinic (ZP) 12:00 Pinochle (CH) 3:00 Craft Corner “Thanksgiving” **(CH)	**11** 9:00 Shopping Giant (OFF) 1:00 Veterans Day Ceremony (ZP) (GR) 2:00 Cribbage (CH) 4:00 Cocktails & More **(CH) 6:30 Game Night (CH)	**12** 9:00 Grocery/Bank Run (OFF) 9:30 Park City Mall **(OFF) 10:00 Move (CH) 12:00 Pinochle (CH) 1:00 Singalong with Joan (ZP)	**13** 9:30 Bible Study (CH) 10:00 PARCR Meeting (CH) 3:00 Wii Bowling & Ping Pong (CH)	**14**
15 1:00 Communion Service (ZP)(GR)	**16** 11:00 Board Game Day (CH) 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH) 5:00 Pizza & Movie “Planes, Trains & Automobiles” **(CH)$$ CD 11/13	**17** 10:00 Move! (CH) 11:00 Blood Pressure Clinic (ZP) 12:00 Pinochle (CH) 5:00 “Friendsgiving” **(CH)$$ CD 10/11	**18** 9:00 Shopping Giant (OFF) 10:30 Stitch Witchery (CH) 2:00 RLA Meeting (CH) 6:30 Game Night (CH)	**19** 9:00 Grocery/Bank Run (OFF) 10:00 Poinsettia Party **(OFF) 12:00 Pinochle (CH) 12:00 Pinochle (CH) 1:00 Singalong with Joan (ZP)	**20** 9:30 Bible Study (CH) 10:00 Painting 201 (CH) 3:00 Wii Bowling & Ping Pong (CH) 2:30 – 4:00 Open House (ZP)	**21**
22 1:00 Communion Service (ZP)(GR)	**23** 11:00 Board Game Day (CH) 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH	**24** 10:00 Move! (CH) 11:00 Blood Pressure Clinic (ZP) 12:00 Pinochle (CH)	**25** 9:00 Shopping Giant (OFF) 2:00 Cribbage (CH) 6:30 Game Night (CH)	**26** 	**27** 9:30 Bible Study (CH) 3:00 Wii Bowling & Ping Pong (CH) 3:00 Live Music (ZP) (GR)	**28**
29 1:00 Communion Service (ZP)(GR)	**30** 11:00 Board Game Day (CH) 1:00 Book Club (CH) 2:00 Exercise with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH					

SPECIAL PROGRAMS AND EVENTS ON AND OFF CAMPUS

November 6th Virtual Voyager" (Clubhouse) 1 :00 pm Step into the enchanting world of Colonial Williamsburg Christmas Home Tour 2025, where historic charm meets timeless holiday elegance. This immersive journey highlights authentic colonial Christmas decorations, from handcrafted wreaths and natural garlands to candlelit windows glowing against beautifully preserved 18th-century architecture. Visitors are transported into a world of rustic warmth, historic craftsmanship, and natural seasonal decor inspired by early American traditions. This magical celebration showcases top design elements like Williamsburg wreaths, colonial holiday garlands, traditional Christmas interiors, and historic home decor ideas, inspiring viewers to bring these nostalgic touches into their own homes.

November 9th Coffee Crumb & Conversation (Clubhouse) 10:00 am Please join us for a cozy morning of coffee, fresh pastries, and good conversation. Let's take a little time out of our busy lives to catch up, share a few laughs, and enjoy the simple pleasure of gathering.

November 10th Treats & Bingo (Clubhouse) 11 :00 am Always a hit with the residents!

November 12th Park City Mall (Lancaster, PA) 9:30 am A Day of shopping and lunch.

November 16th Pizza & Movie "Planes Trains & Automobiles" (Clubhouse) 5:00 pm Easily excitable Neal Page (Steve Martin) is somewhat of a control freak. Trying to get home to Chicago to spend Thanksgiving with his wife (Laila Robins) and kids, his flight is rerouted to a distant city in Kansas because of a freak snowstorm, and his sanity begins to fray. Worse yet, he is forced to bunk up with talkative Del Griffith (John Candy,) whom he finds extremely annoying. Together they must overcome the insanity of holiday travel to reach their intended destination. Rated - **R Cost: $5.00**

November 17th Friendsgiving Potluck (Clubhouse) 5:00 pm Come together with friends from your family to enjoy our annual Thanksgiving meal. The menu includes turkey, mashed potatoes, gravy and stuffing. Residents can sign up to bring sides, potluck style. Cost: TBD

November 19th White House Nursery Poinsettia Party (Upperco, MD) Guests will have the opportunity to enjoy a guided greenhouse tour, learn simple poinsettia care tips, enjoy light refreshments, browse our holiday gift shop, and experience the greenhouse during one of our favorite times of the year.

Concordia at SpiriTrust Shrewsbury

From Kitty Hawk to the Stars

November is the perfect time to celebrate aviation. National STEM/STEAM Day on November 8 highlights the science and engineering behind flight; Veterans Day on November 11 honors those who have served in the U.S. armed forces; and National Aviation History Month recognizes the remarkable advances that have transformed the way we live.

The story begins on December 17, 1903, near Kitty Hawk, North Carolina. On that windy day, Orville and Wilbur Wright achieved the first sustained, controlled, powered flight of a heavier-than-air aircraft. Orville's first flight lasted just 12 seconds and covered only 120 feet, but it proved that powered flight was possible. Before long, the brothers were making longer, more controlled flights, laying the foundation for modern aviation.

Their achievement was much more than a mechanical breakthrough. It combined science, engineering, mathematics, and careful experimentation—exactly the skills celebrated during National STEM/STEAM Day. The Wright brothers tested hundreds of wing designs in a homemade wind tunnel and solved problems that had frustrated inventors for decades. Their success showed how persistence and innovation can turn an ambitious idea into reality.

Aviation advanced rapidly during the 20th century. Airplanes became increasingly important during World Wars I and II, serving in reconnaissance, transportation, rescue missions, and combat. Veterans Day is an opportunity to recognize the pilots, crews, mechanics, and support personnel whose service helped shape aviation history.

After the wars, commercial aviation expanded dramatically. Air travel connected distant places, boosted trade, delivered emergency supplies, and made international travel routine. The spirit of flight also paved the way for space exploration. Today's astronauts and aerospace engineers continue building on more than a century of aviation advances. National Aviation History Month reminds us that one 12-second flight at Kitty Hawk changed transportation, military history, and exploration forever.