April 2025

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|--|--|--|---|
| | | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Bean Bag Toss (GR) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Crossword Puzzles (GR) 3:00 Dogs & Their Puppies Matching Game (GR) | 9:30 Morning Start-Up (GR) 3 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 2:00 Resident Council (GR) 3:00 Discussion Group: "Cats vs Dogs" (GR) | 9:30 Morning Start-Up (GR) 4 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR) | 9:30 Morning Start-Up (GR) 5 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Word Wheel (GR) 2:00 Movie Matinee: "The April Fools" (GR) |
| 1:00 Worship Service (GR) 6 2:00 Movie Matinee: "Singin' in the Rain" (GR) | 9:30 Morning Start-Up (GR) 7 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Lunch Out to Lion's Pride (FL)(**) 1:00 Fun on the Go with Alec (GR) 3:00 "Jeff Koons & His Balloon Dogs" Presentation (GR) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Singalong with Lona and Trudy (GR) 3:00 Resurrection Eggs (GR) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Play Matinee: "Much Ado About Nothing" (GR) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with J.D. Sage (GR) 6:00 Craft: Salt Paint Flowers (GR) | 9:30 Morning Start-Up (OV)129:45 Exercise (OV)10:00 Catholic Mass (GR)10:30 Trivia (OV)1:00 Hymn Sing with FreedomCommunity Church (L)2:00 Movie Matinee: "The SecretGarden" (GR) |
| 1:00 Palm Sunday Service (GR) 13 2:00 Movie Matinee: "The Natural" (GR) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Natural Egg Dying (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR) | 9:30 Morning Start-Up (GR) 15 9:45 Exercise (GR) 10:30 Adelynn Wood Sings Elvis (GR) 1:00 Fun on the Go with Alec (GR) 2:30 1:1 Cat Visits with Chester (GR)(**) | 9:30 Morning Start-Up (GR) 16 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Crossword Puzzles (GR) 1:00 Shopping at Kohl's (FL)(**) 3:00 Documentary: "Embarrassing Pets" (GR) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Open House with Friends: Gary Bilbie (Room 204) | 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Vintage Easter Candy Taste Test (GR) 6:00 Live Music with North County Bluegrass (GR) | 9:30 Morning Start-Up (GR) 19 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "Easter Parade" (GR) |
| 1:00 Easter Service (GR) 20 2:00 Movie Matinee: "Risen" (GR) | 9:30 Morning Start-Up (GR) 21 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR) | 9:30 Morning Start-Up (GR) 22 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 1:00 Shopping at Walmart (FL) (**) 3:00 Best of "Here's Lucy" (GR) | 9:30 Morning Start-Up (GR) 23 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 "Southern York County" with Chris Boyle (GR) 3:00 Spring Poetry Reading (GR) | 9:30 Morning Start-Up (OV) 24 9:45 Exercise (OV) 10:30 Trivia/Tribonds (OV) 1:00 Piano w/ Joan (L) 1:30 Spring Cleaning Clothing & Home Goods Exchange (GR) | 9:30 Morning Start-Up (GR) 25 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "1960s Red Carpet" (GR) 6:00 Cloud Making Map (GR) | 9:30 Morning Start-Up (GR) 26 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Jeopardy with Julie (GR) 2:00 Movie Matinee: "The Adventures of Milo & Otis" (GR) |
| 1:00 Worship Service (GR) 27 2:00 Movie Matinee: "Pride and Prejudice" (GR) | 9:30 Morning Start-Up (GR) 28 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Craft: "Yarn-Wrapped Kitties and Pups" (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR) | 9:30 Morning Start-Up (GR) 29 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Bowling (GR) | 9:30 Morning Start-Up (GR) 30 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Lunch Out to Viet Thai (FL) (**) 1:00 Crossword Puzzles (GR) 3:00 Documentary: "Extraordinary Women: Hedy Lamarr" (GR) | | SPIRIT360 [®] powering lives through purposeful living. | Key GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required Programs are subject to change |

The Village at Shrewsbury Personal Care Programs & Events



Raining Cats and Dogs

Cats and dogs have long held the title of "humans' best friends," but April shines a special spotlight on their roles in our lives. From cuddly companions to tireless helpers, these animals bring joy and purpose to millions. This month, three events highlight their importance and the incredible humans who support them.



World Stray Animal Day on April 4 reminds us of the countless cats and dogs in need of loving homes. Globally, millions of stray dogs and cats live on the streets or in shelters. Organizations worldwide work to rescue and rehome these animals, giving them a second chance at life. If you've been considering adopting but can't, donating time, money, pet food, or gently used blankets and towels can make a world of difference.

Later in the month, Therapy Animal Day on April 30 celebrates the unique bond between people and therapy animals. Did you know therapy dogs and cats can lower blood pressure and reduce stress levels? These specially trained animals provide comfort and emotional support in hospitals, schools, libraries, and nursing homes. Their calming presence has even been shown to improve recovery times in patients.

Let's not forget Volunteer Appreciation Week, running April 20–26. Behind every happy adoption are volunteers who give their time and hearts to help animals. Whether it's walking dogs, cleaning kennels, or fostering kittens, these heroes make a significant impact. Many shelters report that volunteers contribute thousands of hours each year, saving lives and creating happier futures. This week is a great opportunity to thank them!

This April, whether you're celebrating a beloved pet, supporting therapy animals, or helping stray cats and dogs find homes, take a moment to appreciate the furry friends that make life brighter. And remember, even small acts of kindness can have a major impact.

News From the Welcoming Committee



Feel free to bring donations of gently used clothing or knick-knacks that you would like to get rid of to Life Enrichment. We will organize and display these items in the Gathering Room on April 24th for our second annual Spring Cleaning Exchange!



Birthdays

Wayne Huffman

Nancy Hopkins

Joyce Pennewill

Mary and Wayne met as young teenagers growing up near 29th Street in Baltimore, Maryland. They enjoyed common mutual friends of the neighborhood, and became boyfriend and girlfriend in their teenage years. In 1963, Wayne took Mary to her high school prom, and in 1965 they were married. They have 4 children together, 7 grandchildren and 2 great-grandchildren. They will celebrate their 60th wedding anniversary May 29th of this year!

Wayne worked for the MTA for 42 years, and enjoyed his time off by spending time with his family and doing projects at their home. Both he and Mary share a love for Elvis Presley, but Wayne also loves his Baltimore Orioles, Westerns and Andy Griffith.

Mary worked as an administrator in the records office at Dundalk Community College for 40 years. She loved doing crafts, going shopping, and caring for her family.

Mary and Wayne moved to Zimmerman Place in July of 2022, and we couldn't be happier to have them. When you say them around, be sure to say, "Hello", you will be glad you did!

April 2025

SpiriTrust Lutheran[®] The Village at Shrewsbury

Personal Care Newsletter

Mary & Wayne Huffman **Residents of the Month April 2025**

