


April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Morning Start-Up (GR) 1 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Craft: Painted Pinecone Flowers (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 2 9:45 Chair Yoga (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec & Tess (GR) 3:30 Bowling (GR) 6:00 Golden Oldies Karaoke (GR)	9:30 Morning Start-Up (GR) 3 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Crossword Puzzles (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 4 9:45 Exercise (GR) 10:30 Resident Council (GR) 1:00 Piano w/ Joan (L) 1:00 Library (FL) 3:00 Service Project: Thank-You Notes for Pianists (GR)	9:30 Morning Start-Up (GR) 5 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR)	9:30 Morning Start-Up (GR) 6 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "The April Fools" (GR)
1:00 Worship with Living Hope (GR) 7 2:00 Movie Matinee: "Judy" (GR)	9:30 Morning Start-Up (GR) 8 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (OV)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 9 9:45 Chair Yoga (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec & Tess (GR) 3:30 Bean Bag Toss (GR) 6:00 Country Classics Karaoke (GR)	9:30 Morning Start-Up (GR) 10 9:45 Exercise (GR) 10:30 Trivia (GR) 10:30 Lunch Out to G&M Seafood Restaurant (FL)(**) 1:00 Worship Service (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 11 9:45 Exercise (GR) 10:30 Trivia/Tribonds GR) 1:00 Piano w/ Joan (L) 3:00 Reading Circle: "Then Comes Spring" (GR)	9:30 Morning Start-Up (GR) 12 9:45 Exercise (GR) 10:30 Singalong with Lona and Trudy (GR) 1:00 Bingo (GR) 3:00 Craft: Spring Sun Catchers (GR) 5:30 Live Music with Susquehannock High School Band (Café)	9:30 Morning Start-Up (GR) 13 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: "Elvis" (GR)
1:00 Eternal Life Devotional (GR) 14 2:00 Movie Matinee: "Driving Miss Daisy" (GR)	9:30 Morning Start-Up (GR) 15 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 "Remembering the Titanic" (GR) 3:30 Bingo (GR) 6:00 Sip n' Scratch (GR)	9:30 Morning Start-Up (GR) 16 9:45 Chair Yoga (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec & Tess (GR) 1:00 Shopping at Goodwill (FL)(**) 3:30 Horse Racing (GR) 6:00 Travel to Israel (GR)	9:30 Morning Start-Up (GR) 17 9:45 Exercise (GR) 10:30 Trivia (GR) 10:30 Rosary Circle (OV) 1:00 Worship Service (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 18 9:45 Exercise (GR) 10:30 Trivia/Tribonds GR) 1:00 Piano w/ Joan (L) 1:00 Library (FL) 3:00 Old Baltimore Photo Presentation with Chris Boyle (GR) 6:00 "Paul Revere's Midnight Ride" (GR)	9:30 Morning Start-Up (GR) 19 9:45 Exercise (GR) 10:30 Trivia (GR) 2:00 Live Music with Musical Memories (GR) 3:30 Bingo (GR) 6:00 Comedy Night: Best of "The Andy Griffith Show" (GR)	9:30 Morning Start-Up (GR) 20 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Word Wheel (GR) 2:00 Movie Matinee: "Saving Mr. Banks" (GR)
1:00 Worship with Living Hope (GR) 21 2:00 Movie Matinee: "Charlotte's Web" (GR)	9:30 Morning Start-Up (GR) 22 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (OV)(**) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 23 9:45 Chair Yoga (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec & Tess (GR) 1:00 Shopping at Walmart (FL)(**) 3:30 Focus Games (GR) 6:00 Crooners Karaoke (GR)	9:30 Morning Start-Up (GR) 24 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Men's Group: Lunch Out to Madonna Seafood (FL)(**) 1:00 Worship Service (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 25 9:45 Exercise (GR) 10:15 Old Farmhouse Tea Room (FL)(**) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Crossword Puzzles (GR)	9:30 Morning Start-Up (GR) 26 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "Roaring '20s" 6:00 Comedy Night: Best of "I Love Lucy" (GR)	9:30 Morning Start-Up (GR) 27 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Jeopardy with Julie (GR) 2:00 Movie Matinee: "Being the Ricardos" (GR)
1:00 Worship Service (GR) 28 2:00 Movie Matinee: "Field of Dreams" (GR)	9:30 Morning Start-Up (GR) 29 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 11:30 Spring Brunch (DR) 1:00 Craft: Pressed Flower Bookmarks (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 30 9:45 Chair Yoga (GR) 10:30 Live Music with Adelynn Wood (GR) 1:00 Fun on the Go with Alec & Tess (GR) 3:30 Horse Racing (GR) 6:00 Movie Anthem Karaoke (GR)				Key GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required <i>Programs are subject to change</i>

The Village at Shrewsbury Personal Care Programs & Events



For the Love of Birds

Many have heard of the Audubon Society and know it as an environmental organization dedicated to studying and preserving birds and their natural habitats. The organization is named after John James Audubon, the French American painter of birds who dedicated his life to his unique art. His birthday, April 26, is now celebrated as Audubon Day.



Audubon showed an affinity for birds starting in childhood. He spent hours roaming the countryside, collecting birds' nests and eggs, and drawing them once he returned home. Audubon's father was a sailor and hoped his son would join the navy, so John James went to military school. However, he suffered from seasickness and so returned to the woods.

In 1803, the Napoleonic Wars broke out in France. Audubon's father obtained a fake passport and sent John James to America to avoid the war. It was at his family's farm in Pennsylvania that Audubon devoted himself full-time to the outdoors: hunting, fishing, and drawing birds.

Audubon was obsessed with birds. In an effort to study their habits, he tied string around their legs to see if they returned year after year. He learned the art of taxidermy and worked in natural museums. But his greatest contribution to ornithology was his brilliant book *Birds of America*. He dedicated his life to drawing every single bird in America. His style was new and different: a highly detailed drawing of each bird, more accurate than ever before. His drawings were life-sized, with some pages over three feet tall and two feet wide. After 14 years of traveling the entire country, Audubon drew over 700 species of birds. *Birds of America* is often considered the greatest picture book ever made, and original copies have sold for over \$10 million. How's that for a nest egg?



News From the Welcoming Committee: Tricks from Troy Pt. 4

If you are washing your own laundry, do not set washing machine to "full" if you are only washing a couple of items, as this can cause washing machines to rock.

SpiriTrust Lutheran®

The Village at Shrewsbury

Personal Care Newsletter

Birthdays

Wayne Huffman

4/10

Nancy Hopkins

4/26

Anna Monk

4/26

Joyce Pennewill

4/29

Nancy Clyburn

Resident of the Month April 2024

Nancy was born July 11th, 1939 in Philadelphia, PA. When she was in the sixth grade her family moved to Chicago, where she went on to attend nursing school at Presbyterian St. Luke's.



While Nancy was in school, she met her husband Jim while delivering a newspaper. They were engaged a month later, and got married a year after that. Together they had three children, Ellen, Bill, and Connie. Today Nancy has seven grandchildren, and three great-grandchildren as well.

After she was married, Nancy worked nights as a private duty nurse for about a year. Afterwards, she volunteered throughout her community in many different capacities, including as co-leader of her local Girl Scout Troop for several years. She also volunteered at Oregon Ridge Park in Cockeysville, MD, as well as at Barbara J. Egan Skilled Care Center here on our campus. Nancy and her husband also enjoyed travelling, camping, and canoeing.

Nancy has lived at Zimmerman Place since November of 2022, and we couldn't be happier to have her. You may see Nancy around playing BINGO, or attending our Bible study. When you see Nancy around be sure to say "Hello", you will be glad you did!