

# February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Worship Service (GR) 2:00 Movie Matinee: "Groundhog Day" (GR)	<b>1</b> 9:15 Visit to Utz Terrace Village <b>2</b> Stitchers (FL)(**) 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Craft: "Candygram Trains" (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>3</b> 9:45 Exercise (GR) 10:30 Coffee & Crosswords (GR) 1:00 "Ice" Hockey (GR) 3:00 Service Project: "Thank-You Cards for St. John the Baptist Catholic School" (GR)	9:30 Morning Start-Up (GR) <b>4</b> 9:45 Exercise (GR) 10:30 Trivia/Name 5 (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (OV) <b>5</b> 9:45 Exercise (OV) 10:30 Trivia/Tribonds (OV) 1:00 Piano w/ Joan (L) 2:00 Resident Council (GR) 3:00 Valentine's Poetry Reading (GR)	9:30 Morning Start-Up (GR) <b>6</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR) 8:00 Olympics Opening Ceremony NBC	9:30 Morning Start-Up (GR) <b>7</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 "Historic Places of the Civil Rights Movement" Presentation (GR) 2:00 Movie Matinee: "Song Sung Blue" (GR)
1:00 Worship Service (GR) 2:00 Movie Matinee: "Miracle on Ice" (GR)	<b>8</b> 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>9</b> 9:45 Exercise (GR) 10:30 Trivia (GR) <b>11:00 Brunch Out to the Iron Rooster (FL)(**)</b> 1:00 Singalong with Lona and Trudy (GR) 3:00 Reading Circle: "Who was Bessie Coleman?" (GR)	9:30 Morning Start-Up (GR) <b>10</b> 9:45 Exercise (GR) 10:30 Coffee & Good News (GR) 1:00 Catholic Mass (GR) 1:30 Chair Dancing with Kim (OV) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>11</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 1:00 Bunco Dice Game (GR) 2:00 February Jeopardy with Julie (GR) 3:00 Craft: "Chinese New Year Paper Lanterns" (GR)	9:30 Morning Start-Up (GR) <b>12</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Valentine's Ice Cream Float Social & Cupid's Question Circle (GR)	9:30 Morning Start-Up (GR) <b>14</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: "Runaway Bride" (GR)
1:00 Worship Service (GR) 2:00 Movie Matinee: "Lincoln" (GR)	<b>15</b> 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Bowling (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>16</b> 9:45 Exercise (GR) 10:30 Adelynn Wood Sings Love Songs (GR) 1:00 Documentary: "The Presidents: Washington to Monroe" (GR) <b>1:00 Shopping at Walmart (FL)(**)</b> 3:30 Winter Olympics Surprise (L)	9:30 Morning Start-Up (GR) <b>17</b> 9:45 Exercise (GR) 10:30 Trivia/Name 5 (GR) 10:30 Rosary Circle (OV) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>18</b> 9:45 Exercise (GR) 10:30 Coffee & Crosswords (GR) 1:00 Piano w/ Joan (L) 3:00 Olympic Bean Bag Toss (GR)	9:30 Morning Start-Up (GR) <b>19</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with Peter Senica (GR)	9:30 Morning Start-Up (GR) <b>20</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Virtual Voyager: "New Orleans for Mardi Gras" (GR) 2:00 Movie Matinee: "The Lost Valentine" (GR)
1:00 Worship Service (GR) 2:00 Movie Matinee: "Roman Holiday" (GR)	<b>22</b> 9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>23</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Men at One (GR) <b>1:00 Shopping at Community Aid (FL)(**)</b> 3:00 Movie Matinee: "Glory" (GR) (Rated R)	9:30 Morning Start-Up (GR) <b>24</b> 9:45 Exercise (GR) 10:30 Coffee & Good News (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>25</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 1:00 Bunco Dice Game (GR) 3:00 Open House with Friends: Peggy Kemper	9:30 Morning Start-Up (GR) <b>26</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "Valentines Through the Decades" (GR)	9:30 Morning Start-Up (GR) <b>27</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Reading Circle: "Who was Milton Hershey?" (GR) 2:00 Movie Matinee: "The Notebook" (GR)
				 SPIRIT360® Empowering lives through purposeful living.	<b>Key</b> GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required Programs are subject to change	

The Village at Shrewsbury Personal Care Programs & Events



## Chasing Winter Glory

The 2026 Winter Olympics are headed to the stunning landscapes of northern Italy, bringing together athletes and fans for a celebration of winter sports, culture, and camaraderie. Set across Milan and Cortina d'Ampezzo, the Games promise a picturesque backdrop of snow-capped Dolomite peaks, charming Alpine villages, and historic cities bursting with Italian flair.



At the heart of the Games are the timeless Olympic values: teamwork, perseverance, and friendly rivalry. Whether athletes are coordinating flawless relay passes on the ice, supporting teammates in grueling downhill runs, or striving to shave precious seconds off their times, the Olympics showcase how dedication and collaboration turn individual effort into shared achievement. Even the competition itself, while intense, is framed by respect and admiration, highlighting the joy of challenging oneself and connecting with others from around the world.

For winter sports enthusiasts, the 2026 Olympics also carry a strong sense of nostalgia. Fans will relive the thrill of skiing down glittering slopes, the elegance of figure skating routines, and the exhilaration of sledding through icy tracks. From alpine skiing and snowboarding to speed skating and bobsled, the Games celebrate the full spectrum of winter sports, each steeped in history and tradition.

The Milan-Cortina Olympics offer a rare combination: breathtaking scenery, rich cultural experiences, and the universal language of sport. As nations gather to compete, cheer, and share in this global festival, the event promises to leave lasting memories for athletes and spectators alike. Whether you're drawn by the chance to witness record-breaking performances or simply to enjoy the snowy landscapes and Italian charm, the 2026 Winter Olympics are shaping up to be a spectacular, heartwarming celebration of skill, spirit, and wintertime joy.



## Personal Care Newsletter

### Valentine's Day Survey

1. Who was your first crush, and what made you interested in them?

*Walter Bartel. He liked me as much as I liked him. –Mary*

*Skeeter Yokum. We both loved singing, sports, and riding horses.*

*-Anna Mae*

*Diane. I knew her in 7th grade, she was a nice person. -John D.*

*A Marine— he was handsome as a dog. -Kaye*

*A guy named Bob who I met through my neighbor. He was 4 years older than me. –Sandy*

*My husband. At first I loved his love of learning. He was born deaf and never let it stop him. He had 6 degrees beyond his B.S. I loved how he managed to get anywhere. He became a lawyer twice! -Elaine*

2. If you were married, how did you meet your spouse?

*At a baseball game with mutual friends— it was a blind date. -John D.*

*At a nursing school dance. –Anna Mae*

*On a blind date with my cousin and his girlfriend. We were going to a movie but couldn't get there because of a fire. White Rose Skating Rink burned down that night and we watched the fire instead. We were married 67 years. –Peggy*

*Riding the New Freedom train. -Loretta M.*

*My husband and I were married 2 times. 1957- I was a 20 year old junior at Boston University. He was a 22 year old graduate student. He came over and introduced himself. 2001- The phone rang and when I answered he said "This is Jerry Brill!" I really could have fainted. He had hired a private detective to find me. He found me in Baltimore but thought I'd never leave Massachusetts. We talked for a few hours and caught up on 41 years. -Elaine*

*(cont. inside)*



Janice Waters

Liz Schaeffer