



July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div></div>		9:30 Morning Start-Up (GR) 1 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 "How Much Did It Cost?" (GR) 3:00 Bean Bag Toss (GR)	9:30 Morning Start-Up (GR) 2 9:45 Exercise (GR) 10:30 Walking Wednesday & Garden Tour (GR) 1:00 Singalong with Lona and Trudy (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 3 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 2:00 Resident Council (GR) 3:00 Reading Circle: "Changing Seasons" (GR)	9:30 Morning Start-Up (GR) 4 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Piano with Linda (GR) 2:00 Movie Matinee: "Yankee Doodle Dandy" (GR) <div><i>Fourth of July</i> </div>	1:00 Jeopardy with Julie (GR) 5 2:00 Movie Matinee: "61" (GR)	
	1:00 Worship Service (GR) 6 2:00 Movie Matinee: "Mr. Smith Goes to Washington" (GR)	9:30 Morning Start-Up (GR) 7 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Kitchen Korner: Ice Cream in a Bag (OV) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 8 9:45 Exercise (GR) 10:30 Trivia (GR) 12:45 Trip Out to Greenmount Bowling (FL)(**) 1:00 Matching Games (GR) 3:00 Remembering the Moon Landing (GR)	9:30 Morning Start-Up (GR) 9 9:45 Exercise (GR) 11:00 Pig Visits with Birch (L) 1:00 Catholic Mass (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 10 9:45 Exercise (GR) 10:30 Live Music with Danny Dolan (GR) 11:00 Lunch Out to the Old Farmhouse Tea Room (FL)(**) 1:00 Piano w/ Joan (L) 3:00 Crossword Puzzles (GR)	9:30 Morning Start-Up (GR) 11 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Ice Cream Float Social (GR)	9:30 Morning Start-Up (GR) 12 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: "Overboard" (GR)
	1:00 Worship Service (GR) 13 2:00 Movie Matinee: "The Help" (GR)	9:30 Morning Start-Up (GR) 14 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 15 9:45 Exercise (GR) 10:30 Live Music with Adelynn Wood (GR) 1:00 Shopping at Walmart (FL)(**) 3:00 Documentary: "Is It Cake?" (GR)	9:30 Morning Start-Up (GR) 16 9:45 Exercise (GR) 10:30 Walking Wednesday & Garden Tour (GR) 10:30 Rosary Circle (OV) 1:00 Open House with Friends: Elaine Brill (Room 129) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 17 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 1:00 Country Drive & Ripleigh's Ice Cream (FL)(**) 3:00 Documentary: "Gardener's World- Building a Pond" (GR)	9:30 Morning Start-Up (GR) 18 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Succulent Planting (GR) 6:00 Live Music with the Red Lion Felton Band (Café)	9:30 Morning Start-Up (GR) 19 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "Fly Me to the Moon" (GR)
	1:00 Worship Service (GR) 20 2:00 Movie Matinee: "Hidden Figures" (GR)	9:30 Morning Start-Up (GR) 21 9:45 Exercise (GR) 10:30 Moon & Solar System Trivia (GR) 1:00 Craft: Watercolor Moon Paintings (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 22 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Virtual Voyager: Journey Through the Solar System (GR) 3:00 Bowling (GR)	9:30 Morning Start-Up (GR) 23 9:45 Exercise (GR) 10:30 Walking Wednesday & Garden Tour (GR) 1:00 Crossword Puzzles (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 24 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 11:00 Lunch/Shopping at the Amish Markets (FL)(**) 1:00 Piano w/ Joan (L) 3:00 Movie Matinee: "Bus Stop" (GR)	9:30 Morning Start-Up (GR) 25 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "Born on the 4th of July" (GR)	9:30 Morning Start-Up (GR) 26 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Word Wheel (GR) 2:00 Documentary: "For All Mankind" (GR)
1:00 Worship Service (GR) 27 2:00 Movie Matinee: "Dolly Parton's Coat of Many Colors" (GR)	9:30 Morning Start-Up (GR) 28 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (OV) 29 9:45 Exercise (OV) 10:30 Trivia (OV) 1:00 Reading Circle: Who was Neil Armstrong?" (OV) 3:00 Play Matinee: "A Midsummer Night's Dream" (GR)	9:30 Morning Start-Up (GR) 30 9:45 Exercise (GR) 10:30 Walking Wednesday & Garden Tour (GR) 1:00 Summer Poetry Reading (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 31 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Craft: Homemade Garden Stakes (GR) 4:00 Trip Out to Dutch Apple Dinner Theatre: "Wizard of Oz" (FL)(**)	<div>Key GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required <i>Programs are subject to change</i></div>		

The Village at Shrewsbury Personal Care Programs & Events



July 20, 1969: One Giant Leap For Mankind

July 1969. It's a little over eight years since the flights of Gagarin and Shepard, followed quickly by President Kennedy's challenge to put a man on the moon before the decade is out. It is only seven months since NASA made a bold decision to send Apollo 8 all the way to the moon on the first manned flight of the massive Saturn V rocket. Now, on the morning of July 16, Apollo 11 astronauts Neil Armstrong, Buzz Aldrin and Michael Collins sit atop another Saturn V at Launch Complex 39A at the Kennedy Space Center. The three-stage 363-foot rocket will use its 7.5 million pounds of thrust to propel them into space and into history.

At 9:32 a.m. EDT, the engines fire and Apollo 11 clears the tower. About 12 minutes later, the crew is in Earth orbit. After one and a half orbits, Apollo 11 gets a "go" for what mission controllers call "Translunar Injection" – in other words, it's time to head for the moon. Three days later the crew is in lunar orbit. A day after that, Armstrong and Aldrin climb into the lunar module *Eagle* and begin the descent, while Collins orbits in the command module *Columbia*. Collins later writes that *Eagle* is "the weirdest looking contraption I have ever seen in the sky," but it will prove its worth.

When it comes time to set *Eagle* down in the Sea of Tranquility, Armstrong improvises, manually piloting the ship past an area littered with boulders. During the final seconds of descent, *Eagle*'s computer is sounding alarms. It turns out to be a simple case of the computer trying to do too many things at once, but as Aldrin will later point out, "unfortunately it came up when we did not want to be trying to solve these particular problems."

When the lunar module lands at 4:17 p.m EDT, only 30 seconds of fuel remain. Armstrong radios "Houston, Tranquility Base here. The Eagle has landed." Mission control erupts in celebration as the tension breaks, and a controller tells the crew, "You got a bunch of guys about to turn blue, we're breathing again." Armstrong will later confirm that landing was his biggest concern, saying "the unknowns were rampant," and "there were just a thousand things to worry about."

At 10:56 p.m. EDT Armstrong is ready to plant the first human foot on another world. With more than half a billion people watching on television, he climbs down the ladder and proclaims: "That's one small step for a man, one giant leap for mankind."

Aldrin joins him shortly, and offers a simple but powerful description of the lunar surface: "magnificent desolation." They explore the surface for two and a half hours, collecting samples and taking photographs. They leave behind an American flag, a patch honoring the fallen Apollo 1 crew, and a plaque on one of *Eagle*'s legs. It reads, "Here men from the planet Earth first set foot upon the moon. July 1969 A.D. We came in peace for all mankind." Armstrong and Aldrin blast off and dock with Collins in *Columbia*. Collins later says that "for the first time," he "really felt that we were going to carry this thing off."

The crew splashes down off Hawaii on July 24. Kennedy's challenge has been met. Men from Earth have walked on the moon and returned safely home. In an interview years later, Armstrong praises the "hundreds of thousands" of people behind the project. "Every guy that's setting up the tests, cranking the torque wrench, and so on, is saying, man or woman, 'If anything goes wrong here, it's not going to be my fault.'" In a post-flight press conference, Armstrong calls the flight "a beginning of a new age," while Collins talks about future journeys to Mars.

Over the next three and a half years, 10 astronauts will follow in their footsteps. Gene Cernan, commander of the last Apollo mission leaves the lunar surface with these words: "We leave as we came and, God willing, as we shall return, with peace, and hope for all mankind."

News From the Welcoming Committee

Interested in participating in this month's play? We will need actors, as well as prop organizers for "backstage". If interested, please contact Life Enrichment for a full list of opportunities!



Personal Care Newsletter

Loretta Mellinger

Resident of the Month July 2025

Loretta Mellinger

Laura Heineman

Connie Roller

Gary Bilbie

Helen Butz

Kathy Lever

Jim Parks

Loretta Mellinger was born July 2nd in Wynona, Oklahoma. When she was 18 months old, her family moved to the Sparks, MD area. She graduated from Sparks High School in 1948.



After high school, Loretta started attending business college in Baltimore, studying typing and shorthand. On the train one day, she met a conductor named Russell. They were married on November 20th, 1954.

Loretta and her husband had three children, Russell Jr., Scott, and Peggy. Today she has eight grandchildren and three great-grandchildren. Loretta always enjoyed being outdoors, gardening and hiking. She also loves animals, especially dogs. She was always very involved in her church as well, teaching Sunday school, and helping out wherever needed. She has been a long time member of St. John's Lutheran Church in New Freedom.

Loretta moved to Zimmerman Place in August of 2024, and we couldn't be happier to have her. You might see her around playing bingo, working on a craft, or attending our live music. When you see Loretta around, be sure to say, "Hello!", you will be glad you did!