## **SPECIAL EVENTS**

July 2<sup>nd</sup> Star Bright Lavender Farm (White Hall, MD) 11:00 am Visit a certified Organic Lavender Farm growing aromatic lavender. Their barn market is full of incredibly unique gifts and other herbal infused skincare items and medicinal herbs with an emphasis on Lavender. Cost: \$20.00

July 3<sup>rd</sup> Celebrate the 4th of July with a Picnic (Clubhouse) 2:00 Join us for an Independence Day cookout! Enjoy BBQ pork ribs, corn on the cob, baked beans, coleslaw, watermelon, and red, white and blue kabobs. Cost: \$17.00

July 11<sup>th</sup> Virtual Voyager "Crete Greece" (Clubhouse) 2:00 pm Crete is the largest and most populous island in Greece. Crete is one of the most popular holiday destinations in Greece, famous for its beaches and ancient ruins. Around 5 million tourists travel to Crete each year. Crete bounds the southern border of the Aegean Sea, with the Sea of Crete to the north and the Libyan Sea to the south. Crete has a population of 650,000 and Heraklion is its capital and largest city. Other notable cities are Chania, Rethymno, Ierapetra, Sitia and Agios Nikolaos.

July 14<sup>th</sup> Great Discussions "Do You Talk to Yourself" (Clubhouse) 2:00 pm Your inner voice is a powerful tool for self-reflection and planning, but it can also trap you in negative thought loops — "chatter," as psychologist and neuroscientist Ethan Kross calls it. He shares tips for quieting the less helpful aspects of the voice inside your head as well as how to harness chatter to overcome doubt, enhance your focus and transform your well-being.

July 21<sup>st</sup> Pizza & Movie "Funny Farm" (1989) (Clubhouse) 5:00 pm A couple swap city life for the country, but their picturesque new hometown turns out to be just a little bit different to what they were expecting. Rated PG Cost: \$5.00

July 22nd Lincoln Coffin Tour (Red Lion, PA) 10:30 am Only five replicas were ever made by Batesville Casket Company in Indiana. These are solid walnut, covered in black broadcloth, with a white satin interior and silver-colored handles and studs—faithful to the original 1865 design, though without the lead lining or silver lid plate. Cost: \$Free

July 23<sup>rd</sup> Sounds of Summer "The Fabulous Hubcaps" Springettsbury Township Park (York, PA) 6:00 pm One of the most sought-after Nostalgia Rock 'n Roll Dance and Show Groups in the country, The Fabulous Hubcaps have been captivating audiences since their inception in 1974 as "Harvey Hubcap and the Do Ron Ron". Please bring a folding chair! Cost: \$Free

July 29<sup>th</sup> Julius Sturgis Pretzel Bakery Tour (Lititz, PA) 10:15 am Tour the original pretzel bakery, get a hands-on lesson in pretzel twisting using a flour & water mixture, & observe our bakers twisting oldfashioned soft pretzels by hand. Shop for delicious treats and souvenirs in their bakery store Cost: \$6.00

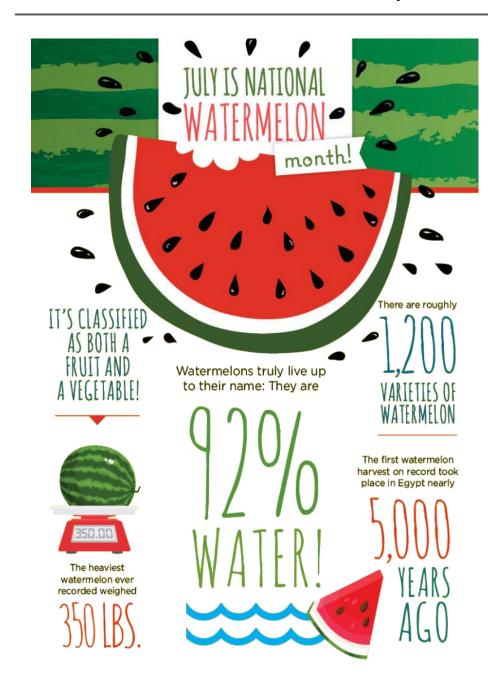
July 30<sup>th</sup> Shriver House (Gettysburg, PA) 9:30 am The Shriver House Museum in Gettysburg, Pennsylvania, offers a unique perspective on the Civil War by focusing on the civilian experience during the Battle of Gettysburg. Located at 309 Baltimore Street, this meticulously restored 1860s home was once the residence of George and Hettie Shriver and their two daughters, Sadie and Mollie. Built in 1860 as a residence and business—'Shriver's Saloon & Ten-Pin Alley'—the house stands as a testament to the impact of the war on everyday life. Cost: \$14.00

July 31st Dutch Apple Dinner Theater (Lancaster, PA) 4:15 pm Follow the yellow brick road in this delightful stage adaptation of the timeless tale about Dorothy Gale, a farm girl, who travels from Kansas and over the rainbow to the magical land of Oz. Join Dorothy, Toto and their friends the Cowardly Lion, Tin Man and Scarecrow in their adventures through Munchkin Land, the Haunted Forest and the Emerald City – only to find there is no place like home! Hear classic songs from the iconic MGM score including "Somewhere Over the Rainbow," "Off to See the Wizard," and "If I Only Had a Brain." Cost: \$78.00



## Lifestyle Newsletter

**July 2025** 





The following programs are regularly scheduled on a weekly basis								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
1:00 Communion Service (ZP)(GR)	9:30 Yoga with Kim (CH)	10:00 Move! (CH)	9:00 Shopping Giant (OFF)	9:00 Sauble's/Bank Run (OFF)	3:00 Wii Bowling & Ping Pong (CH)			
	3:00 Wii Bowling & Ping Pong (CH	3:00 Wii Bowling & Ping Pong (CH 11:00 Blood Pressure Clinic (WS)	2:00 Cribbage (CH)	10:00 Move! (CH)				
		1:00 Pinochle (CH)		1:00 Singalong with Joan (ZP)				
		3:00 Exercise with Alec (CH)						

## JULY 2025

JULI ZUZJ		Additional prog	rams & events scheduled for t	he month of July		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more details on any of the programs, please refer to the page listed next to event. This will direct you to the page in your Inspirations catalog.	Program additions or changes since catalog was published are in <b>bold</b> . Program offerings are subject to change.	1 10:15 RL Board Meeting (CH)	11:00 Flower & Garden Club Tour to Star Bright Lavendar Farm **(OFF) \$\$ CD 6/25	3 2:00 July 4 <sup>th</sup> Cookout **(CH) \$\$ CD 7/26	HAPPY Hth of July	5
6	7 11:00 Board Game Day (CH)	1:00 Ice Cream Social **(CH) CD 7/8	9 1:00 Trivia with Friends **(CH) 1:00 Service Project "Our Neighbors Foundation" (CH) 4:00 Yellow Barn Tavern**(OFF) CD 7/7	1:00 Bingo **(CH)	2:00 Virtual Voyager "Crete Greece" **(CH)	10:00 Catholic Mass (GR)(ZP)
13	10:30 Bingo **(CH)  1:00 Great Discussions "Do you Talk to Yourself" **(CH)	2:00 Social Life Committee Meeting (CH)	10:00 Stitch Witchery (CH) 2:00 RLA Meeting (CH)	17 1:00 Tech Skills & Learning (CH) 2:00 Cooking with Chemistry**(CH) CD 7/14 4:00 Cocktails and More & Karaoke**(CH) CD 7/15	10:00 Painting (CH) 6:00 Red Lion Felton Band **(CH) CD 7/15	19
20	11:00 Board Game Day (CH) 5:00 Pizza & Movie "Funny Farm" **(CH)\$\$ CD 7/18	10:30 Lincoln Coffin Exhibit **(OFF) CD 7/18 2:00 Dining Committee Meeting (CH)	1:00 Craft Corner "Homemade Vanilla" (CH) CD 7/18 6:00 Springettsbury Park "Sounds of Summer" **(OFF) CD 7/18	24	25	26
27	1:30 Book Club **(CH)	10:15 Julius Sturgis Pretzel Bakery **(OFF) \$\$ CD 7/23	9:30 Shriver House**(OFF) \$\$ CD 7/22	4:15 Dutch Apple Dinner Theater "The Wizard of Oz**(OFF) \$\$ CD 7/28	Key: RR- Registration Required CH – Club House ZP – Zim WS – Wellness Suite GR	