

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Worship Service (GR) 1 2:00 Movie Matinee: "Cinderella" (GR)	9:30 Morning Start-Up (GR) 2 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Craft: "Painting St. Patrick's Bouquets" (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 3 9:45 "Forever Fit" Exercise (GR) 10:30 Coffee & Crosswords (GR) 1:00 Men at One (GR) 1:00 Shopping at Shrewsbury Antiques (FL)(**) 3:00 Documentary: "The Presidents Pt 2: J.Q. Adams to Polk" (GR)	9:30 Morning Start-Up (GR) 4 9:45 Chair Exercise (GR) 10:30 Trivia/Name 5 (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 5 9:45 Stronger Seniors Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 2:00 Resident Council (GR) 3:00 Reading Circle: "Classic Fairy Tales" (GR)	9:30 Morning Start-Up (GR) 6 9:45 "Sit and Be Fit" Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR)	9:30 Morning Start-Up (GR) 7 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Star of the Month: "Audrey Hepburn" Presentation (GR) 2:00 Movie Matinee: "The Sound of Music" Pt. 1
1:00 Worship Service (GR) 8 2:00 Movie Matinee: "The Sound of Music" Pt. 2	9:30 Morning Start-Up (GR) 9 9:45 Chair Exercise (GR) 10:30 Trivia with Dominic (GR) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 10 9:45 "Forever Fit" Exercise (GR) 10:30 Trivia (GR) 11:00 Brunch Out to the Iron Rooster (FL)(**) 1:00 Singalong with Lona and Trudy (GR) 3:00 Movie Matinee: "Footloose" (GR)	9:30 Morning Start-Up (GR) 11 9:45 Chair Exercise (GR) 10:30 Trivia/Name 5 (GR) 1:00 Catholic Mass (GR) 1:30 Chair Dancing with Kim (OV) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 12 9:45 Stronger Seniors Exercise (GR) 10:30 Coffee & Good News (GR) 1:00 Piano w/ Joan (L) 1:00 Bunco Dice Game (GR) 2:00 1:1 Cat Visits with Chester (CR)(**) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 13 9:45 "Sit and Be Fit" Exercise (GR) 10:30 Faith Break (GR) 1:30 "The Quiet Man" & St. Patrick's Casino Day (GR)	9:30 Morning Start-Up (GR) 14 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Jeopardy with Julie (GR) 2:00 Movie Matinee: "Darby O'Gill and the Little People" (GR)
1:00 Worship Service (GR) 15 2:00 Movie Matinee: "Pot O' Gold" (GR)	9:30 Morning Start-Up (GR) 16 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Kitchen Korner: "Chocolate Covered Oreo Frogs" (OV) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 17 9:45 "Forever Fit" Exercise (GR) 10:30 Adelynn Wood Sings "Have 'Hat It!" (GR) 1:00 Documentary: "Celtic Woman: The Greatest Journey" (GR) 1:00 Shopping at Walmart (FL)(**) 3:30 Reading Circle: "In the Night Kitchen" & Other Stories (GR)	9:30 Morning Start-Up (GR) 18 9:45 Chair Exercise (GR) 10:30 Trivia/Name 5 (GR) 10:30 Rosary Circle (OV) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 19 9:45 Stronger Seniors Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Reading Circle: "Who is Malala Yousafzai?" (GR)	9:30 Morning Start-Up (GR) 20 9:45 "Sit and Be Fit" Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with Peter Senica (GR)	9:30 Morning Start-Up (GR) 21 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: "My Fair Lady" (GR)
1:00 Worship Service (GR) 22 2:00 Movie Matinee: "The Princess Bride" (GR)	9:30 Morning Start-Up (GR) 23 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 24 9:45 "Forever Fit" Exercise (GR) 10:30 Trivia (GR) 1:00 Craft: Stained Glass Easter Cross (OV) 3:00 Fairy Tale Tea Party (GR)	9:30 Morning Start-Up (GR) 25 9:45 Chair Exercise (GR) 10:30 Coffee & Good News (GR) 1:00 Shopping at Rural King (FL)(**) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 26 9:45 Stronger Seniors Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Opening Day Baseball Game & Party (GR) 3:00 Open House with Friends: Loretta Mellinger	9:30 Morning Start-Up (GR) 27 9:45 "Sit and Be Fit" Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "Irish Festival" (GR)	9:30 Morning Start-Up (GR) 28 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "Three Men and a Baby" (GR)
1:00 Palm Sunday Service (GR) 29 2:00 Movie Matinee: "Lilies of the Field" (GR)	9:30 Morning Start-Up (GR) 30 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Craft: "Fairy Tale Houses" (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 31 9:45 "Forever Fit" Exercise (GR) 10:30 Coffee & Crosswords (GR) 1:00 Bowling (GR) 3:00 Virtual Voyager: "London Then and Now" (GR)				<p>Key</p> <ul style="list-style-type: none"> GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required <p><i>Programs are subject to change</i></p>

Fairy Tales: What Are They, and Why Are They Important?

Excerpt from writer George L. Thomas

Whether you grew up reading them or watching movies based on them, you're probably familiar with fairy tales. But what is a fairy tale, and why are they so important?

What is a Fairy Tale?

A fairy tale is a type of short story that typically features magical creatures like fairies, goblins, trolls, and witches (hence the name "fairy tale") and often, but not always, ends happily ever after.



These stories began as oral traditions, passed down from generation to generation by word of mouth long before the written word. In fact, stories such as Beauty and the Beast and Rumpelstiltskin are thought to be around 4,000 years old but are by no means the oldest.

Fairy tales usually fall into two categories: wonder tales or moral tales. Wonder tales are stories where the objective is to inspire awe and wonder in the reader. These stories often have supernatural elements and focus on the hero's journey. On the other hand, moral tales aim to teach lessons about how to be a good person and how the world works. Both types can be found in both oral and written forms.

Why Are Fairy Tales Important?

Fairy tales address universal themes relevant to people of all cultures and ages. For example, many fairy tales explore the struggle between good and evil and right and wrong. They also teach valuable life lessons, such as the importance of being kind and persistent in following your dreams. Additionally, fairy tales often contain magic and other elements that can help spark imagination in children, which is vital for mental development and well-being.

On a broader scale, fairy tales often reflect the worldview of the cultures, places and times they were written and can teach us a lot about history. They can also be used as social commentary, acting as a mirror to the society and time a tale was written. For example, in Charles Perrault's version of Cinderella, the author explores class and social mobility in 17th-century France, where the story's namesake – Cinderella – ends up leaving her life as a servant to her stepmother and stepsisters for a better life after marrying a prince.

Modern Fairy Tales

Fairy tales in the modern era are often quite different from their earlier counterparts. Where once, they were used to reinforce traditional gender roles and social norms, such as women needing to find true love and be married off in order to live full lives, today's fairytales are much more diverse in their characters, subject matter and audience. Nevertheless, they still retain the ability to captivate readers and listeners of all ages with their blend of magic, adventure, and romance, and probably always will because, let's face it, who doesn't enjoy a good fairy tale?

Personal Care Newsletter



John Dreisch

The familiar hymns says, "I have decided to follow Jesus." But what exactly does that mean? I recently came across this explanation:

"Following Jesus is not about finding ourselves or even seeking the meaning of life. It is about opening our eyes to the world around us, to see the need of our neighbor, to pick up on the unspoken cues the longing behind the smile the spark that is no longer there extinguished when hope took flight. It is about recognizing our kinship with the man and his dog begging on the city steps, or the young woman sitting in the shop doorway, or the elderly veteran whose once proud bearing is now stooped and dejected. Following Jesus does not require us to travel far physically, but to take huge steps in our understanding of our sisters and our brothers who make this pilgrimage with us, to bear their burdens and lighten the load with love and grace lived out in mercy and compassion, with steps more faltering than sure and a hunger born of justice. Is not this the fast that God chooses?"

God, help us to bring light into all the darkness of life, spreading hope for a better world, a world where justice is made real by Your children living together in harmony. Help us to bring salt into the blandness of life, encouraging vitality and joy in living in a world that dares to hope for the future that You promise where all Your children will know themselves loved and valued and treasured, created in Your image, bringing You glory forever. Amen".

Wishing Everyone a Happy and Healthy March,

~Chaplain Melissa