



# May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>Key</b>            GR—Gathering Room            OV—Orchard View            FW—Freedom Way            FL—Front Lobby            L—Library            DR—Dining Room            CR—Conference Room            ** — Sign-up Required  <i>Programs are subject to change</i></p>	9:30 Morning Start-Up (GR) <b>1</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 10:30 Rosary Circle (OV) 1:00 Crossword Puzzles (GR) 3:00 Live Music with Danny Dolan (GR)	9:30 Morning Start-Up (GR) <b>2</b> 9:45 Exercise (GR) 10:30 Resident Council (GR) 1:00 Piano w/ Joan (L) <b>1:00 Library (FL)</b> 3:00 Bowling (GR)	9:30 Morning Start-Up (GR) <b>3</b> 9:45 Exercise (GR) 10:15 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR) 5:30 Comedy Night: Best of "The Beverly Hillbillies" (GR)	9:30 Morning Start-Up (GR) <b>4</b> 9:45 Exercise (GR) 10:30 Catholic Prayer Service with Communion (GR) 1:00 Word Wheel (GR) 2:00 Movie Matinee: "The King's Speech" (GR) 6:57 Kentucky Derby CBS
1:00 Worship Service (GR) <b>5</b> 2:00 Movie Matinee: "The Fortune Cookie" (GR)	9:30 Morning Start-Up (GR) <b>6</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)** 3:30 Bingo (GR) 6:00 Piano Recital with Jimmy (L)	9:30 Morning Start-Up (GR) <b>7</b> 9:45 Chair Yoga (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec & Tess (GR) 3:00 Reading Circle: "Fables and Fairy Tales" (GR) 5:30 Elvis Presley Karaoke (GR)	9:30 Morning Start-Up (GR) <b>8</b> 9:45 Exercise (GR) 10:30 Trivia (GR) <b>10:30 Lunch Out to the Greenfield Restaurant (FL)**</b> 1:00 Singalong with Lona and Trudy (GR) 3:00 Painting Plant Pots (GR)	9:30 Morning Start-Up (GR) <b>9</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Horse Racing (GR)	9:30 Morning Start-Up (GR) <b>10</b> 9:45 Exercise (GR) 10:15 Faith Break (GR) 1:00 Bingo (GR) 3:00 Mother's Day Tea (GR) 5:30 Comedy Night: Best of "Seinfeld" (GR)	9:30 Morning Start-Up (GR) <b>11</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: "Hans Christian Anderson" (GR)
1:00 Worship Service (GR) <b>12</b> 2:00 Movie Matinee: "Hope Springs"	9:30 Morning Start-Up (GR) <b>13</b> 9:45 Exercise (GR) 10:30 Live Music with Adelynn Wood (GR) 1:00 Craft: Lavender Painting (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>14</b> 9:45 Chair Yoga (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec & Tess (GR) 3:00 Name That Tune (GR) 5:30 1970s Hits Karaoke (GR)	9:30 Morning Start-Up (OV) <b>15</b> 9:45 Exercise (OV) 10:30 Trivia (OV) 1:00 Crossword Puzzles (OV) 3:00 Planting Flowers and Succulents (OV)	9:30 Morning Start-Up (GR) <b>16</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) <b>10:30 Lunch/Shopping at the Amish Market (FL)**</b> 1:00 Piano w/ Joan (L) 3:00 "Old Baltimore" with Chris Boyle (GR)	9:30 Morning Start-Up (GR) <b>17</b> 9:45 Exercise (GR) 10:15 Faith Break (GR) 1:00 Bingo (GR) 3:00 Bean Bag Toss (GR) 5:30 Comedy Night: Best of "The Carol Burnett Show" (GR)	9:30 Morning Start-Up (GR) <b>18</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "Footloose" (GR) 6:50 Preakness NBC
1:00 Worship Service (GR) <b>19</b> 2:00 Piano Recital (GR)	9:30 Morning Start-Up (GR) <b>20</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)** 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>21</b> 9:45 Chair Yoga (GR) 10:30 Trivia (GR) <b>11:00 Lunch Out to Pappas Restaurant (FL)**</b> 1:00 Fun on the Go with Alec & Tess (GR) 3:00 Word Tiles (GR) 5:30 Golden Oldies Karaoke (OV)	9:30 Morning Start-Up (GR) <b>22</b> 9:45 Exercise (GR) 10:30 Trivia (GR) <b>1:00 Shopping at Walmart (FL)**</b> 1:00 Documentary: "Where America Began" (GR) 3:30 Reading Circle: "The Pony Cart Adventure" (GR)	9:30 Morning Start-Up (GR) <b>23</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Focus Games (GR)	9:30 Morning Start-Up (GR) <b>24</b> 9:45 Exercise (GR) 10:15 Faith Break (GR) 11:30 Community Picnic (Café) 1:00 Bingo (GR) 3:00 Craft: Memorial Day Wreath (GR) 5:30 Comedy Night: Best of the Opry: "June Carter Cash" (GR)	9:30 Morning Start-Up (GR) <b>25</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Word Wheel (GR) 2:00 Movie Matinee: "Hairspray" (GR)
1:00 Worship Service (GR) <b>26</b> 2:00 Movie Matinee: "Letters to Juliet" (GR)	1:00 Patriotic Singalong (GR) <b>27</b> 3:00 Memorial Day Color & Chat (GR) 6:00 A Memorial Day Reading: "21 Steps" (GR)	9:30 Morning Start-Up (GR) <b>28</b> 9:45 Chair Yoga (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec & Tess (GR) 3:30 Bingo (GR) 5:30 Soul Standards Karaoke (GR)	9:30 Morning Start-Up (GR) <b>29</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Crossword Puzzles (GR) 3:00 Bible Study with Debbie (GR)	9:30 Morning Start-Up (GR) <b>30</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 12:30 Pattern Challenge (GR)** 1:00 Hangman (L) 3:00 Springtime Sip N' Reminisce (GR)	9:30 Morning Start-Up (GR) <b>31</b> 9:45 Exercise (GR) 10:15 Faith Break (GR) 1:00 Bingo (GR) 2:00 Piano w/ Joan (L) 3:00 Birthday Party with Mick Cochran: "Merry Month of May" (GR) 5:30 Comedy Night: Best of "I Love Lucy" (GR)	<i>Weather-Contingent Programs: We will be planting tomatoes and flowers outside this month— if you are interested in helping (or watching!), let activities staff know, and we will inform you when we start!</i> 

## Swinging Through Time

What is jazz music without the Lindy Hop? Born in Harlem, New York, in the 1920s and '30s, the Lindy Hop combined jazz, tap dancing, and the Charleston to become one of the most beloved forms of swing dancing in the world. On May 26, World Lindy Hop Day, aficionados from all around the world will spread the message that the Lindy Hop is not only alive and well but is also one of the world's most joyous and enduring dance styles.



On June 17, 1928, a famed dancer named "Shorty" George Snowden was performing in a dance marathon at the Manhattan Casino ballroom in Harlem. The event was captured on film, and afterward someone asked Shorty to describe his dancing style, which involved breaking away from his partner, flinging her out, and improvising a few steps on his own. Shorty called it the "The Lindy."

Whether Shorty intended it or not, his "Lindy" was forever associated with Charles Lindbergh's flight across the Atlantic Ocean. Lindy, as Lindbergh was called, completed his "hop" in 1927, and the name stuck.

The dance, however, continued to evolve along with jazz music. During the big band era in New York, bandleaders like Count Basie, Chick Webb (at his world-famous Savoy Ballroom), and Benny Goodman led orchestras that encouraged dancers to Lindy Hop. And dancers didn't just dance—the best competed both formally and informally for bragging rights.

The Lindy Hop made the jump from Harlem's fabulous ballrooms to the mainstream thanks largely to Hollywood. Actor Dean Collins danced the Lindy Hop across the silver screen. Then, when World War II broke out, American servicemen took the Lindy Hop across the globe. In 1943, *Life* magazine called the Lindy Hop America's national folk dance.

### News From the Welcoming Committee



For those interested, we do have a recycling program in place at our building. You can bring items for recycling to the front desk. However, the only items that can be recycled in our county are aluminum cans, plastic bottles (#1,2, & 5), clean newspaper, glass bottles, clean cardboard (NO cereal boxes), and drink cartons.

# Spiritrust Lutheran® The Village at Shrewsbury

## Personal Care Newsletter

Barb Schuessler

Resident of the Month May 2024

### Birthdays

Pat Dircks

5/4

Marvin Naylor

5/14

Kathy Rice

5/19

Jean Hittie

5/22

Barb Schuessler

5/22

Barb Schuessler was born May 22nd, 1941 in Windsor, NJ. She graduated from St. Mary's Hall in 1959. Afterwards, she attended Marjorie Webster College for a year. Barb married her first husband in 1960, and later owned a real estate office in Weed, New Mexico, where she worked for 10 years.



Barb has spent time volunteering for many organizations including her church, the 4-H Club where she taught international cooking, the Junior League Nationwide Women's Group, and the League of Women's Voters, an educational group about politics.

Barb married her second husband, Leonard, in 1987. She also has two children, Kimberly and Jeffrey, and one grandchild as well.

Barb and her husband did crewing for American Airlines hot air balloon service. They also travelled extensively throughout Europe, the Caribbean, the Virgin Islands, and Bermuda. She has also lived in a total of six states, including Delaware, Virginia, New Mexico, New Jersey, Pennsylvania, and Texas.

Barb moved to Zimmerman Place in June of 2021 from Bedford, TX, and we couldn't be happier to have her here. You may see her around playing BINGO, canasta, working on a jigsaw puzzle, or reading (if anyone needs a suggestion of a book to read, just ask!). When you see Barb around be sure to say "Hello", you will be glad you did!