


# October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:30 Morning Start-Up (GR) <b>1</b> 9:45 Exercise (GR) 10:30 Resident Council (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>2</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) <b>11:00 Community Picnic at Codorus Park (FL)(**)</b> 1:00 Movie Matinee: "Chariots of Fire" (GR)	9:30 Morning Start-Up (GR) <b>3</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR)	9:30 Morning Start-Up (GR) <b>4</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Service Project: Making Halloween Treat Bags (GR) 2:00 Movie Matinee: "Amelia" (GR)
	1:00 Worship & Barb Schuessler's Memorial Service (GR) <b>5</b> 2:00 Movie Matinee: "Mary Poppins Returns" (GR)	9:30 Morning Start-Up (GR) <b>6</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (OV)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>7</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Oktoberfest Bowling (GR)	9:30 Morning Start-Up (GR) <b>8</b> 9:45 Exercise (GR) 10:30 Trivia/Name 5 (GR) <b>11:00 Lunch Out to the Tapenade Bistro (FL)(**)</b> 1:00 Catholic Mass (GR) 1:30 Chair Dancing with Kim (OV) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>9</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Autumn Poetry Reading (GR) 5:30 Community Fall Fest (L)	9:30 Morning Start-Up (GR) <b>10</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Craft: "Halloween Suncatchers" (GR)
	1:00 Worship Service (GR) <b>12</b> 2:00 Movie Matinee: "Coal Miner's Daughter" (GR)	9:30 Morning Start-Up (GR) <b>13</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Kitchen Korner: "S'mores Campfire Cones" (OV) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>14</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) <b>1:00 Shopping at Walmart (FL)(**)</b> 3:00 Little House on the Prairie: "The Monster of Walnut Grove" (GR)	9:30 Morning Start-Up (GR) <b>15</b> 9:45 Exercise (GR) 10:30 Trivia/Name 5 (GR) 10:30 Rosary Circle (OV) 1:30 Chair Dancing with Kim (GR) 2:00 Classic Car Show (FL) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>16</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Open House with Friends: Alice Dencler	9:30 Morning Start-Up (GR) <b>17</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with J.D. Sage (GR)
	1:00 Worship Service (GR) <b>19</b> 2:00 Movie Matinee: "Rear Window" (GR)	9:30 Morning Start-Up (GR) <b>20</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>21</b> 9:45 Exercise (GR) 10:30 Adelynn Wood Sings #1 Hit Parade (GR) <b>11:00 Lunch Out to Cracker Barrel (FL)(**)</b> 1:00 Fun on the Go with Alec (GR) 3:00 Singalong with Lona and Trudy (GR)	9:30 Morning Start-Up (GR) <b>22</b> 9:45 Exercise (GR) 10:30 Trivia/Name 5 (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>23</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Reading Circle: "Who was Clara Barton?" (GR)	9:30 Morning Start-Up (GR) <b>24</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with Musical Memories (GR)
	1:00 Worship Service (GR) <b>26</b> 2:00 Movie Matinee: "The Ghost and Mr. Chicken" (GR)	9:30 Morning Start-Up (GR) <b>27</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Craft: "Halloween Treat Paintings" (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) <b>28</b> 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Bean Bag Toss (GR)	9:30 Morning Start-Up (GR) <b>29</b> 9:45 Exercise (GR) 10:30 Trivia/Name 5 (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) <b>30</b> 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Bowling (GR)	9:30 Morning Start-Up (GR) <b>31</b> 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Birthday & Halloween Party with Mick Cochran: "Phantom of the Opera" (GR)
						<b>Key</b> GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required <i>Programs are subject to change</i>

The Bright Side of October

Orange is one of the most iconic colors of the fall season. From the changing leaves to ripe pumpkins and Halloween decorations, it’s everywhere in October. But beyond its seasonal spotlight, orange has an interesting history and set of associations that make it stand out year-round.



The word orange didn’t appear in English until around the 1300s, borrowed from the Old French orange, which came from Arabic nāranj—originally referring to the fruit. Before that, people in English-speaking areas would describe the color as “yellow-red.” It wasn’t until the fruit became common in Europe that the word was used to describe the hue. In many cultures today, it represents creativity, change, and enthusiasm.

In nature, orange often signals warmth and energy. It’s the color of fire, sunsets, and autumn leaves. In October, orange becomes especially visible. Pumpkins, perhaps the most famous fall symbol, take center stage during Halloween. Originally, jack-o’-lanterns were carved from turnips in Ireland, but when the tradition came to America, pumpkins were more plentiful and easier to carve. Their natural orange color made them perfect for the holiday’s spooky glow. Orange also pairs well with black, Halloween’s other signature color. While black represents darkness and mystery, orange balances it with brightness and warmth, making the two a striking seasonal combo.

Aside from Halloween, orange pops up throughout fall in decorations, wreaths, seasonal foods, and clothing. It evokes the cozy, crisp feel of the season and reminds us of harvest time. Even sports teams and schools often use orange in their autumn promotions and uniforms to reflect that seasonal energy.

While orange is not everyone’s favorite color year-round—only five percent of people choose it as their favorite—it has certainly carved out a place in October’s spotlight. Whether you’re admiring the leaves, carving a pumpkin, or just sipping something cinnamon-spiced, you’re likely soaking in a little bit of orange this season.

Personal Care Newsletter

Elsie Brenneman

Resident of the Month October 2025

Anna Mae Beddows

Ruth Bricker

Elsie Brenneman

Betty Amspacher

Mary Huffman

Elsie Brenneman was born October 27th in Hametown, PA. Elsie attended school at the one-room schoolhouse here in Shrewsbury! Later on, she went to work at a sewing factory in Seven Valleys. She also worked for Brown’s Orchards, as well as for AMP for about 25 years.



Elsie met her husband, Wayne, at a Halloween party when she was 17. They were married on July 3rd, 1954. Together they had three children, Peggy, Debbie, and Randy. Today, she has four granddaughters, and two great-grandchildren as well!

Elsie spent a great deal of time helping at her church, Friedensaal’s Lutheran. She helped to clean, teach Sunday school, and served on the church council. She was also a wonderful cook, and made home-made pot pies to sell at church functions. She helped with the Ladies Auxiliary, too, making fastnachts and Christmas fruitcakes. Elsie also loved to garden and sew. She made clothes for her children, as well as for her daughters’ Barbie dolls!

Elsie moved to Zimmerman Place in March of 2020, and we couldn’t be happier to have her! You may see Elsie around playing BINGO, attending Bible study, or our live music. When you see Elsie around, be sure to say, “Hello!”, you will be glad you did!