# SpiriTrust Lutheran <br> The Village at Shrewsbury 

## Resident Menu

| 2024 | Sunday April 28th | Monday April 29th | Tuesday April 30th | Wednesday May 1st | Thursday May 2nd | Friday May 3rd | Saturday May 4th |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Hot Oatmeal Cheesy Scrambled Eggs Wheat Toast Grapes <br> Yogurt and Granola Parfait | Hot Oatmeal Scrambled Eggs <br> Wheat Toast Bacon Banana Pancakes | Cream of Wheat Waffle <br> Hard Boiled Egg Sliced Pears <br> Denver Scrambled Eggs Wheat Toast | Hot Oatmeal Cheesy Scrambled Eggs Wheat Toast Grapes <br> Yogurt and Granola Parfait | Cream of Wheat Texas French Toast Turkey Sausage Mini Danish Cubed Melon <br> Baked Cheese Omelet | Oatmeal <br> Scrambled Eggs Hash Browns Mixed Berry Fruit Cup <br> Biscuit and Sausage Gravy | Cream of Wheat Blueberry Pancakes Bacon Sliced Peaches <br> Egg and Cheese Muffin |
| 든 | Prime Rib Au Jus <br> Rosemary Potatoes Sliced Carrots Peanut Butter Tandy Cake <br> Rotisserie Baked Chicken Breast | Pork Loin with Pears and Shallots Mashed Potatoes Green Beans Dinner Roll Dutch Apple Pie Grilled Flank Steak | Herbed Baked Chicken Baked Cheese Grits Kale with Garlic Cherry Cobbler Glazed Ham Loaf | Roast Beef Brown Gravy Corn Parslied Potatoes Fruited Gelatin <br> Pork Fritter | Roast Turkey <br> Turkey Gravy <br> Mashed Potatoes <br> Sliced Carrots Cheesecake Mousse <br> Alfredo Pasta with Vegetables Garlic Bread | Baked Stuffed Flounder <br> Garden Wild Rice <br> Parmesan Baked <br> Tomato Lemon Cheesecake <br> Balsamic Glazed Chicken | Blue Cheese Crusted <br> Beef <br> Baked Potato with Sour Cream Spinach <br> Chocolate Brownie <br> Fried Shrimp |
| $\begin{gathered} \frac{4}{1} \\ \frac{1}{2} \\ \hline \end{gathered}$ | Chicken and Rice Soup <br> Trio Salad Peas Butterscotch Pudding Turkey Divan | Tuscan Bean and Tomato Soup Swedish Meatballs Egg Noodles Winter Vegetable Blend Vanilla Ice Cream Chicken Salad on Croissant | Garden Salad Chili <br> Cornbread Oatmeal Raisin Cookies <br> Grilled Turkey and Swiss Sandwich Roasted Red Skin Potatoes | Lemon Orzo Chicken Soup <br> Shrimp, Tomato, and Swiss Quiche Fresh Sautéed Zucchini Chocolate Cake with Chocolate Icing <br> Hot Reuben Sandwich | Beef and Rice Soup <br> BBQ Pork on a Bun Coleslaw <br> Autumn Fruit Salad <br> Tuna Salad Wrap Beer Battered Onion Rings | Corn Chowder <br> Deluxe Burger <br> Marinated Vegetable Salad Chocolate Ice Cream Sundae <br> Fish and Chips | Vegetable Soup Cheese Ravioli with Marinara Chopped Salad Mixed Berries <br> Kielbasa <br> Sauerkraut |

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese $\&$ a fruit plate are always available.

