

2025 Week 1	Sunday September 14 th	Monday September 15 th	Tuesday September 16 th	Wednesday September 17 th	Thursday September 18 th	Friday September 19 th	Saturday September 20 th
Breakfast	Assorted Juice Oatmeal Assorted Cold Cereal	Assorted Juice Oatmeal Assorted Cold Cereal	Assorted Juice Oatmeal Assorted Cold Cereal	Assorted Juice Oatmeal Assorted Cold Cereal	Assorted Juice Oatmeal Assorted Cold Cereal	Assorted Juice Oatmeal Assorted Cold Cereal	Assorted Juice Oatmeal Assorted Cold Cereal
	Cheesy Scrambled Eggs	Denver Omelet (ham, onions, peppers, cheddar)	Cheesy Scrambled Eggs Yogurt	Texas French Toast with Syrup	Baked Omelet	Blueberry Pancakes with Syrup	Scrambled Eggs Sausage Hash brown Banana Toast
	Bacon		Assorted Toast	Bacon Diced Melon	Ham Slice	Bacon	
	Mandarin Oranges 2% Milk	Sausage Fruit Cup 2% Milk	Diced Pears 2% Milk	2% Milk	Muffin Apricots 2% Milk	Fruit Cocktail 2% Milk	2% Milk
Lunch	Baked Flounder with Lemon Butter	Chicken Piccata over Pasta	Deluxe Burger with Lettuce, Tomato & Onion	Meatloaf Mushroom Gravy Roasted Potatoes	PA Dutch Chicken Pot Pie	Balsamic Glazed Salmon Rice Pilaf	Pot Roast
	Garden Wild Rice Peas	Green Beans	Onion Rings Pepper slaw	Fried Shrimp Cocktail or Tartar Garden Salad	Apple Sauce Corn	Yellow Squash	Mashed Potatoes
	Boneless Pork Chop with Gravy Escaloped Apples	Broccoli & Cheese Quiche	Cod with Lobster Sauce Mixed Vegetables		Baked Fish with Garlic Lemon Butter	Glazed Ham Roasted Potatoes Cabbage	Peas Chicken Florentine
	Carrot Cake 2% Milk	Chocolate Cream Pie 2% Milk	Baked Cookies 2% Milk	Vanilla Ice Cream Cup 2% Milk	Stewed Tomatoes Peach Crisp	Cupcakes 2% Milk	Pound Cake with Berries 2% Milk
Dinner	Tomato Soup	Split Pea Soup	Turkey Noodle Soup	Minestrone Soup	Ham & Lima Bean Soup	Hearty Vegetable	Chicken Rice Soup
	Turkey Burger	Tuna Salad Sandwich Potato Salad	Fish Sandwich with Tartar on a Bun Coleslaw	Chicken Salad Sandwich Tomato Onion Salad	Seafood Salad on a Croissant Vegetable Blend	Hot Sliced Pork Sandwich with Gravy Steak Fries	Hot Turkey Sandwich with Gravy
	Baked Potato Wedges Broccoli	Roast Beef & Provolone Sandwich	Chicken Caesar Salad with Garlic Knot	Hot Dog Baked Beans	Stuffed Shells Dinner Roll	Green Beans Greek salad w/ grilled chicken	Brussels Sprouts
	Grilled Cheese & Tomato Sandwich	Pineapple Chunks		Chocolate Cake with Peanut Butter Icing 2% Milk	Boston Cream Pie 2% Milk	Oatmeal Cookie 2% Milk	Egg Salad Sandwich Chips & Pickle
	Pudding with Whipped Topping 2% Milk	2% Milk	Apple Cobbler 2% Milk				Fruited Jell-O 2% Milk