

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				9:30 Morning Start-Up (GR) 1 9:45 “Forever Fit” Exercise (GR) 10:30 Coffee & Crosswords (GR) 11:00 Lunch Out to Pappas Restaurant (FL)(**) 1:00 Virtual Voyager: “Montreal, Canada” (GR) 3:00 Comedy Hour: “The Brady Bunch” (GR)		9:30 Morning Start-Up (GR) 2 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)		9:30 Morning Start-Up (GR) 3 9:45 Stronger Seniors Exercise (GR) 10:30 Live Music with Danny Dolan (GR) 1:00 Piano w/ Joan (L) 2:00 Resident Council (GR) 3:00 Reading Circle: “Who was Mark Twain?” (GR)		9:30 Morning Start-Up (GR) 4 9:45 Chair Exercise (GR) 10:30 Morning Manicures (GR)(**) 1:00 Bingo (GR) 3:00 Piano with Linda (GR)		9:30 Morning Start-Up (GR) 5 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman Word Game (GR) 2:00 Movie Matinee: “Driving Miss Daisy” (GR)	
1:00 Worship Service (GR) 6 2:00 Movie Matinee: “Grease” (GR)		9:30 Morning Start-Up (GR) 7 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Labor Day Color & Chat (GR) 2:00 Movie Matinee: “9 to 5” (GR)		9:30 Morning Start-Up (GR) 8 9:45 “Forever Fit” Exercise (GR) 10:30 Trivia (GR) 10:30 Labor Day Picnic at Codorus Park (FL)(**) 1:00 Movie Matinee: “Field of Dreams” (GR)		9:30 Morning Start-Up (GR) 9 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Catholic Mass (GR) 1:30 Chair Dancing with Kim (OV) 3:30 Bingo (GR) 6:30 Live Music with the Emigsville Band (Café)		9:30 Morning Start-Up (GR) 10 9:45 Stronger Seniors Exercise (GR) 10:30 Coffee & Good News (GR) 1:00 Piano w/ Joan (L) 1:00 Bunco Dice Game (GR) 2:00 Yogurt Parfait Bar with the Pruitt Family (GR) 3:00 Bible Study with Rev. Bob (GR)		9:30 Morning Start-Up (GR) 11 9:45 Chair Exercise (GR) 10:30 Homespun Devotions (GR) 1:00 Bingo (GR) 3:00 Live Music with Gil (GR)		9:30 Morning Start-Up (GR) 12 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: “First Wives Club” (GR)	
1:00 Worship Service (GR) 13 2:00 Movie Matinee: “Forrest Gump” (GR)		9:30 Morning Start-Up (GR) 14 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Craft: “’70s Sunburst Mirrors” (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)		9:30 Morning Start-Up (GR) 15 9:45 “Forever Fit” Exercise (GR) 10:30 Adelynn Wood Sings Johnny Mercer’s American Songbook (GR) 1:00 Shopping at Walmart (FL)(**) 1:00 Documentary: “Rocky Mountain Express” (GR)		9:30 Morning Start-Up (GR) 16 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Classic Car Show (FL) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)		9:30 Morning Start-Up (GR) 17 9:45 Stronger Seniors Exercise (GR) 10:30 Coffee & Crosswords (GR) 1:00 Piano w/ Joan (L) 1:00 Book Club in Miniature (GR) 3:00 Soda Fountain Social (GR)		9:30 Morning Start-Up (GR) 18 9:45 Chair Exercise (GR) 10:30 Homespun Devotions (GR) 1:00 Live Music with Robin Spielberg (GR) 3:30 Bingo (GR)		9:30 Morning Start-Up (GR) 19 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman Word Game (GR) 2:00 Movie Matinee: “Secondhand Lions” (GR)	
1:00 Worship Service (GR) 20 2:00 Movie Matinee: “Tender Mercies” (GR)		9:30 Morning Start-Up (GR) 21 9:45 Chair Exercise (GR) 10:30 Men’s Sit & Chat (GR) 1:00 Manicures (GR)(**) 3:30 Bingo (GR)		9:30 Morning Start-Up (GR) 22 9:45 “Forever Fit” Exercise (GR) 10:30 Trivia (GR) 1:00 Singalong with Lona and Trudy (GR) 3:00 Coffee Cake & Yom Kippur Reading (GR)		9:30 Morning Start-Up (GR) 23 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Shopping at Community Aid (FL)(**) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)		9:30 Morning Start-Up (GR) 24 9:45 Stronger Seniors Exercise (GR) 10:30 Coffee, Hot Chocolate & Good News (GR) 1:00 Piano w/ Joan (L) 1:00 Bunco Dice Game (GR) 3:00 Bowling (GR)		9:30 Morning Start-Up (GR) 25 9:45 Chair Exercise (GR) 10:30 Tea & Brain Ticklers (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: “Disco Party” (GR)		9:30 Morning Start-Up (GR) 26 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Reading Circle: “Who was Jane Goodall?” (GR) 2:00 Movie Matinee: “San Francisco” (GR)	
1:00 Worship Service (GR) 27 2:00 Movie Matinee: “The Sting” (GR)		9:30 Morning Start-Up (GR) 28 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:00 Craft: “Toilet Paper Pumpkins” (GR) 3:30 Bingo (GR) 6:00 Color & Chat (GR)		9:30 Morning Start-Up (GR) 29 9:45 “Forever Fit” Exercise (GR) 10:30 Trivia (GR) 11:30 Community Luau (Café) 1:00 Documentary: “The Presidents” Pt. 7: “Truman to Ford” (GR) 3:00 1970s Name That Tune (GR)		9:30 Morning Start-Up (GR) 30 9:45 Chair Exercise (GR) 10:30 Trivia (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Exploring: “My ‘70s TV” (GR)		Key GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required		September 2026 Personal Care Community Programs & Events			

Back to the '70s

September often marks a return to routines, and during the 1970s, it also signaled the start of a new television season. Long before streaming and on-demand viewing, fall TV premieres were major events. Families gathered around the television to watch the first episodes of returning favorites and discover new shows that would soon become part of everyday conversation.

The 1970s are often remembered as a golden age of television sitcoms. Programs such as *All in the Family*, *The Mary Tyler Moore Show*, and *Happy Days* reflected changing social attitudes while providing plenty of humor. Their characters, catchphrases, and storylines became cultural touchstones, influencing entertainment for decades to come.

Music was equally influential. The decade saw the rise of disco, a dance-driven style that filled clubs and radio stations. Funk also gained widespread popularity, blending powerful rhythms, bass lines, and energetic performances. Artists experimented with new sounds, helping shape modern popular music.

Fashion followed suit with bold styles and colorful self-expression. Bell-bottom jeans became one of the decade's most recognizable trends, often paired with platform shoes, wide collars, and eye-catching patterns. Whether on city streets, school campuses, or television screens, 1970s fashion embraced individuality and flair.

One song in particular has become closely associated with September itself. In September 1978, Earth, Wind & Fire released the hit song "September." Its upbeat rhythm and memorable chorus helped it become one of the most enduring songs of the era. Decades later, it remains a staple at celebrations, sporting events, and community gatherings.

From disco dance floors and funk concerts to sitcom premieres and bell-bottom jeans, the 1970s left a lasting mark on American culture. Every September, as television networks unveil new seasons and the familiar strains of "September" begin to play once again, echoes of that remarkable decade are never far away.



Richard Myers

Peggy Kemper

September 2026



Richard Myers

Resident of the Month September 2026



Richard Myers was born September 5th in Columbia, PA. He graduated from Columbia High School in 1958, and joined the Navy where he served for four years. He later took history education and business classes at York Jr. College, and Millersville University. Afterwards, Richard worked in sales and sales management in the trucking industry for many years. He also worked as a sales consultant for a time before retiring.

When Richard was at York Jr. College he met his wife Becky, and they were married in 1965. They had two children, Scott and Crista. Today Richard has 2 grandchildren, who are twins!

Richard has always enjoyed playing cards and playing sports, and his family is the most important thing to him. He moved from the cottages to Zimmerman Place in April of this year, and we couldn't be happier to have him! You'll see Richard around playing pinochle, or socializing at one of our parties. When you see him around, be sure to say, "Hello!", you will be glad you did!