September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Labor Day List-It (GR) 2:00 Movie Matinee: "9 to 5" (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:30 Bingo (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Live Music with Danny Dolan (GR) 1:00 Piano w/ Joan (L) 2:00 Resident Council (GR) 3:00 "The Chosen" Episode 3 (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Piano with Linda (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hangman (GR) 2:00 Movie Matinee: "Grease" (GR)
1:00 Worship Service (GR) 2:00 Movie Matinee: "Butch Cassidy and the Sundance Kid" (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 2:00 Themed Snack: "Hokey Pokey Dessert" (L) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 2:00 Themed Snack: "Rosti" (L) 3:00 "Radio and TV in Baltimore" with Chris Boyle (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Walking Wednesday & Garden Tour (GR) 1:00 Catholic Mass (GR) 2:00 Themed Snack: "Gyro Bites" (L) 3:00 Bible Study with Rev. Bob (GR) 5:00 Trip Out to the York Revolutions (FL)(***)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 2:00 Themed Snack: "Bratwurst & Sauerkraut" (L) 3:00 Oktoberfest Bowling (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Reading Circle: "When School Bells Call" (GR) 5:00 Community Luau (Café)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Hymn Sing with Freedom Community Church (L) 2:00 Movie Matinee: "Tender Mercies" (GR)
1:00 Worship Service (GR) 14 2:00 Movie Matinee: "Heidi" (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Craft: Autumn Tree Paintings (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Adelynn Wood Sings Places (GR) 1:00 Fun on the Go with Alec (GR) 1:00 Shopping at Walmart (FL)(**) 3:00 Documentary: "The Great British Baking Show— 1970s Week" (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:30 Chair Dancing with Kim (GR) 2:00 Petting Zoo (FL) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 1:00 Piano w/ Joan (L) 3:00 Open House with Friends: Kaye Deener	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Live Music with Heath Pawlak (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Word Wheel (GR) 2:00 Movie Matinee: "Night at the Museum" (GR)
1:00 Worship Service (GR) 21 2:00 Movie Matinee: "Secondhand Lions" (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 11:00 Piano with Josh (L) 1:00 Manicures (GR)(**) 3:30 Bingo (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Fun on the Go with Alec (GR) 3:00 Reading Circle: "Who was Theodore Roosevelt?" (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Walking Wednesday & Garden Tour (GR) 10:30 Rosary Circle (OV) 1:30 Chair Dancing with Kim (GR) 3:00 Bible Study with Rev. Bob (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia/Tribonds (GR) 11:00 Lunch Out to the Tapenade Bistro (FL)(**) 1:00 Piano w/ Joan (L) 3:00 Singalong with Lona and Trudy (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Faith Break (GR) 1:00 Bingo (GR) 3:00 Birthday Party with Mick Cochran: "Oktoberfest Celebration" (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 Trivia (GR) 1:00 Jeopardy with Julie (GR) 2:00 Movie Matinee: "Willy Wonka & the Chocolate Factory" (GR)
1:00 Worship Service (GR) 2:00 Movie Matinee: "Forrest Gump" (GR)	9:30 Morning Start-Up (OV) 9:45 Exercise (OV) 10:30 Trivia (OV) 11:00 Piano with Josh (L) 12:30 1:1 Cat Visits with Chester (CR) (**) 3:00 Casino Day (GR) 6:00 Color & Chat (GR)	9:30 Morning Start-Up (GR) 9:45 Exercise (GR) 10:30 "Changes in Shrewsbury Township Through the 19th Century" with Rev. Fritz (GR) 1:00 Fun on the Go with Alec (GR) 3:30 Bingo (GR)		SPIRITS Empowering lives through pur		Key GR—Gathering Room OV—Orchard View FW—Freedom Way FL—Front Lobby L—Library DR—Dining Room CR—Conference Room ** — Sign-up Required Programs are subject to change



All About Oktoberfest

Beer, sausage, sauerkraut, schnitzel, strudel, amusement park rides, great music, and more beer. Sound like fun? It is—it's Oktoberfest!

A Royal Wedding Started It All

Now billed as the largest volksfest, or "people's fair," in the world, the first Oktoberfest was held on October 12, 1810, in honor of the wedding of Crown Prince Ludwig (later King Ludwig I) and Princess



Therese of Saxe- Hildburghausen. The happy couple wanted to share their joy with all of Munich, so they invited the entire city to join in the festivities held in the fields in front of the city gates. A parade led to feasting, music, and dancing that went on for several days. Horse races attended by the royal family ended the celebration. When it was later decided to make the horse races an annual event, the tradition of Oktoberfest was born.

Why Does Oktoberfest Begin in September?

In 1811, an agricultural show was added to the horse races to help promote the food products— including beer—of Bavaria. The races continued until 1960, and the agricultural show is now held every four years instead of every year. Carnival booths, games, and sideshows appeared in 1816. In 1819 the citizens of Munich, rather than the royal family, assumed the responsibility for the planning and management of Oktoberfest. Later, it was decided to lengthen the celebration. The festival was moved forward a few weeks from the original wedding anniversary date to the end of September, taking advantage of the lingering longer, warmer days of summer. As Munich became a more modern European city in the late 19th century, Oktoberfest changed as well. Electricity illuminated the more than 400 booths and tents for the first time in 1880. Stoneware beer mugs were replaced by heavy glass mugs in 1892, because, so the story goes, patrons complained that they couldn't be sure the stoneware mugs were full to the brim! By the end of the 1800s, Oktoberfest had been reorganized from a highly agrarian festival to a more commercial national celebration with plenty of room for guests to dance to world-famous bands, and large hall-style beer tents replaced the old booths.

Oktoberfest in Modern Times

After World War II, Munich slowly rebuilt and reinstated the fun and flamboyance of Oktoberfest, albeit with some significant changes. One important change, initiated in 1950, was a formal opening ceremony. Since then, after a 12-gun salute, the mayor of Munich taps the first keg of special Oktoberfest beer, exclaims "O'zapft is!" (translation: "It's tapped!"), and hands a glass to the minister-president of the State of Bavaria. The parade that was part of the royal wedding celebration in 1810 was reinstated in 1850 as the Grand Parade that now helps kick off the festival. Over 8,000 people wearing traditional Bavarian costumes participate. The parade includes many of the bands that play throughout the festival, as well as ornately decorated teams of horses representing official Oktoberfest breweries.

September 2025



HAPPY BIRTHDAY



Peggy Kemper

Personal Care Newsletter

Assisted Living Week 2025: "Ageless Adventure"

September 8-12

Join us for a week of programs celebrating Lifelong Adventure! Each day we will "travel" to a different destination. At 2:00 Monday through Thursday, you can join us for a snack, themed from the country we will be visiting that day. On Friday, join us for a community luau for supper! You can also dress in theme for each day. If you don't have anything to wear, pick something up at the front desk!

Additionally, throughout the week you can share "your biggest adventure" in your lifetime with our community through our adventure sharing board in the lobby.

Monday: New Zealand

Snack- Hokey-pokey dessert (vanilla ice cream, toffee, honeycomb)

Tuesday: Switzerland

Snack- Rosti (potato pancakes)

Wednesday: Greece

Snack- Gyro bites (chicken chopped on gyro bread with lettuce, tomato, and tzatziki sauce)

Thursday: Germany

Snack- Bratwurst with sauerkraut

Friday: Hawaii

Community Luau at 5:00

(Chopped pork, pulled chicken, pineapple cake & more)