

SPECIAL EVENTS

April 4th Prince Edward Island (Clubhouse) 2:00 pm Embark on a journey across Prince Edward Island through tours that highlight the island's scenic landscapes, historical sites, and cultural landmarks. We will explore areas such as the birthplace of Canadian Confederation and the setting of Lucy Maud Montgomery's "Anne of Green Gables", as well as secluded beaches and picturesque coastal drives.

April 9th Service Project (Clubhouse) 1:00 pm The SYC Food Pantry is looking for donations of laundry detergent, dish soap, tissue paper, toothpaste, deodorant, and nonperishable food items. Monetary donations can be made payable to SYC Food Pantry.

April 11th Dutch Apple Dinner Theatre: “Fiddler on the Roof” (Lancaster, PA) 10:15 am A Tony Award-winning musical. Set in a small Russian village, Tevye, his wife Golde, and their five daughters are led through the wonders of life and have their faith tested. This timeless score includes “If I Were a Rich Man,” “Tradition,” “Matchmaker, Matchmaker,” “To Life (L’Chaim),” and “Sunrise, Sunset.”
Cost: \$72.00

April 12th York Symphony Orchestra: "French Connections with Branford Marsalis” (York, PA) 6:15 pm French inspiration is interspersed through the program featuring Darius Milhaud’s Scaramouche and Lawrence Golan’s Giovanna d’Arco. Darius Milhaud’s Scaramouche showcases the acclaimed alto saxophonist Branford Marsalis. Inspired by Harlem jazz, Scaramouche repeats familiar, cheerful melodies. John Williams’s Escapades for Alto Saxophone and Orchestra effuses progressive jazz, which highlights Branford Marsalis. Composed to honor Maestro Golan’s daughter, you do not want to miss the East Coast premiere of Golan’s Giovanna d’Arco. Hector Berlioz’s dramatic Symphonie fantastique follows a hero to his demise. **Cost: \$27.00**

April 14: Great Discussions “The Good Life” (Clubhouse) 2:00 pm What keeps us happy and healthy as we go through life? If you think it's fame and money, you're not alone – but, according to psychiatrist Robert Waldinger, you're mistaken. As the director of 75-year-old study on adult development, Waldinger has unprecedented access to data on true happiness and satisfaction. In this talk, he shares three important lessons learned from the study as well as some practical, old-as-the-hills wisdom on how to build a fulfilling, long life.

April 15th Peep Show 9:30 am This sweet fundraising event features marshmallow masterpieces, including sculptures, dioramas, mosaics and even videos, all crafted from or inspired by PEEPS®, those colorful marshmallow treats made by the Just Born company in Bethlehem, PA. You can view the entries for free and buy votes for your favorites, with all proceeds benefiting the Arts Council!

April 28th Pizza & Movie “My Girl” (1991) 5:00 pm Tomboy Vada Sultenfuss (Anna Chlumsky) has good reason to be morbid: her mother died giving birth to her, and her father (Dan Aykroyd) operates a funeral service out of their home. The other kids think she's a freak, and it certainly doesn't help that her best friend, Thomas J. Sennett (Macaulay Culkin), is a boy. To make matters worse, Vada is desperately in love with her English teacher, Mr. Bixler (Griffin Dunne). What's an 11-year-old girl to do? (Rated PG) **Cost: \$5.00**

Tuesday April 29th 8:45 am Brain Health Center Tour (Mechanicsburg, PA) Imagine boosting both your mind and body—while having fun! That’s what Kinnections is all about. This unique program combines brain and body exercises that feel like play, helping improve memory, focus, balance, and more. Trying to achieve each person's optimal functioning of their brain by participating in cognitive training, exergaming, dual task training and more is our goal. It’s backed by research and made for everyone, even those with memory changes or Parkinson’s.



Lifestyle Newsletter

April 2025



Jack Polley

Roseanna Walsh

John Ward

Peggy Kirk

Barbara Larson

Nadine Lentz

Annie Thompson

Mary Jane Deckard

Carolyn McGonigle



Jack & May Polley

Hello Cottagers! I would like to take the time to thank everyone for being so welcoming to me as change can sometimes be very difficult. I am so happy to be here and have felt a very warm welcoming from the very first day, as I made my transition to a new career at this time of my life. I have already enjoyed all the fun activities and am looking forward to many more! I am so grateful to be here! They say if you have a job you love, you never work a day in your life and that’s exactly how I feel being here! Looking forward to our many future endeavors!

Thank you!

Sherry



The following programs are regularly scheduled on a weekly basis						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	3:00 Wii Bowling & Ping Pong	10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 1:00 Pinochle (CH) 3:00 Exercise with Alec (CH)	9:00 Shopping Giant (OFF) 2:00 Cribbage (CH)	9:00 Saubel's / Bank Run (OFF) 10:00 Move! (CH) 1:00 Sing Along with Joan (ZP)	9:00 Bible Study (CH) 3:00 Wii Bowling & Ping Pong (CH)	

Additional programs & events scheduled for the month of April						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more details on any of the programs, please refer to the page listed next to event. This will direct you to page in your Inspirations catalog.		1 10:15 RL Board Meeting (CH)	2 10:00 Flower & Garden Club (CH) 1:00 Trivia with Friends **(CH) CD 3/31	3 11:00 Lunch Out to Dallastown Family Restaurant **(OFF) CD 3/31 1:00 Library (OFF)	4 10:00 Painting 201 (CH) 2:00 Virtual Voyager “Prince Edward Island” **(CH)	5
6	7 11:00 Board Game Day (CH)	8 4:00 Dinner Out to Bonefish Grill **(OFF) CD 4/4	9 1:00 Service Project “Donations for SYC Food Pantry” **(CH)) CD 4/7	10 1:30 “The Assassination & Funeral of Abraham Lincoln” Presentation **(CH)	11 10:15 Dutch Apple Theatre “Fiddler on the Roof” **(OFF)\$ CD 4/4	12 10:00 Catholic Mass (GR) (ZP) 6:15 YSO: “French Connections with Branford Marsalis” **(OFF)\$ CD 4/9
13	14 2:00 Great Discussions “The Good Life” **(CH)	15 9:30 Peep Show **(OFF) CD 4/11 2:00 Social Life Committee Meeting (CH)	16 10:00 Stitch Witchery (CH) 1:00 Craft Corner “Natural Egg Dying” **(CH) CD 4/9 3:00 “Senior Scams” with Christina Anderson **(CH)	17 1:00 Library (OFF) 1:30 “Fall Prevention” with Brianna Berger **(CH) 4:00 Spring Appetizers and Cocktails & More **(CH)\$ CD 4/10	18 10:00 Painting 201 (CH)	19
20	21 10:00 Easter Brunch **(CH)\$ CD 4/14	22 2:00 Dining Committee (CH) 5:00 Birthday Dinner **(CH)\$ CD 4/18	23 9:30 York County History Center **(OFF)\$ CD 4/18 2:00 Chemistry of Cooking: Napa Chicken Salad **(CH) CD 4/18	24 2:00 Town Hall (CH)	25 8:45 Lehigh’s Greenhouse & Farm **(OFF) CD 4/22 1:30 Harp Music with Shelly Hopkins **(CH)	26
27	28 1:30 Book Club (CH) 5:00 Pizza & Movie “My Girl” **(CH)\$ CD 4/25	29 8:45 Brain Health Center **(OFF) CD 4/22 10:00 Men at Ten **(OFF) CD 4/25	30 10:30 Bingo **(CH) CD 4/25	Program additions or changes since catalog was published are in bold . Program offerings are subject to change.	Key: RR- Registration Required \$\$- Cost OFF – Off Campus CH – Club House ZP – Zimmerman Place WS – Wellness Suite GR – Gathering Room	

