

SPECIAL EVENTS

- August 1st Virtual Voyager “Grand Teton and Jackson Hole” (Clubhouse) 2:00 pm** Join us on an unforgettable adventure through the stunning Grand Teton National Park and nearby Jackson, Wyoming!
- August 6th Emigsville Band (Clubhouse) 6:00 pm** The Emigsville Band, originally known as the Acme Cornet Band, was organized in 1878. The band met in the old schoolhouse in Emigsville with Henry L. Dinderman as the first director. The membership consisted of 16 men and was in existence for 20 years.
- August 8th Valencia Ballroom “Inspire Big Band” (York, PA) 5:30 pm** Inspire Big Band is a traditional big band that plays Jazz Swing, Blues, Bop, and Funk. Experience the vibrant energy of a dynamic ensemble dedicated to captivating audiences with powerful big band performances. **Cost: FREE**
- August 11th Great Discussions “Life’s Third Act” (Clubhouse) 2:00 pm** Within this generation, an extra 30 years have been added to our life expectancy -- and these years aren't just a footnote or a pathology. In this talk, Jane Fonda asks how we can think about this new phase of our lives.
- August 13th The Prancing Pig (York, PA) 11:15 am** Paint your own pottery! We will be stopping for Ice Cream after! **Cost: \$10.00 and up**
- August 14th History Speaker Sterling Fritz (Clubhouse) 1:00 pm** Welcome Sterling Fritz (Ellen Wilson’s brother), as he does a discussion about changes in the local area since the 19th century.
- August 15th Crab Feast (Clubhouse) 12:00 pm** All are invited to this lively gathering where community members will enjoy freshly steamed crabs, cracking shells, sharing laughter, and bonding over a delicious feast. **Cost: TBD**
- August 15th Live Music with JD Sage & S’mores (Clubhouse) 5:00 pm** Enjoy a Bonfire & roast your own s’mores! Please bring your own chair.
- August 18th Pizza & Movie “Guarding Tess” (Clubhouse) 5:00 pm** Doug Chesnic (Nicolas Cage), an agent with the Secret Service Uniformed Division, is assigned to protect former first lady Tess Carlisle (Shirley MacLaine). Chesnic finds the job demeaning and a challenge because of Tess’s high-maintenance personality and petty demands. He's desperate to get another assignment, but she insists that he remain head of her security detail, using her influence with the current president to get her way. When she's kidnapped, however, Chesnic's feelings change. **Cost: \$5.00**
- August 20th Veteran’s Ice Cream Social (Clubhouse) 1:00 pm** Scoops and toppings served up for a fun filled gathering in honor of our Veteran’s. **Cost: FREE**
- August 28th (Baltimore, MD) 10:00 am** The B&O Railroad forever changed the course of the city, the nation, and even the world. At the B&O Railroad Museum, visitors can step directly into history as they discover the story of American railroading. For it was here that the First Stone of the railroad and the nation’s first mile of commercial track were laid, where the Mt. Clare Shops produced countless innovations in railroad technology, where E. Francis Baldwin’s iconic Roundhouse still stands, and much more. All aboard – your journey to the birthplace of American railroading begins here! **Cost: \$17.00**



Lifestyle Newsletter

August 2025

- ♥ **August was once the 6th month of the year:** In the Roman calendar, August was known as “Sextilis”, the Latin word for 6. It wasn’t until 700 BC when January and February were added to the calendar, that August was bumped down to become the 8th month of the year.
- ♥ **How many days are in August?:** Come on, August! Make a choice! The number of days in August has changed many times. First it was 30 days. Then, 31. When January and February came onto the scene, August got reduced to 29 days. Then, Julius Caesar changed it back to 31. Thankfully it has remained that way ever since.
- ♥ **No other month with the same starting day:** Here is one of the more interesting August facts – in a regular year, no other month starts on the same day of the week as August. In a leap year, that other quirky month, February, will start on the same day of the week as August. It’s interesting the way the days fall within a month, isn’t it?
- ♥ **The underrated birthstone of August:** A birthstone of the highest beauty, period. Errr, we mean peridot. Peridot is a stunning green gem that is forged in lava. While it may not be the most well-known of the birthstones, its stunning range of color from electric grass to subtle olive, will make anyone green with envy.
- ♥ **August is also the month of...:** Weeds! In the days of the Anglo-Saxons, August was known as “Weod Monath” or Weed Month, because it was when weeds and plants grew the fastest. Here is one of the coolest fun facts about August. Bamboo in August can be seen growing with the naked eye at up to two inches an hour!



The following programs are regularly scheduled on a weekly basis						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	9:30 Yoga with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 1:00 Pinochle (CH) 3:00 Exercise with Alec (CH)	9:00 Shopping Giant (OFF) 2:00 Cribbage (CH)	9:00 Sauble's/Bank Run (OFF) 10:00 Move! (CH) 1:00 Singalong with Joan (ZP)	3:00 Wii Bowling & Ping Pong (CH)	

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Additional programs & events scheduled for the month of August						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more details on any of the programs, please refer to the page listed next to event. This will direct you to page in your Inspirations catalog.	Program additions or changes since catalog was published are in bold . Program offerings are subject to change.	Key: RR- Registration Required \$\$- Cost OFF – Off Campus CH – Club House ZP – Zimmerman Place WS – Wellness Suite GR – Gathering Room			<div>1</div> 10:00 Painting 201 (CH) 2:00 Virtual Voyager “Grand Teton & Jackson Hole” **(CH)	<div>2</div>
<div>3</div>	<div>4</div> 11:00 Board Game Day (CH)	<div>5</div> 10:15 RL Board Meeting (CH) 11:00 Lunch Out at Cheddar’s**(OFF) CD 8/1	<div>6</div> 10:00 Garden Club (CH) 1:00 Trivia with Friends **(CH) 6:00 Emigsville Band **(CH) CD 8/5	<div>7</div> 11:00 Shopping Hunt Valley Town Center **(OFF) CD 8/5	<div>8</div> 5:30 Inspire Big Band**(OFF) CD 8/4	<div>9</div>
<div>10</div>	<div>11</div> 10:30 Bingo **(CH) 2:00 Great Discussions “Life’s Third Act” **(CH)	<div>12</div> 11:00 Coffee & Conversation (CH) 4:00 Dinner Out at First Post **(OFF) CD 8/8	<div>13</div> 1:00 Service Project “Water for Rose Fire Hall” (CH) 11:15 The Prancing Pig**(OFF)\$\$ CD 8/8	<div>14</div> 1:00 History Speaker: Sterling Fritz **(CH) CD 8/12	<div>15</div> 10:00 Painting 201 (CH) 12:00 Crab Feast **(CH)\$\$ CD 8/8 5:30 Live Music & S’mores **(CH)	<div>16</div>
<div>17</div>	<div>18</div> 11:00 Board Game Day (CH) 5:00 Pizza & Movie “Guarding Tess” **(CH)\$\$ CD 8/15	<div>19</div> 11:00 Lunch Out Clair’s **(OFF) CD 8/15 1:30 Chemistry of Cooking**(CH) CD 8/15 2:00 Social Life Meeting**(CH)	<div>20</div> 10:00 Stitch Witchery (CH) 1:00 Veterans Ice Cream Social **(CH) CD 8/15	<div>21</div> 1:00 Tech Skills Learning & Sharing (CH) 4:00 Cocktails & More **(CH) CD 8/19	<div>22</div>	<div>23</div>
<div>24</div>	<div>25</div> 1:30 Book Club **(CH)	<div>26</div> 2:00 Dining Committee Meeting (CH) 5:00 Birthday Dinner**(CH)\$\$ CD 8/22	<div>27</div> 1:00 Craft Corner Poppy Flowers **(CH) CD 8/22	<div>28</div> 10:00 B&O Railroad**(OFF)\$\$ CD 8/22	<div>29</div>	<div>30</div>
<div>31</div>						