

## SPECIAL EVENTS

**February 7<sup>th</sup> Verona, Italy (Clubhouse) 2:00 pm** Join us for a captivating virtual tour of Verona, one of Italy's most charming and historically rich cities. Nestled in the northern part of the country, this UNESCO World Heritage site offers a remarkable blend of Roman, medieval, and Renaissance architecture. We will explore the city's iconic landmarks, picturesque streets, and hidden gems. Explore its extensive collection of art and artifacts, including medieval and Renaissance masterpieces, and learn about the city's past as a powerful center of art and culture.

**February 8<sup>th</sup> York Symphony Orchestra: "A Night at the Oscars" (York, PA) 6:15 pm** Cinematic soundtrack treasures will be performed live from the Strand Stage. You will enjoy repertoire from The Godfather, Rocky, Titanic, Forrest Gump, Gone with the Wind, La La Land and so many more. For one night only, the York Symphony rolls out the red carpet. **Cost: \$11**

**February 10<sup>th</sup> Great Discussions: "Why Do You Like Your Favorite Songs?" (Clubhouse) 2:00 pm** What's in a song? What's in those 3 ½ minutes of arranged sound that have such an impact? In this entertaining, insightful talk, award-winning songwriter Scarlet Keys ruins an Adele song, explores the neuroscience behind music theory, and shows you how the right playlist can help you live a happier life, deal with your in-laws, and even get your partner to pick up their socks!

**February 11<sup>th</sup> Lindt Chocolate Factory Tour (Carlisle, PA) 9:00 am** Join us on an exciting tour through the world of chocolate! Journey back to the origins of chocolate and experience how cocoa conquered Europe. Meet the Swiss chocolate pioneers who sweetened our lives with their inventions. Marvel at all the work it takes to transform cocoa beans into melt-in-your-mouth chocolate. Follow the chocolate manufacturing process in our modern test facilities. And find out just how irresistible Swiss chocolate is for yourselves.

**February 12<sup>th</sup> Service Project (Clubhouse) 1:00 pm** The Youth Development Center is looking for donations of socks for adolescents, chapsticks, decks of cards (with joker included), and composition books (no spiral bound notebooks).

**February 14<sup>th</sup> Valentine's Day Dinner (Clubhouse) 5:00 pm** Enjoy a romantic steak and crab cake dinner, with sides of baked potato, roast asparagus, and cheesecake with strawberries for dessert! **Cost: \$25.00**

**February 17<sup>th</sup> Pizza & Movie "Arthur the King" (2024) (Clubhouse) 5:00 pm** Desperate for one last chance to win, Michael Light convinces a sponsor to back him and a team of athletes for the Adventure Racing World Championship in the Dominican Republic. As the team gets pushed to the outer limits of endurance, a dog named Arthur comes along for the ride, redefining what victory, loyalty and friendship truly means. (Rated PG-13) **Cost: \$5.00**

**February 19<sup>th</sup> Craft Corner: Homemade Hand Warmers (Clubhouse) 1:00 pm** Slow-stitch heart-shaped handwarmers using scrap fabric. Fill them with rice (and optionally, essential oils!) and then pop them in the microwave to make them warm.

**February 26<sup>th</sup> Visionary Arts Museum (Baltimore, MD) 8:45 am** The American Visionary Art Museum is the official national museum, education center, and repository for intuitive, self-taught artistry. What is Visionary Art? Like love, you know it when you see it. But here's the longer definition, straight out of our Mission Statement: "Visionary art as defined for the purposes of the American Visionary Art Museum refers to art produced by self-taught individuals, usually without formal training, whose works arise from an innate personal vision that revels foremost in the creative act itself." In short, visionary art begins by listening to the inner voices of the soul, and often may not even be thought of as 'art' by its creator. **Cost: \$12.00 at group rate**

 **Spiritrust Lutheran**  
The Village at Shrewsbury



# Lifestyle

## Newsletter

February 2025

### Purely Refreshing

Judges in Berkeley Springs, West Virginia, treat water like wine from February 20 to 22. Local connoisseurs will examine waters from around the world and declare the world's best water based on taste, aroma, appearance, mouth feel, and aftertaste. Not all water is created equal, so it is divided into categories: municipal (tap), bottled, purified, and carbonated. A separate category for package design is voted on as a People's Choice award.

Berkeley Springs has always attracted those interested in water. George Washington owned land in Berkeley Springs and visited often, perhaps lured there by the warm mineral springs believed to have medicinal qualities. Visitors can still marvel at his bathtub, a stone-lined basin dug into the earth that draws water directly from the mineral springs.

Saturday night brings high anxiety at the Country Inn of Berkeley Springs, where judges sip and sample before a crowd of spectators and water purveyors. Last year drew stiff competition in all water categories. More than 100 different waters sourced from 14 countries representing all six inhabited continents entered the competition.

The best tap water in the world was awarded to Independence, Missouri, a new contender in the category. Castle Rock Water of Dunsmuir, California, once again triumphed, beating entries from Italy and Australia to claim the title of the world's best bottled water. The top sparkling water was awarded to Smeraldina Natural Artesian Water from Sardinia, Italy, with strong runners-up from Bosnia and New Zealand. As for the best purified water, that honor stayed local, with H2Only Purified Water from Berkeley Springs clinching the win.

Hometown favoritism? Unlikely. The waters of Berkeley Springs have attracted international acclaim for more than 250 years.



Alice Sellers

Moni Houston

Larry Felty

Bonnie Vassalotti

Joan Kines

Bob Kirk

Donna Valentine-  
Felty



HAPPY ANNIVERSARY

Larry and Donna  
Valentine-Felty



The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 1:00 Pinochle (CH) 3:00 Exercise with Alec (CH)	9:00 Shopping @ Giant (OFF) 2:00 Cribbage (CH)	9:00 Saubel's / Bank Run (OFF) 10:00 Move! (CH) 1:00 Sing Along with Joan (ZP)	9:00 Bible Study (CH) 3:00 Wii Bowling & Ping Pong (CH)	

February 2025

Additional programs & events scheduled for the month of February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Program additions or changes since catalog was published are in <b>bold</b> . Program offerings are subject to change.	<b>KEY:</b> ** - Registration Required OFF - Off Campus ZP - Zimmerman Place CD - Closing Date GR - Gathering Room	\$\$ - Cost CH - Clubhouse WS - Wellness Suite CR - Conference Room			1
2	3 11:00 Board Game Day (CH)	4 10:15 RL Board Meeting (CH) 11:00 Lunch Out to Fiesta Mexico **(OFF) <b>CD 1/31</b>	5 1:00 Trivia with Friends **(CH)	6 1:00 Library (OFF)	7 9:15 Walmart (OFF) 10:00 Painting 201 (CH) 2:00 Virtual Voyager "Verona, Italy" **(CH)	8 10:00 Catholic Mass (GR)(ZP) 6:15 YSO: "A Night at the Oscars" **(OFF)\$\$ <b>CD 2/5</b>
9	10 2:00 Great Discussions "Why Do You Like Your Favorite Songs?" **(CH)	11 9:00 Lindt Chocolate Factory Tour **(OFF) <b>CD 2/6</b>	12 1:00 Service Project "Donations for Youth Development Center" **(CH) <b>CD 2/10</b>	13 10:30 Bingo **(CH) <b>CD 2/10</b> 1:00 Meet and Greet with Lisa (CH)	14 1:00 Live Music with Silver63 **(CH) <b>CD 2/10</b> 5:00 Valentine's Day Dinner **(CH)\$\$ <b>CD 2/7</b>	15
16	17 11:00 Board Game Day (CH) 5:00 Pizza & Movie "Arthur the King" **(CH)\$\$ <b>CD 2/14</b>	18 2:00 Social Life Committee Meeting (CH) 4:00 Dinner Out to Texas Roadhouse **(OFF) <b>CD 2/14</b>	19 10:00 Stitch Witchery (CH) 1:00 Craft Corner "Homemade Hand Warmers" **(CH) <b>CD 2/12</b>	20 1:00 Library (OFF) 1:00 Technology Skills Sharing & Learning (CH) 4:00 Cocktails & More and Karaoke Night **(CH) <b>CD 2/17</b>	21 10:00 Painting 201 (CH)	22
23	24 1:30 Book Club (CH)	25 10:00 Men at Ten **(OFF) <b>CD 2/24</b> 1:00 Town Hall Meeting (CH)	26 8:45 Trip to the Visionary Arts Museum **(OFF)\$\$ <b>CD 2/19</b>	27 5:00 Birthday Dinner **(CH)\$\$ <b>CD 2/24</b>	28	