

SPECIAL PROGRAMS AND EVENTS ON AND OFF CAMPUS

January 9th Virtual Voyager “Chile” (Clubhouse) 2:00 pm Imagine crossing a desert that has never seen a drop of rain and, in the same country, navigating marble caves carved by millions of years of erosion.  Welcome to Chile — the most surprising, unforgettable, and captivating country in South America in 2025

January 12th Treats & Bingo (Café) 11:00 am Always a hit with the residents!

January 12th Great Discussions “The AI Revolution Is Underhyped” (Clubhouse) 2:00 pm The arrival of non-human intelligence is a very big deal, says former Google CEO and chairman Eric Schmidt. In a wide-ranging interview with technologist Bilawal Sidhu, Schmidt makes the case that AI is wildly underhyped, as near-constant breakthroughs give rise to systems capable of doing even the most complex tasks on their own. He explores the staggering opportunities, sobering challenges and urgent risks of AI, showing why everyone will need to engage with this technology to remain relevant.

January 15th Cocktails & More (Clubhouse) 4:00pm Join for an evening of socializing with friends while sharing a variety of snacks and cocktails, alcoholic and non-alcoholic.

January 16th Harp Music with Shelly Hopkins (Gathering Room) 1:00 pm Come enjoy a serene and enchanting harp concert with Shelly Hopkins, a local harpist and music teacher.

January 19th Pizza & Movie “Hachi: A Dogs Tail” (Clubhouse) 5:00 pm Young Ronnie reveals to his classmates that his personal hero is a dog named Hachi. Ribbed by his fellow pupils, Ronnie goes on to tell the remarkable story of his grandfather's friendship with the dog. Rated G **Cost: \$5.00**

January 22nd Greenmount Bowl “Colorama Bowling” (Hampstead, MD) 9:30 am 3 games of bowling, a 50/50 ticket and a chance to will some money for the various shots on the flyer. You can do duckpins or ten pins. **Cost: \$12.50**

January 27th Men at Ten (Clubhouse) 11:00 am Gather with our distinguished men's senior group for monthly meetings, fostering camaraderie, shared experiences, and engaging discussions on a variety of topics. Join us in a welcoming environment where wisdom is celebrated, friendships thrive, and meaningful connections are forged.

January 27th Lunch Out “Samurai Hibachi” (Shrewsbury, PA) 11:30 am A Japanese Steakhouse that offers fresh sashimi, special rolls and authentic Hibachi plates. Sure to be a fun lunch out!

January 29th Chili Potluck (Clubhouse) 4:00 pm Warm the season up with a hot bowl of chili. Bring your favorite chili & Toppings (any style — classic, veggie, mild, spicy, or creative) and join us for a cozy, tasty get-together. Cornbread will be provided! A signup sheet will be available requesting specific items for residents to bring.

 **SpiriTrust Lutheran®**
The Village at Shrewsbury

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Lifestyle Newsletter

January 2026

Here's a little-known fact: January 4th is National Trivia Day! Here are some fun facts to impress your friends and family.

1. In Japan, letting a sumo wrestler make your baby cry is considered good luck.
2. Sea otters hold hands when they sleep so they don't drift apart.
3. Between 1900 and 1920, Tug of War was an Olympic event.
4. The American Psychiatric Association's DSM-V handbook classifies caffeine withdrawal as a mental disorder.
5. In 19th-century Britain, opium for babies was marketed under the name "Quietness."
6. George Washington insisted his continental army be permitted a quart of beer as part of their daily rations.
7. The most shoplifted food item in the U.S. is candy.
8. In Europe, it's cheese.
9. Nutella was invented during WWII, when an Italian pastry maker mixed hazelnuts into chocolate to extend his chocolate ration.
10. Alaska is so big you could fit 75 New Jerseys in it.
11. In 19th-century Britain, opium for babies was marketed under the name "Quietness."



The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	11:00 Board Game Day (CH) 3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 1:00 Pinochle (CH)	9:00 Shopping Giant (OFF) 2:00 Cribbage (CH) 6:30 Game Night (CH)	9:00 Grocery/Bank Run (OFF) 10:00 Move! (CH) 1:00 Pinochle (CH) 1:00 Singalong with Joan (ZP)	9:30 Bible Study (CH) 3:00 Wii Bowling & Ping Pong (CH)	

Additional programs & events scheduled for the month of January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
For more details on any of the programs, please refer to the page listed next to event. This will direct you to page in your Inspirations catalog.	Key: RR- Registration Required \$\$- Cost OFF – Off Campus CH – Club House ZP – Zimmerman Place WS – Wellness Suite GR – Gathering Room		Program additions or changes since catalog was published are in bold . Program offerings are subject to change.	1	2 10:00 Painting 201 (CH)	3
4	5	6 10:15 RL Board Meeting (CH)	7 10:00 Flower & Garden Club **(CH)	8 11:00 Movie Theater Matinee "Song Sung Blue" **(OFF) C/D 1/6 (DEPART TIME MAY CHANGE DUE TO SHOW TIME)	9 2:00 Virtual Voyager "Chile" **(CH)	10
11 11:00 Bingo (CH)	12 2:00 Great Discussions "The AI Revolution Underhyped" **(CH)	13 4:00 Dinner Out Stonebridge Grill **(OFF) CD 1/12	14 1:00 Catholic Mass (ZP)(GR) 1:00 Trivia with Friends**(CH) Service Project "Bingo Prizes for PC" **(CH)	15 4:00 Cocktails & More ** (CH)\$\$ CD 1/13	16 10:00 Painting 201 (CH) 1:00 Harp Music with Shelly Hopkins (ZP)(GR)	17
18	19 5:00 Pizza & Movie "Hachi: A Dogs Tail" **(CH)\$\$ CD 1/16	20 1:30 Chemistry of Cooking "Sweet Potato Salad" **(CH) 2:00 Social Life Committee Meeting (CH) 2:45 Dining Committee Meeting (CH)	21 10:00 Stitch Witchery (CH) 2:00 RLA Meeting (CH)	22 9:30 Bowling at Greenmount **(OFF) CD 1/20	23	24
25	26 1:00 Book Club (CH)	27 11:30 Lunch Out Samurai Hibachi Japanese Steakhouse **(OFF) CD 1/23	28 1:00 Craft Corner "Melting Wooden Snowmen" **(CH) CD 1/26	29 4:00 Chili Potluck **(CH) CD 1/26	30	31