

## SPECIAL EVENTS

**May 2<sup>nd</sup> Lehigh's Greenhouse and Farm Market (Hanover, PA) 10:00 am** Plant shopping day.

**May 3<sup>rd</sup> Virtual Voyager "Venice, Italy" (Clubhouse) 2:00 pm** Venice, Italy, a timeless city of canals, bridges, and romance. Its labyrinthine alleys lead to grand piazzas, where history and art converge. From the iconic St. Mark's Basilica to the serenade of gondoliers, Venice enchants with its Venetian Gothic architecture, unparalleled beauty reflected in its shimmering waters.

**May 8<sup>th</sup> Service Project "Donations for Youth Development Center" (Club House) 1:00 pm** Donations for the Youth Development Center in York, PA will include socks for boys and girls (boys prefer black tube socks), chap stick, composition books (no wire spiral), and stress balls.

**May 10<sup>th</sup> Mother's Day Brunch (Clubhouse) 10:00 am** Join for a Mother's Day brunch celebration filled with delicious food to honor all the remarkable, nurturing moms out there. Cost: TBD

**May 13<sup>th</sup> Great Discussions "The inside story of Chat GPT's astonishing potential" (Clubhouse) 2:00 pm** In a talk from the cutting edge of technology, OpenAI cofounder Greg Brockman explores the underlying design principles of ChatGPT and demos some mind-blowing, unreleased plug-ins for the chatbot that sent shockwaves across the world. After the talk, head of TED Chris Anderson joins Brockman to dig into the timeline of ChatGPT's development and get Brockman's take on the risks, raised by many in the tech industry and beyond, of releasing such a powerful tool into the world. Participants will view a TED Talk followed by an interactive question and answer session.

**May 14<sup>th</sup> Gettysburg Diorama (Gettysburg, PA) 8:30 am** The Gettysburg Diorama depicts the pivotal battle of Gettysburg during the American Civil War. Intricately detailed miniature soldiers and terrain recreate the battlefield, offering a vivid portrayal of the conflict's intensity and significance. The Gettysburg History Center presents the Battle of Gettysburg in a fully narrated truly unique and original light and sound experience. Residents will enjoy lunch out after the diorama. **Cost: \$4.50**

**May 18<sup>th</sup> YSO "Schubert's Unfinished" (York, PA) 6:15 pm** The season concludes with Schubert's seminal "Unfinished Symphony" and Mendelssohn's "Symphony-cantata Hymn of Praise." Schubert composed the first two movements of his 8th symphony before his untimely death at age 31. Perhaps one of music's greatest unanswered questions is why the work remained "Unfinished." **Cost: \$11.00**

**May 20<sup>th</sup> Pizza & Movie "Heaven is for Real" (Clubhouse) 5:00 pm** Small-town businessman, pastor and volunteer firefighter Todd Burpo (Greg Kinnear) and his wife, Sonja (Kelly Reilly), are struggling to make ends meet during a tough year. After their young son, Colton (Connor Corum), undergoes emergency surgery, Todd and Sonja are overjoyed at the child's miraculous recovery. However, the Burpos are unprepared for what happens next. Colton says that he went to heaven and back, and tells his parents things that he couldn't possibly know. Rated PG 13. **Cost: \$5.00**

**May 23<sup>rd</sup> Tanger Outlets (Lancaster, PA) 9:00 am** Shopping and lunch.

**May 29<sup>th</sup> Historic Rock Ford Mansion Tour (Lancaster, PA) 9:30 am** Embark on a journey through time at the Rockford mansion in Lancaster, PA. Explore the rich history of this stately home, built in the 18th century. Admire its elegant architecture, lush gardens, and period furnishings as you uncover stories of the prominent families who once called it home. Guided Mansion tour plus self-guided Snyder Gallery included with visit. **Cost: \$12.00**

**May 28<sup>th</sup> Celebrate National Brisket Day 5:00 pm** Enjoy smoked beef brisket with roasted potatoes and grilled vegetables, plus a dessert surprise. **Cost: \$11.75**

 **SpirTrust Lutheran**  
The Village at Shrewsbury



# Lifestyle

## Newsletter

May 2024



Vickie Bennington 5/2

Calvin Palmer 5/5

Barbara Blazek 5/5

Pat Smith 5/8

Dave Kluge 5/10

Pat Vassalotti 5/14

Gale Coughlin 5/14

May Polley 5/22

Aubrey Smith 5/27



Mike & Betty Jo Sibol

5/28



One of the earliest Mother's Day celebrations was in Ancient Greece. The Greeks would have spring celebrations in honor of Rhea, the goddess of fertility, motherhood, and generation.

More calls are made on Mother's Day than any other day of the year. Reportedly there are approximately 122 million calls made on the second Sunday of May every year. Mother's Day is the third highest selling holiday for flowers and plants. Approximately one quarter of all the flowers purchased throughout the year are bought for Mother's Day.

The history of American Mother's Day starts with peacemaker Ann Jarvis. During and following the Civil War, Ann Jarvis made a concerted effort to foster friendship and community between the mothers on both sides of the war. She started a committee in 1868 which established the first glimmer of today's holiday: "Mother's Friendship Day." Ann's daughter Anna continued her legacy by creating the official holiday. Anna Reeves Jarvis sought to honor her own mother by establishing an intimate day of observance that is very obviously the basis of today's holiday. The very first Mother's Day was celebrated in 1908.

Woodrow Wilson signed Mother's Day into law in 1914. After Anna Jarvis created the Mother's Day International Association in order to streamline the intimate day of observance to the second Sunday in May, Woodrow Wilson legitimized the celebration as a nationwide holiday.

Anna Jarvis would later try to stop what Mother's Day became. The holiday quickly became a commercialized opportunity for producers to sell flowers, candies, and cards. Anna Reeves Jarvis felt this was detracting holiday and defied this by starting boycotts, walkouts, and even condemned first lady Eleanor Roosevelt for using the day as a means of fundraising. Jarvis would eventually use all her money in this fight, and died at the age of 84 in a sanatorium.




The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	3:00 Wii Bowling & Ping Pong (CH)	9:30 Move! (CH) 1:00 Pinochle (CH) 11:00 Blood Pressure Clinic (WS)	8:30 Shopping @ Giant (OFF) 2:00 Cribbage (CH)	9:15 Saubel's / Bank Run (OFF) 9:30 Yoga (CH) 1:00 Sing Along with Joan (ZP)	9:00 Bible Study (CH) 3:00 Wii Bowling & Ping Pong (CH)	

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Additional programs & events scheduled for the month of May

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program additions or changes since catalog was published are in <b>bold</b> . Program offerings are subject to change.	<b>KEY:</b> <b>**</b> - Registration Required <b>OFF</b> - Off Campus <b>ZP</b> - Zimmerman Place <b>CD</b> - Closing Date <b>CR</b> - Conference Room <b>\$\$</b> - Cost <b>CH</b> - Clubhouse <b>WS</b> - Wellness Suite <b>BJE</b> - Skilled Care <b>GR</b> - Gathering Room	<b>1</b> 10:00 Flower & Garden Club (CH) 2:00 Trivia with Friends (CH) <b>CD 4/30</b>	<b>2</b> <b>10:00 Lehigh's Greenhouse &amp; Farm Market <b>**</b>(OFF) <b>CD 4/29</b></b> 1:00 Library (OFF) 4:00 Cocktails & More <b>**</b> (CH) <b>CD 5/1</b>	<b>3</b> 9:15 Walmart (OFF) 10:00 Painting 201 (CH) 2:00 Virtual Voyager "Venice, Italy" <b>**</b> (CH) <b>CD 5/2</b>	<b>4</b> 10:30 Catholic Communion Service (GR)(ZP)	
<b>5</b>	<b>6</b> 11:00 Board Game Day <b>**</b> (CH) <b>CD 5/5</b> 1:00 Ice Cream Social <b>**</b> (CH) <b>CD 5/5</b> 6:30 Genealogy Group (CH)	<b>7</b> 10:00 RL Board Meeting (CH) 11:00 Lunch Out "First Watch" <b>**</b> (OFF) <b>CD 5/3</b>	<b>8</b> 1:00 Service Project "Youth Development Center Donations" <b>**</b> (CH) <b>CD 5/7</b>	<b>9</b> 2:00 Be Well Kitchen "Almond Coconut Date Balls" <b>**</b> (CH) <b>CD 5/2</b> 12:15 Fulton Theatre "South Pacific" <b>**</b> (OFF) <b>CD 4/9</b>	<b>10</b> 10:00 Mother's Day Brunch <b>**</b> (CH) <b>CD 5/3</b>	<b>11</b>
<b>12</b> 	<b>13</b> 2:00 Great Discussions "The story of Chat GPT's astonishing potential" <b>**</b> (CH) <b>CD 5/12</b>	<b>14</b> 8:30 Gettysburg Diorama <b>**</b> (OFF) <b>CD 5/7</b>	<b>15</b> 10:00 Stitch Witchery (CH) 2:00 Residential Living Association Meeting (CH)	<b>16</b> 1:00 Library (OFF) 1:00 Technology Skills Sharing & Learning (CH) 4:00 Cocktails & More <b>**</b> (CH) <b>CD 5/15</b>	<b>17</b> 10:00 Painting 201 (CH)	<b>18</b> 6:15 YSO "Shubert's Unfinished" <b>**</b> (OFF) <b>CD 5/11</b>
<b>19</b>	<b>20</b> 2:00 Dining Committee Meeting (CH) 11:00 Board Game Day <b>**</b> (CH) <b>CD 5/19</b> 5:00 Pizza & Movie "Heaven is For Real" <b>**</b> (CH) <b>CD 5/17</b> 6:30 Genealogy Group (CH)	<b>21</b> 2:00 Social Life Committee Meeting (CH) 4:00 Dinner Out "Victor's Italian Restaurant" <b>**</b> (OFF) <b>CD 5/17</b>	<b>22</b> 1:00 Craft Corner "Monogram Wood Sign" <b>**</b> (CH) <b>CD 5/20</b> 2:00 Cribbage (CH)	<b>23</b> 9:00 Tanger Outlets <b>**</b> (OFF) <b>CD 5/16</b>	<b>24</b> <b>11:30 Community Picnic <b>**</b>(CH) <b>CD 5/17</b></b>	<b>25</b>
<b>26</b>	<b>27</b> 1:30 Book Club (CH)	<b>28</b> 10:00 Men at Ten <b>**</b> (OFF) <b>CD 5/27</b> 3:00 Chris Boyle "Sports in Baltimore" <b>**</b> (CH) <b>CD 5/27</b> 4:30-6:00 Celebrate National Brisket Day <b>**</b> (CH) <b>CD 5/21</b>	<b>29</b> 9:30 Historic Rock Ford Tour <b>**</b> (OFF) <b>CD 5/22</b>	<b>30</b> 1:00 Library (OFF) 4:00 Cocktails & More <b>**</b> (CH) <b>CD 5/29</b>	<b>31</b> 9:30 Wii Bowling "Utz Terrace vs. Shrewsbury" <b>**</b> (CH)	