

SPECIAL EVENTS

**May 2<sup>nd</sup> Monte Carlo, Monaco (Clubhouse) 2:00 pm** Prepare to dive into the glamorous allure of Monaco! Monte Carlo, Monaco’s famed district offers its luxurious casinos, prestigious Grand Prix circuit, and stunning Mediterranean views for you to explore. It is also home to the Monte Carlo Opera House, an architectural masterpiece. The Ballets de MonteCarlo hosts a variety of performances, including opera and classical music concerts. The venue’s opulent interior is worth the visit alone. We will also explore the tranquil, beautifully landscaped space of the Japanese Gardens. They offer a serene escape from the hustle and bustle of Monte Carlo. It features a koi pond, bonsai trees, and traditional Japanese garden designs, making it a peaceful retreat.

**May 12th Great Discussions “Why Do We Ask Questions” (Clubhouse) 2:00 pm**  
“Why Do We Ask Questions” Michael Stevens the persona behind the YouTube sensation Vsauce, is an online personality with an entertaining approach to explaining the science behind seemingly ordinary, everyday phenomena. Michael’s videos have been watched over 400 million times.

**May 14<sup>th</sup> Draycott Gardens (Upperco, MD) 9:15 am** Draycott Gardens specializes in beardless irises. We have many varieties to view including Siberian, Pseudata, and Japanese irises among others. Visitors to the gardens are welcome and encouraged. We try to maintain extensive display gardens, as well as our stock area. Registration required.

**May 17<sup>th</sup> York Symphony Orchestra: “Mahler’s First Symphony” (York, PA) 6:15 pm** Following along a symphonic poem of a young nobleman, Gustav Mahler’s Symphony No. 1 starts with the soft sounds of nature and ending with ominous funeral march. John Williams’ iconic Jurassic Park Theme accentuates the brilliant melody to befit the momentous dinosaur giants. Centering around long-established call and response, Valerie Coleman wrote Umoja to commemorate unity for the world. Registration required. **Cost: \$11.00**

**May 19<sup>th</sup> Pizza & Movie “Secretariat” (2010) 5:00 pm. Cost: \$5.00** Despite her lack of experience, housewife and mother Penny Chenery (Diane Lane) agrees to take over management of the family Thoroughbred farm after her father (Scott Glenn) becomes ill. Successfully navigating her way through the maledominated world of horse racing, Chenery, together with veteran trainer Lucien Laurin (John Malkovich), fosters a gifted colt that ultimately crosses the finish line into history as the Triple Crown winner in 1973. (Rated PG) **Cost: \$5.00**

**May 20<sup>th</sup> Carroll County Farm Museum (Westminster, MD) 8:45 am** The Carroll County Farm Museum is home to one of the largest collections of historic farm artifacts and machinery in the Mid-Atlantic region. Today, visitors can explore the seven rooms in the farmhouse which depict the life of a middle-class farm family in the 1880s. They can also see exhibits in our Living History Center featuring historic trades that were once important to Carroll County’s economy. **Cost: \$4.00**

**May 30<sup>th</sup> Eisenhower House (Gettysburg, PA) 8:45 am** The home and farm of our 34th President, the Eisenhower National Historic Site provides a warm and personal look at the home life of Dwight and Mamie Eisenhower. Renovated in the early 1950s, the home served as a weekend getaway for the President and a meeting place for world leaders. Retiring to the farm in 1961, the Eisenhower’s gifted the property to the federal government in 1967. The farm was designated as a National Historic Site in 1969. Residents will enjoy a self-guided tour.



Lifestyle Newsletter

May 2025



Vickie Bennington

Barbara Blazek

William Palmer

Pat Smith

Dave Kluge

Pat Vassalotti

Gale Coughlin

May Polley

Aubrey Smith



Mike & Betty Jo Sibol

5/28

Wonders of the Great Lakes



The Great Lakes, Lake Superior, Lake Michigan, Lake Huron, Lake Erie, and Lake Ontario are not only beautiful but also vital to the environment, economy, and wildlife. These five lakes, which make up the largest freshwater system in the world by total area, are home to more than 30 million people and provide a habitat for countless species. Additionally, they contain about 84 percent of North America’s fresh surface water!

Every year, people across the U.S. and Canada celebrate the Great Lakes during events like Great Lakes Awareness Day, observed this year on May 5. This day highlights the importance of protecting the lakes and raising awareness about environmental issues that threaten their health, such as pollution and invasive species.

But the celebrations don’t stop there. May 10 marks World Migratory Bird Day. The Great Lakes provide crucial resting areas for birds traveling along their migration paths, making them key to preserving biodiversity. Some of the most notable migratory birds passing through the region include the peregrine falcon, the fastest animal on Earth, and the common loon, which uses the lakes for nesting and fishing. The Great Lakes serve as an essential hub, especially for species traveling from the Gulf of Mexico to breeding grounds in Canada.



The following programs are regularly scheduled on a weekly basis						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	9:30 Yoga with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 1:00 Pinochle (CH) 3:00 Exercise with Alec (CH)	9:00 Shopping Giant (OFF) 2:00 Cribbage (CH)	9:00 Sauble's/Bank Run (OFF) 10:00 Move! (CH) 1:00 Singalong with Joan (ZP)	9:00 Bible Study (CH) 3:00 Wii Bowling & Ping Pong (CH)	

Additional programs & events scheduled for the month of May						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program additions or changes since catalog was published are in <b>bold</b> . Program offerings are subject to change.	<b>Key:</b> <b>RR- Registration Required    \$\$- Cost    OFF – Off Campus</b> <b>CH – Club House    ZP – Zimmerman Place</b> <b>WS – Wellness Suite    GR – Gathering Room</b>		For more details on any of the programs, please refer to the page listed next to event. This will direct you to page in your Inspirations catalog.	<div>1</div> 11:30 Nixon Park <b>** (OFF) CD 5/28</b>	<div>2</div> 10:00 Painting 201 (CH)  2:00 Virtual Voyager “Monte Carlo, Monaco” <b>** (CH)</b>	<div>3</div>
<div>4</div>	<div>5</div> 11:00 Board Game Day (CH)	<div>6</div> 10:15 RL Board Meeting (CH)	<div>7</div> 1:00 Trivia with Friends <b>** (CH)</b>	<div>8</div> 11:00 Lunch Out at Tapenade Bistro <b>** (OFF) CD 5/5</b>	<div>9</div> 10:00 Mother’s Day Brunch <b>** (CH) \$\$ CD 5/2</b>	<div>10</div> 10:00 Catholic Mass (GR)(ZP)
<div>11</div> 	<div>12</div> 1:00 Craft Corner “Preakness Fascinator’s” <b>** (CH) CD 5/9</b>  2:00 Great Discussions “Why Do We Ask Questions” <b>** (CH)</b>	<div>13</div> 2:00 Social Life Committee Meeting (CH)	<div>14</div> 9:15 Draycott Gardens (OFF) <b>CD 5/12</b>  1:00 Service Project “Baked Goods for ZP Staff” <b>** (CH) CD 5/9</b>  3:00 “Tick- Born Diseases” <b>** (CH)</b>	<div>15</div> 1:00 Technology Skills Learning & Sharing (CH)  4:00 Cocktails & More and Preakness Party <b>** (CH) \$\$ CD 5/8</b>	<div>16</div> 10:00 Painting 201 (CH)	<div>17</div> 6:15 YSO “Mahler’s First Symphony” <b>** (OFF) \$\$ CD 5/14</b>
<div>18</div>	<div>19</div> 11:00 Board Game Day (CH)  5:00 Pizza & Movie “Secretariat” <b>CD 5/16</b>	<div>20</div> 8:45 Carroll County Farm Museum <b>** (OFF) \$\$ CD 5/16</b>  2:00 Chemistry of Cooking “Roasted Beet Salad” <b>** (CH) CD 5/16</b>	<div>21</div> 10:00 Stitch Witchery (CH)  2:00 Residential Living Association Meeting (CH)	<div>22</div> 10:30 York Merchant Shopping <b>** (OFF) CD 5/20</b>	<div>23</div> 11:30 Memorial Day Cookout <b>** (CH) \$\$ CD 5/16</b>	<div>24</div>
<div>25</div>	<div>26</div> 1:30 Book Club (CH)  	<div>27</div> 10:00 Men at Ten <b>** (OFF)</b>  11:00 Lunch Out Greenfield Restaurant <b>** (OFF) CD 5/23</b>  2:00 Dining Committee (CH)	<div>28</div>	<div>29</div> 7:45 Eisenhower House (OFF) <b>CD 5/23</b>	<div>30</div> 10:30 Bingo <b>** (CH)</b>	<div>31</div>