

SPECIAL EVENTS

September 2nd Labor Day Cookout (Clubhouse) 2:00 pm Come celebrate the unofficial end of summer! Enjoy BBQ chicken, grilled sausage, mac and cheese, potato salad, coleslaw, fruit cups, and patriotic cupcakes. **Cost: \$17.00**

September 5th Virtual Voyager “Scotland” (Clubhouse) 2:00 pm Join us for an extraordinary journey to discover wonderful Scotland and its incredible wonders of Scotland. This exclusive documentary will take you through the most beautiful places in Scotland, showing you why this magical land is considered one of the most fascinating destinations in the world.

September 8th Great Discussions “Spam Mail” (Clubhouse) 2:00 pm James Veitch has spent years doing the tireless, thankless work of replying to spam emailers, so you don’t have to. He returns to TED to tell the tale of yet another spam email adventure, this time with a vital lesson attached: How to annoy your way off any spammer’s mailing list.

September 9th Kitchen Kettle Village (Intercourse, PA) 10:30 am Kitchen Kettle Village is a charming destination in Intercourse, PA, with 35+ unique shops and eatery options. Enjoy homemade food, local crafts, seasonal events, and Amish culture in a quaint, walkable village.

September 10th Revolution Baseball Game (York, PA) 4:45 pm The York Revolution is an American professional minor-league baseball team based in York, Pennsylvania. It is a member of the North Division of the Atlantic League of Professional Baseball, an independent "partner league" of Major League Baseball. **Ticket price: \$10.50**

September 12th Luau (Clubhouse) 5:00 pm Put on your favorite island attire and enjoy a festive Luau celebration. Join us for pulled pork, pulled chicken, corn on the cob, coleslaw, macaroni salad, and pineapple upside down cake. **Cost: \$15.00**

September 15th Pizza & Movie “Tucker” (1988) (Clubhouse) 5:00 pm The Man and His Dream is a 1988 American biographical comedy-drama film directed by Francis Ford Coppola, starring Jeff Bridges as inventor Preston Tucker. The film recounts Tucker's story and his attempt to produce and market the Tucker 48, which was met with scandal between the Big Three automobile manufacturers and accusations of stock fraud from the U.S. Securities and Exchange Commission. **Cost: \$5.00**

September 18th America’s Transportation Museum (Hershey, PA) 8:15 am The AACA Museum, Inc. at Hershey is dedicated to the preservation and presentation of motor vehicle history in a manner that provides for the education and entertainment of our guests. The 71,000 square foot museum, officially named the AACA Museum at Hershey, opened on June 26, 2003, and offers noteworthy exhibits and an ever-growing permanent collection. **Ticket price: Cost: \$11.50**

September 23rd Brown’s Orchard Tour & Lunch (Loganville, PA) 10:45 am A walking tour of the apple trees at the market to pick apples and learn about apple tree growth, fruit growing & harvesting. Visit the Honey House for a lesson on honeybees and pollination. A tour of the Farm Market with a cider sample and a recipe for making applesauce in a crock pot. **Cost: \$5.00**

September 30th Hershey Trolley Works Tour (Hershey, PA) 9:15 am This is a one-of-a-kind sightseeing, chocolate tasting experience. Highly knowledgeable and entertaining conductors will take riders in a covered trolley through Hershey. Journey through the inspiring life of Milton Hershey, visit the historical sites of town he created, and taste the chocolate that made him famous. Lunch at the Chocolatier Restaurant after tour. **Cost: \$21.00**

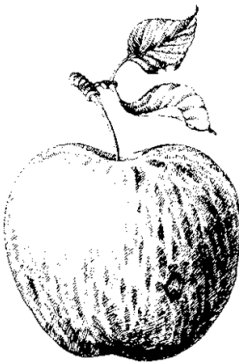
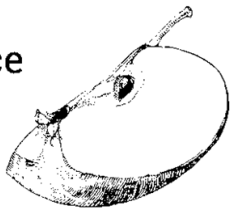


Lifestyle Newsletter

September 2025

HEALTH BENEFITS OF APPLES

- Helps prevent diabetes
- Reduces risk of cancer
- Strengthens bone mass
- Enhances cognitive performance
- Helps in weight loss
- Restricts drug side effects
- Safeguards from cancer
- Reduces cholesterol
- Promotes liver health
- Enhances bowel movements
- Boosts skin health
- Improves hair growth
- Protects from asthma
- Prevents eye problems
- Fights inflammation
- Boosts overall immunity
- Manages blood pressure



The following programs are regularly scheduled on a weekly basis						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1:00 Communion Service (ZP)(GR)	9:30 Yoga with Kim (CH) 3:00 Wii Bowling & Ping Pong (CH)	10:00 Move! (CH) 11:00 Blood Pressure Clinic (WS) 1:00 Pinochle (CH) 3:00 Exercise with Alec (CH)	9:00 Shopping Giant (OFF) 2:00 Cribbage (CH) 3:00 Exercise with Kim from the YMCA (CH)	9:00 Saubel's/Bank Run (OFF) 10:00 Move! (CH) 1:00 Singalong with Joan (ZP)	3:00 Wii Bowling & Ping Pong (CH)	
Additional programs & events scheduled for the month of September						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 11:00 Board Game Day (CH)	2 10:15 RL Board Meeting (CH) 2:00 Labor Day Cook Out **(CH)\$\$ CD 8/28	3 10:00 Garden Club **(CH) 1:00 Trivia with Friends **(CH) CD 3:00 Exercise with Kim**(CH)	4 4:00 Dinner Out Wyndridge Farm**(OFF)\$\$ CD 9/2	5 10:00 Painting (CH) 2:00 Virtual Voyager "Scotland" **(CH)	6
7	8 10:30 Bingo**(CH) 2:00 Great Discussions "Spam Mail" **(CH)	9 10:30 Kitchen Kettle Village **(OFF)\$\$ CD 9/5	10 1:00 Catholic Mass (GR)(ZP) 1:00 Service Project "EEC Ministries" Socks for Homeless **(CH) 4:45 York Revolutions**(OFF)\$\$ CD 9/8	11 4:00 Cocktail's & More **(CH) CD 9/9	12 9:30 Bible Study (CH) 5:00 pm Luau **(CH)\$\$ CD 9/5	13
14	15 11:00 Board Game Day (CH) 5:00 Pizza & Movie "Tucker" **(CH)\$\$ CD 9/12	16 2:00 Social Life Committee Meeting (CH)	17 10:00 Stitch Witchery (CH) 2:00 RLA Meeting (CH)	18 8:15 America's Transportation Museum **(OFF)\$\$ CD 9/15	19 10:00 Painting (CH) 12:00 Crab Feast**(CH)\$\$	20
21	22	23 10:45 Brown's Orchard Tour & Lunch**(OFF)\$\$ CD 9/19 2:00 Dining Committee Meeting (CH)	24 11:00 Brianna Berger "Therapy Talks" **(CH) 1:00 Craft Corner "Pressed Flower Lantern" **(CH) CD 9/22	25	26	27
28	29 1:30 Book Club **(CH)	30 9:15 Hershey Trolley **(OFF)\$\$ CD 9/15	For more details on any of the programs, please refer to the page listed next to event. This will direct you to page in your Inspirations catalog.	Program additions or changes since catalog was published are bold . Program offerings are subject to change.	Key: ** - Registration Required \$\$ - Cost OFF – Off Campus CH – Club House ZP – Zimmerman Place WS – Wellness Suite GR – Gathering Room	