

The Weekly Update

Residential Living | April 12 — April 18, 2026

Upcoming Programs & Events:

- 4/12 — Communion Service 1:00 pm (ZP)(GR)
- 4/13 — Board Game Day 11:00 am (CH)
- 4/13 — Diabetes Prevention 1:00 pm (CH)
- 4/13 — Exercise with Kim 2:00 pm (CH)
- 4/13 — Wii Bowling & Ping Pong 3:00 pm (CH)
- 4/14 — Blood Pressure Clinic 11:00 am (Wellness Suite)
- 4/14 — Pinochle 1:00 pm (CH)
- 4/14 — Shrewsbury Antiques Shopping 1:15 pm (OFF) **Please call Sherry to sign up/We will not be having lunch out**
- 4/15 — Giant Shopping 9:00 am
- 4/15 — Stitch Witchery 10:00 am (CH)
- 4/15 — Flinchbaugh's Tulip Fields & Lunch 10:00 am (OFF) **Cost \$7.99 Includes 2 Stems**
- 4/15 — Cribbage 2:00 pm (CH)
- 4/15 — Game Night 6:30 pm (CH)
- 4/16 — Grocery & Bank Run 9:00 am
- 4/16 — Move 10:00 am (CH)
- 4/16 — Pinochle 1:00 pm (CH)
- 4/16 — Chemistry of Cooking "Nappa Chicken Salad" 1:00 pm (CH)
- 4/16 — Singalong with Joan 1:00 pm (ZP)(GR)
- 4/16 — Dinner Out & Footloose The Musical at Dallastown High School 4:45 pm (OFF) **A Few Tickets Left**
- 4/17 — Bible Study 9:30 (CH)
- 4/17 — Painting 201 10:00 am (CH)
- 4/17 — Bingo 1:00 pm (CH)
- 4/17 — Wii Bowling & Ping Pong 3:00 pm (CH)
- **Town Hall** — If you need a ride to the Town Hall on 4/14 at 9am, please call Nicole at 717-227-3000 no later than Monday (4/13) 12pm.
 - **Podiatry Appointments** — Monday, May 4th — Appointments starting at 1:00 pm. Please sign up at front desk.
 - **Move** — Move is canceled on 4/14/2026
 - **Garden Club** — Garden Club High Tea Wednesday, May 6th 10:00 am. \$5.00. Sign up sheet will be available next week. Closing date will be April 30th.

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 Spiritrust Lutheran®
The Village at Shrewsbury



Questions? Call Sherry Openshaw 717-227-3092 or sopenshaw@spiritrustlutheran.org

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Upcoming April Events:

- **Diabetes Prevention Information Program** — Diabetes is a chronic illness that needs ongoing monitoring to slow or prevent complications. The Diabetes Self-Management Program (DSMP) is evidence-based and will help you gain confidence in your ability to manage your health, and to maintain an active life. Monday, April 13th 1:00 pm.
- **Flinchbaugh's Tulip Fields** — Wednesday, April 15th. Departing at 10:00 am. We will stop for lunch after. \$7.99 includes tour of tulip fields and two tulip stems.
- **Footloose Musical** — Dallastown Senior High School Thursday April 16. We will be departing at 4:45 for dinner at South County Brewery before the show. Tickets \$13.35
- **Gettysburg Battlefield Tour** — Tour with Chris Balesteri. Thursday, April 30th. Depart time 9:00 am.
- **Book Club** — Book Club will meet Monday, April 30th at 1:00 PM in the cafe. Book selection for April is ASK AGAIN, YES by Mary Beth Keane.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, April 13

Soup of the Day
Marinated Chicken Breast
Baked Potato
Roasted Carrots
Dessert of the Day
10.50

Tuesday, April 14

Manicotti
Caesar Salad
Garlic Bread
Dessert of the Day
10.50

Café closed for lunch!

Wednesday, April 15

Soup of the Day
Breaded Pork Chop
Baked Sweet Potato
Sautéed Zucchini
Dessert of the Day
10.50

Thursday, April 16

Soup of the Day
Vegetable Quiche
Roasted Potatoes
Steamed Broccoli
Dessert of the Day
10.50

Friday, April 17

Lemon Buttered Baked Pollock
Side Salad
Steamed Rice
Green Beans
Dessert of the Day
10.50

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