

# The Weekly Update

Residential Living | August 10 — August 16, 2025

## Upcoming Programs & Events:

- 8/10 — Communion Service 1:00 pm
  - 8/11 — Yoga with Kim 9:30 am
  - 8/11 — Bingo 10:30 am
  - 8/11 — Wii Bowling & Ping Pong 3:00 pm
  - 8/11 — Great Discussions “Life’s Third Act” 2:00 pm
  - 8/12 — Move! 10:00 am
  - 8/12 — Blood Pressure Clinic 11:00 am (Wellness Suite)
  - 8/12 — Coffee & Conversation 11:00 am
  - 8/12 — Pinochle 1:00 pm
  - 8/12 — Exercise with Alec 3:00 pm
  - 8/12 — Dinner Out at First Post 4:00 pm **Closing Date 8/8**
  - 8/13 — Giant 9:00 am
  - 8/13 — The Prancing Pig 11:15 am **Closing Date 8/8**
  - 8/13 — Catholic Mass 1:00 pm
  - 8/13 — Service Project “Water for Rose Fire Hall” 1:00 pm
  - 8/13 — Cribbage 2:00 pm
  - 8/14 — Sauble’s and Bank Run 9:00 am
  - 8/14 — Move! 10:00 am
  - 8/14 — History Speaker: Sterling Fritz 1:00 pm **Closing Date 8/12**
  - 8/14 — Singalong with Joan 2:00 pm (ZP)
  - 8/15 — Live Music with JD Sage & S’mores 5:30 pm **Closing Date 8/13**
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- **Beauty Salon** — Due to Ellen’s vacation the Beauty Salon will be closed Tuesday, August 5th through the 11th. The Beauty Salon will reopen August 12th.

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- **Crab Feast** — The Crab Feast will rescheduled for September or October due to a health issue with our crab man. We apologize for any inconvenience. If you would rather receive a refund, please let Sharon Falkner know. If you have any other questions or concerns, please call Sherry.
- **Catholic Mass** — August 13th at 1:00 pm.
- **York Revolutions** — September 10th. York Revolution's vs. Staten Island Ferry Hawk's. Ticket are \$10.50 each. Depart time will be 4:45pm.

## CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of  
unless otherwise noted

### Monday, August 11

**Spaghetti and Meatballs**  
**Caesar Salad**  
**Garlic Bread**  
**Dessert of the Day**  
**12.00**

### Tuesday, August 12

**Pork and Sauerkraut**  
**Mashed Potatoes**  
**Peas**  
**Dessert of the Day**  
**10.50**

### Wednesday, August 13

**Chili**  
**Cornbread**  
**Dessert of the Day**  
**10.50**

### Thursday, August 14

**Soup of the Day**  
**Chicken Salad Wrap**  
**House Chips**  
**Macaroni Salad**  
**Dessert of the Day**  
**10.50**

### Friday, August 15

**Closed for lunch and dinner!**  
**Crab Feast at 12:00pm**

**Cucumber Salad available all week!**