The Weekly Update Residential Living | July 13 — July 19, 2025

Upcoming Programs & Events:

- 7/13 Communion Service 1:00 pm
- 7/14 Yoga with Kim 9:30 am
- 7/14 Bingo 10:30 am
- 7/14 Great Discussions "Do you Talk to yourself" 1:00 pm
- 7/14 Wii Bowling & Ping Pong 3:00 pm
- 7/15 Move! 10:00 am
- 7/15 Blood Pressure Clinic 11:00 am (Wellness Suite)
- 7/15 Pinochle 1:00 pm
- 7/15 Social Life Committee Meeting 2:00 pm
- 7/15 Cooking with Chemistry 2:00 pm
- 7/16 Giant 9:00 am
- 7/16 Stitch Witchery 10:00 am
- 7/16 Catholic Mass 1:00 pm
- 7/16 RLA Meeting 2:00 pm
- 7/16 Cribbage 2:00 pm
- 7/17 Sauble's and Bank Run 9:00 am
- 7/17 Move! 10:00 am
- 7/17 Singalong with Joan 1:00 pm
- 7/17 Tech Skills & Learning 1:00 pm
- 7/17 Cocktails & More with Karaoke 4:00 pm
- 7/18 Painting 10:00 am
- 7/18 Wii Bowling & Ping Pong 3:00 pm
- 7/18 Red Lion Felton Band 6:00 pm

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- Exercise with Alec Alec will be taking some personal time off and will return at a later date.
- Cooking with Chemistry July's Cooking with Chemistry will be July 15th at 2:00 pm, not July 17th. Closing Date 7/14
- Service Project for July My Neighbor's Foundation will except school supplies and also monetary donation's to help support graduation and other school expenses for Hereford Zone families in the northern Baltimore County area. Please do not donate cash. Please make all checks payable to the Foundation. Direct information & Donation's myneighborsfoundation.org

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CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of unless otherwise noted

Monday, July 14

Shrimp Alfredo Caesar Salad Garlic Bread Dessert of the Day 12.00

Tuesday, July 15

Soup of the Day Cobb Salad Dinner Roll Dessert of the Day 10.50

If you would like to join us for our Cooking Demo it will be at 2pm we will be making Corn Salsa.

Wednesday, July 16

Shepherd's Pie Side Salad Honey Roasted Carrots Dessert of the Day 10.50

Thursday, July 17

General Tso's Chicken White Rice Dessert of the Day 10.50

Friday, July 18

Café will be closed for lunch and dinner today!

The Weekly Update Residential Living | July 13 — July 19, 2025 SpiriTrust Lutheran[®] The Village at Shrewsbury



RLA All-cottage meeting July 28, 2025 Zimmerman Place Café 2:00 PM Agenda

Call to Order Pledge of Allegiance Remarks by Sherry Openshaw Minutes of May 21, 2025 meeting Treasurer's Report Committee Reports Report of June meetings with Jan Present concerns for Jan Report from most recent PARCR meeting Other old business New business President's comments Benediction Adjourn