

The Weekly Update

Residential Living | July 5 — July 11, 2026

Upcoming Programs & Events:

- 7/6 — Board Game Day 11:00 am (CH)
7/6 — Virtual Voyager “ Christmas in NYC ” 1:00 pm (CH)
7/6 — Exercise with Kim 2:00 pm (CH)
7/6 — Wii Bowling & Ping Pong 3:00 pm (CH)
7/6 — Move 10:00 am (CH)
7/6 — RL Board Meeting 10:15 am (CH)
7/6 — Blood Pressure Clinic 11:00 am (Wellness Suite)
7/6 — Pinochle 12:00 pm (CH)
7/8 — Giant Shopping 9:00 am
7/8 — Lunch at Greenfield & “Ned & Nancy” at Bird and Hand Theater 10:00 am **CD 7/6 Only 1 Ticket Remaining!**
7/8 — Cribbage 2:00 pm (ZP)
7/8 — Game Night 6:30 pm (CH)
7/9 — Grocery & Bank Run 9:00 am
7/9 — Move 10:00 am (CH)
7/9 — Pinochle 1:00 pm (CH)
7/9 — Singalong with Joan 1:00 pm (ZP)(GR)
7/9 — Veterans Ice Cream Social 1:00 pm (CH)
7/10 — Great Discussions 1:00 pm (CH) **CD 7/6**
- **Summer Carnival** — July 10th at 5:30 pm. **Bring Cash \$5.00+**
 - **Calendar Corrections for July** — Exercise with Kim will be scheduled every Monday at 2:00 pm. Virtual Voyager will be 7/6/2026 at 1:00 pm.
 - **Dining Committee Meeting** — July 29 2:00 in the Café.
 - **Crab Feast** — August 20th at the American Legion 4035 Manchester St, Glen Rock, PA, 17327. Bus will depart at 4:30 pm. \$ Cost TBD.
 - **Clubhouse Parking** — Due to the “Wheelchair Car Wash” will be closing off the Clubhouse lot July 7th. Please park on upper level.
 - **Veterans Ice Cream Social** — July 9th 1:00 Veterans & Spouse Ice Cream Social (CH) Please Sign Up!

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- **Bird in Hand Theater & Lunch at Greenfield Restaurant, Lancaster, PA** — July 8th. “Ned and Nancy” A brand-new RV. A cross-country itinerary. A couple married 40 years. What could go wrong? For the newly retired Ned and his wife Nancy, a celebratory cross-country road trip turns into a comedy of errors: a hot air balloon ride gone wrong, an encounter with a biker gang, an Amish stowaway, a mugging in DC and many other twists and turns down the road. Ned and Nancy end up seeing way more of America than postcards could ever begin to describe. Run Time 90 Minutes. Written by Martha Bolton, this brand-new show from [Blue Gate Musicals](#) combines stunning American scenery with lessons in patience, poignant moments, “Golden Oldies” on the radio and a surprise ending you won’t want to miss. Show tickets \$51.00. Lunch additional. Depart Time 10:00 AM. Show 1:00 PM.



CAFÉ DINNER MENU

Please sign up by 1:00 pm
the day of unless otherwise
noted

Monday, July 6

Soup
Trio Salad
Cole Slaw
Dessert
\$10.50

Tuesday, July 7

Salad
Chicken Thighs
Sweet Potatoes
Spinach
Dessert
\$10.50

Wednesday, July 8

Soup
Ziti
Green Beans
Bread Sticks
Dessert
\$12.00

Thursday, July 9

Salad
Salmon Cakes
Sweet Potato French Fries
Carrots
Dessert
\$12.00

Friday, July 10

Summer Carnival at 5:30pm!
Sign up in the activity book
CD:7/6
Bring Cash \$5.00+

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