

The Weekly Update

Residential Living | June 8 — June 14, 2025

Upcoming Programs & Events:

- 6/8 — Communion Service 1:00 pm**
 - 6/9 — Yoga with Kim 9:30 am**
 - 6/9 — Great Discussions “Aging is my Superpower” 2:00 pm**
 - 6/9 — Wii Bowling & Ping Pong 3:00 pm**
 - 6/10 — Move! 10:00 am**
 - 6/10 — Blood Pressure Clinic 11:00 am (Wellness Suite)**
 - 6/10 — Pinochle 1:00 pm**
 - 6/10 — Exercise with Alec 3:00 pm**
 - 6/10 — Dinner Out at Basta Pasta 4:00 pm Closing date 6/6**
 - 6/11 — Giant 9:00 am**
 - 6/11 — Coffee & Conversation 11:00 am**
 - 6/11 — Service Project Donations to Big Brothers Big Sisters 1:00 pm**
 - 6/11 — Trivia with Friends 1:00 pm Closing date 6/10**
 - 6/11 — Cribbage 2:00 pm**
 - 6/12 — Saubles & Bank Run 9:00 am**
 - 6/12 — Bowling at Greenmount 9:30 Closing date 6/10**
 - 6/12 — Move! 10:00 am**
 - 6/12 — Singalong with Joan 1:00 pm**
 - 6/13 — Father’s Day Grill Night 5:00 pm Closing date 6/9 @ 10:00 am**
- **Wii Bowling — We will not have Wii Bowling on 6/13 due to the Father’s day Celebration.**

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CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, June 9

Grilled Ham Steak
Scalloped Potatoes
Lima Beans
Dessert of the Day
10.50

Tuesday, June 10

Soup of the Day
Chicken Caesar Salad
Bread Stick
Dessert of the Day
10.50

Wednesday, June 11

Liver and Onions
Mashed Potatoes
Steamed Peas
Dessert of the Day
10.50

Thursday, June 12

Pan Seared Cod in White Wine -
Tomato Basil Sauce
White Rice
Broccoli
Dessert of the Day
10.50

Friday, June 13

Father's Day Dinner Grill Night
Grilled Steak
Side Salad
Baked Potato
Grilled Asparagus
Dessert of the Day
20.00

**Must sign up by 10am 6-9-25 We will
not accept any late sign ups**

**Food Showcase: Cucumber Salad available
all week**

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 **SpiriTrust Lutheran®**
The Village at Shrewsbury

