

# The Weekly Update

Residential Living | March 15 — March 21, 2026

## Upcoming Programs & Events:

- 3/15 — Communion Service 1:00 pm (ZP)(GR)
- 3/16 — Bingo 10:30 am (CH) **No Board Games Due to Bingo**
- 3/16 — Exercise with Kim 2:00 pm (CH)
- 3/16 — Wii Bowling & Ping Pong 3:00 pm (CH)
- 3/16 — Pizza & Movie “ For Ritcher or Poorer” 5:00 pm (CH) **Closing Date 3/13**
- 3/17 — Move 10:00 am (CH)
- 3/17 — Blood Pressure Clinic 11:00 am (Wellness Suite)
- 3/17 — Pinochle 1:00 pm (CH)
- 3/17 — Pinochle 1:00 pm (CH)
- 3/17 — Social Life Meeting 2:00 pm (CH)
- 3/17 — St. Patrick’s Day Dinner 5:00 pm (CH) **Closing Date 3/9**
- 3/18 — Giant Shopping 9:00 am
- 3/18 — Stitch Witchery 10:00 am (CH)
- 3/18 — RLA Meeting 2:00 pm (CH)
- 3/18 — Cribbage 2:00 pm (CH)
- 3/18 — Game Night 6:30 pm (CH)
- 3/19 — Grocery & Bank Run 9:00 am
- 3/19 — Move 10:00 am (CH)
- 3/19 — Pinochle 1:00 pm (CH)
- 3/19 — Singalong with Joan 1:00 pm (ZP)(GR)
- 3/19 — Shadey Maple 10:45 am (CH) **Closing Date 3/18**
- 3/19 — Cocktails & More 4:00 pm (CH)
- 3/20 — Bible Study 9:30 am (CH)
- 3/20 — Painting 201 10:00 am (CH)
- 3/20 — Wii Bowling & Ping Pong 3:00 pm (CH)

## Upcoming April Events:

- **Easter Brunch** — Thursday, April 2nd at 1:00 PM in the Clubhouse. \$15.00
- **Dutch Apple Dinner Theater** — “Oklahoma” Thursday, April 2nd. Served dinner and show. \$80.00  
Departing at 4:30pm.

News continued on next page

 **Spiritrust Lutheran**<sup>®</sup>  
The Village at Shrewsbury



Questions? Call Sherry Openshaw 717-227-3092 or [sopenshaw@spiritrustlutheran.org](mailto:sopenshaw@spiritrustlutheran.org)

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- **PEEPshow** — A display of hundreds of marshmallow masterpieces! The 19th Annual PEEPshow, LIVE at the TownMall Tuesday, April 7th. We will depart at 10:00 am. We will stop for lunch after.
- **Your Hearing Health** How hearing works. How hearing loss affects us. Symptoms of hearing loss. What causes hearing loss. Wednesday, April 8th 10:00 am
- **Amish Foundational History** — We will welcome Paul Schenk as he gives his presentation on the Foundational Period 1525-1775. From The Swiss Brethren to the City of Brotherly Love And The Land of Contentment. Thursday, April 9th at 1:00 pm in the Clubhouse.
- **Altland House** — Lunch out! Friday, April 10th. Departing at 11:00 am.
- **Diabetes Prevention Information Program** — Diabetes is a chronic illness that needs ongoing monitoring to slow or prevent complications. The Diabetes Self-Management Program (DSMP) is evidence-based and will help you gain confidence in your ability to manage your health, and to maintain an active life. Monday, April 13th 1:00 pm.
- **Antique Shopping & Lunch at Cracker Barrel** —Tuesday, April 14th. Departing at 10:15.
- **Flinchbaugh's Tulip Fields** —Wednesday, April 15th. Departing at 10:00 am. We will stop for lunch after. \$7.99 includes tour of tulip fields and two tulip stems.
- **Footloose Musical** — Dallastown Senior High School Thursday April 16. We will be departing at 4:45 for dinner at South County Brewery before the show. Tickets \$13.35
- **Dinner Out** — Eagles Nest! Tuesday, April 21st. Departing at 4:00 pm.
- **Turkey Hill Experience** — Wednesday, April 29th. Depart time 10:00 am. \$16.75.
- **Gettysburg Battlefield Tour** — Tour with Chris Balesteri. Thursday, April 30th. Depart time 9:00

## CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of  
unless otherwise noted

Monday, March 16

**Closed Pizza Movie Night!**

Tuesday, March 17

**Happy St. Patty's Day!**

**Corned Beef and Cabbage**

**Roasted Potatoes**

**Roasted Carrots**

**Dessert of the Day**

**17.00**

**Must sign up by 3-9-26 by 10am no  
late sign ups accepted**

Wednesday, March 18

**Baked Ziti**

**Caesar Salad**

**Garlic Dinner Roll**

**Dessert of the Day**

**10.50**

Thursday, March 19

**Chicken Pot Pie**

**Coleslaw**

**Dinner Roll**

**Dessert of the Day**

**10.50**

Friday, March 20

**Shrimp Alfredo**

**Side Salad**

**Garlic Knot**

**Dessert of the Day**

**12.00**

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# **RLA All-cottage meeting**

**March 18, 2026**

**Zimmerman Place Café 2:00 PM**

## **Agenda**

Call to Order

Pledge of Allegiance

Presentation by representatives of the York county Office of Emergency Preparedness.

Remarks by Sherry Openshaw

Minutes of January 21, 2025 meeting

Treasurer's Report

Committee Reports

Report of March meeting with Jan

Present concerns for Jan

Other Old Business

New business

President's comments

Benediction

Adjourn