

The Weekly Update

Residential Living | March 22 — March 28, 2026

Upcoming Programs & Events:

- 3/22 — Communion Service 1:00 pm (ZP)(GR)
- 3/23 — Board Game Day 11:00 am (CH)
- 3/23 — Great Discussions “Why Is Knowledge Getting So Expensive” 1:00 pm (CH)
- 3/23 — Exercise with Kim 2:00 pm (CH)
- 3/23 — Wii Bowling & Ping Pong 3:00 pm (CH)
- 3/24 — Move 10:00 am (CH)
- 3/24 — Blood Pressure Clinic 11:00 am (Wellness Suite)
- 3/24 — Pinochle 1:00 pm (CH)
- 3/25 — Giant Shopping 9:00 am
- 3/25 — Craft Corner “Bird Feeder’s” 1:00 pm (CH) **Closing Date 3/23**
- 3/25 — Cribbage 2:00 pm (CH)
- 3/25 — Game Night 6:30 pm (CH)
- 3/26 — Grocery & Bank Run 9:00 am
- 3/26 — Move 10:00 am (CH)
- 3/26 — Pinochle 1:00 pm (CH)
- 3/26 — Singalong with Joan 1:00 pm (ZP)(GR)
- 3/26 — America’s Transportation Museum (OFF) 8:30 am **Closing Date 3/2**
- 3/27 — Bible Study
- 3/27 — Wii Bowling & Ping Pong 3:00 pm (CH)

Upcoming April Events:

3/29 — **VFW Music Event** — You must have already purchased a ticket from Pete Cuttino. We will be picking everyone up and departing at 2:00 pm.

3/30 — **Pizza & Movie** “For Richer or Poorer” Brad Sexton (Tim Allen) and his wife, Caroline (Kirstie Alley), are wealthy New Yorkers with both marital and financial problems. The latter issue becomes a pressing matter when they discover that their accountant has embezzled millions and pinned the blame on them. Forced to go on the lam, Brad and Caroline end up in an Amish area of Pennsylvania and decide to pose as members of the religious group to evade the IRS. As the two adapt to the simple Amish lifestyle, they begin to reconnect. 5:00 pm (CH) **Closing Date 3/27. Please pay, if you haven't already done so.**

Easter Brunch — Thursday, April 2nd at 1:00 PM in the Clubhouse. \$15.00. Sign-Up Sheet is now available. Quiche, French Toast Bake, Glazed Ham, Bacon, Sweet Potato Casserole, Danishes, Fresh Fruit.

Closing Date is 3/26!

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Questions? Call Sherry Openshaw 717-227-3092 or sopenshaw@spiritrustlutheran.org

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- **PEEPshow** — A display of hundreds of marshmallow masterpieces! The 19th Annual PEEPshow, LIVE at the TownMall Tuesday, April 7th. We will depart at 10:00 am. We will stop for lunch after.
- **Your Hearing Health** How hearing works. How hearing loss affects us. Symptoms of hearing loss. What causes hearing loss. Wednesday, April 8th 10:00 am
- **Amish Foundational History** — We will welcome Paul Schenk as he gives his presentation on the Foundational Period 1525-1775. From The Swiss Brethren to the City of Brotherly Love And The Land of Contentment. Thursday, April 9th at 1:00 pm in the Clubhouse.
- **Altland House** — Lunch out! Friday, April 10th. Departing at 11:00 am.
- **Diabetes Prevention Information Program** — Diabetes is a chronic illness that needs ongoing monitoring to slow or prevent complications. The Diabetes Self-Management Program (DSMP) is evidence-based and will help you gain confidence in your ability to manage your health, and to maintain an active life. Monday, April 13th 1:00 pm.
- **Antique Shopping & Lunch at Cracker Barrel** —Tuesday, April 14th. Departing at 10:15.
- **Flinchbaugh's Tulip Fields** —Wednesday, April 15th. Departing at 10:00 am. We will stop for lunch after. \$7.99 includes tour of tulip fields and two tulip stems.
- **Footloose Musical** — Dallastown Senior High School Thursday April 16. We will be departing at 4:45 for dinner at South County Brewery before the show. Tickets \$13.35
- **Dinner Out** — Eagles Nest! Tuesday, April 21st. Departing at 4:00 pm.
- **Turkey Hill Experience** — Wednesday, April 29th. Depart time 10:00 am. \$16.75.
- **Gettysburg Battlefield Tour** — Tour with Chris Balesteri. Thursday, April 30th. Depart time 9:00 am.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, March 23

Stuffed Shells
Caesar Salad
Garlic Knot
Dessert of the Day
10.50

Tuesday, March 24

Soup of the Day
Glazed Ham loaf
Scalloped Potatoes
Roasted Carrots
Dessert of the Day
10.50

Wednesday, March 25

Soup of the Day
Chicken Cordon Bleu Casserole
Garlic Bread
Lemon Green Beans
Dessert of the Day
10.50

Thursday, March 26

Breakfast for Dinner!
Scrambled Eggs
Pancakes
Bacon
Sausage
Fruit Cup
10.50

Friday, March 27

Salmon Cakes
Side Salad
Baked Sweet Potato
Lima Beans
Dessert of the Day
14.00

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