

The Weekly Update

Residential Living | March 8 — March 14, 2026

Upcoming Programs & Events:

- 3/8 — Communion Service 1:00 pm (ZP)(GR)
- 3/9 — Board Game Day 11:00 am (CH)
- 3/9 — Exercise with Kim 2:00 pm (CH)
- 3/9 — Wii Bowling & Ping Pong 3:00 pm (CH)
- 3/10 — Move 10:00 am (CH)
- 3/10 — Blood Pressure Clinic 11:00 am (Wellness Suite)
- 3/10 — Pinochle 1:00 pm (CH)
- 3/10 — Chemistry of Cooking “Pea & Bacon Salad” (CH) 2:00 pm **Closing Date 3/9**
- 3/10 — Dinner Out! Basta Pasta 4 pm **Closing Date 3/9**
- 3/11 — Giant Shopping 9:00 am
- 3/11 — Trivia with Friends 1:00 pm (CH)
- 3/11 — Catholic Mass 1:00 pm (ZP)(GR)
- 3/11 — Cribbage 2:00 pm (CH)
- 3/11 — Game Night 6:30 pm (CH)
- 3/12 — Grocery & Bank Run 9:00 am
- 3/12 — B & O Railroad 10:00 am **Closing Date 3/10**
- 3/12 — Move 10:00 am (CH)
- 3/12 — Pinochle 1:00 pm (CH)
- 3/12 — Singalong with Joan 1:00 pm (ZP)(GR)
- 3/13 — Bible Study 9:30 am (CH)
- 3/13 — Wii Bowling & Ping Pong 3:00 pm (CH)

Upcoming April Events:

- **Easter Brunch** — Thursday, April 2nd at 1:00 PM in the Clubhouse.
- **PEEPshow** — A display of hundreds of marshmallow masterpieces!
The 19th Annual PEEPshow, LIVE at the TownMall Tuesday, April 7th. We will depart at 10:00 am. We will stop for lunch after.
- **Your Hearing Health** — All you need to know about hearing and hearing loss.

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 Spiritrust Lutheran®
The Village at Shrewsbury



Questions? Call Sherry Openshaw 717-227-3092 or sopenshaw@spiritrustlutheran.org

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- **Amish Foundational History** — We will welcome Paul Schenk as he gives his presentation on the Foundational Period 1525-1775. From The Swiss Brethren to the City of Brotherly Love And The Land of Contentment. Thursday, April 9th at 1:00 pm in the Clubhouse.
- **Altland House** — Lunch out! Friday, April 10th. Departing at 11:00 am.
- **Antique Shopping & Lunch at Cracker Barrel** — Tuesday, April 14 Departing at 10:15.
- **Flinchbaugh's Tulip Fields** — Wednesday, April 15th. Departing at 10:00 am. We will stop for lunch after.
- **Footloose Musical** — Dallastown Senior High School Thursday April 16. We will be departing at 4:45 for dinner at South County Brewery before the show. Tickets \$13.35
- **Dinner Out** — Eagles Nest! Tuesday, April 21st. Departing at 4:00 pm.
- **Turkey Hill Experience** — Wednesday, April 29th. Depart time TBD.
- **Gettysburg Battlefield Tour** — Tour with Chris Balesteri. Thursday, April 30th. Depart time TBD

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, March 9

Soup of the Day
Hot Pork Sandwich
Mashed Sweet Potatoes
Buttered Corn
Dessert of the Day
10.50

Tuesday, March 10

Soup of the Day
Chicken Alfredo Casserole
Steamed Broccoli
Dessert of the Day
10.50

Wednesday, March 11

Discover the Power of Nutrition Meal:
Garlic Dijon Chicken
Greek Tomato Salad
Brown Rice Pilaf
Green Beans
Berry Parfait
10.50

Thursday, March 12

Soup of the Day
Meatloaf
Mashed Potatoes
Steamed Peas
Dessert of the Day
12.00

Friday, March 13

Fried Fish
Side Salad
Macaroni and Cheese
Stewed Tomatoes
Dessert of the Day
10.50