

The Weekly Update

Residential Living | May 18 — May 24 , 2025

Upcoming Programs & Events:

- 5/18 — Communion Service 1:00 pm
- 5/19 — Board Game Day 11:00 am
- 5/19 — Wii Bowling & Ping Pong 3:00 pm
- 5/19 — Pizza & Movie “Secretariat” 5:00 pm **Closing date 5/16**
- 5/20 — Carrol County Farm Museum 8:45 am **Closing date 5/16**
- 5/20 — Move! 10:00 am
- 5/20 — Blood Pressure Clinic 11:00 am (Wellness Suite)
- 5/20 — Pinochle 1:00 pm
- 5/20 — Exercise with Alec 3:00 pm
- 5/20 — Chemistry of Cooking “Roasted Beet Salad” 1:30 **Closing date 5/16**
- 5/21 — Giant 9:00 am
- 5/21 — Stitch Witchery 10:00 am
- 5/21 — Cribbage 2:00 pm
- 5/21 — Residential Living Association Meeting 2:00 pm
- 5/22 — Saubles & Bank Run 9:00 am
- 5/22 — Move! 10:00 am
- 5/22 — York Merchant Shopping 10:30 am **Closing date 5/16**
- 5/23 — Bible Study 9:00 am
- 5/23 — Memorial Day Cookout 11:30 am **Closing date 5/16**
- 5/23 — Wii Bowling & Ping Pong 3:00 pm

- **Pets** — Please remember that dogs and cats must be on a handheld leash and under the control of the owner at all times. Per the handbook pets are also not permitted to be tethered anywhere within the village. Thank you!

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 **SpiriTrust Lutheran®**
The Village at Shrewsbury



Questions? Call Sherry Openshaw 717-227-3092 or sopenshaw@spiritrustlutheran.org

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- **Chemistry of Cooking** — May 20th. Due to unforeseen circumstances, Chemistry of Cooking will start at 1:30 instead of 2:00 pm.
- **Yoga with Kim** — Yoga with Kim will not take place on 5/19 or 5/26.
- **Closing Dates** — Please keep in mind to sign up before closing date ends for food events. The kitchen pre-orders food for these events. Thank you!

- **RLA All-cottage meeting**
May 21, 2025
Zimmerman Place Café 2:00 PM Agenda

- 1.) Call to Order
- 2.) Pledge of Allegiance
- 3.) Remarks by Sherry Openshaw
- 4.) Minutes of March 19, 2025 meeting
- 5.) Treasurer's Report
- 6.) Committee Reports
- 7.) Report of April and May meetings with Jan
- 8.) Present concerns for Jan
- 9.) Report of April CILA meeting including Transportation sub-committee
- 10.) Use of RLA funds to resume distributing printed Friday door drops
- 11.) Other old business
- 12.) New business
- 13.) President's comments
- 14.) Benediction
- 15.) Adjourn

The CILA Transportation sub-committee was convened to try to come up with a proposal to reduce or adjust transportation costs for medical appointments. There are four alternatives that were proposed. Come to hear what they are and give us your input. We hope to propose an alternative to SpiriTrust administration soon

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, May 19

Closed for Dinner
Pizza and a Movie

Tuesday, May 20

Soup of the Day
Trio Salad served over Lettuce
Fresh Fruit
10.50

Wednesday, May 21

Marinated Grilled Chicken Breast
Mashed Sweet Potatoes
Green Beans
Dessert of the Day
10.50

Thursday, May 22

Baked Stuff Flounder
Side Salad
Baked Potato
Vegetable of the Day
Dessert of the Day
14.00

Friday, May 23

Closed for Dinner!
Memorial Day Cookout
11:30 am
Sign Up by 5-16-25

Burgers
Hotdogs
Potato Salad
Macaroni Salad
Corn on the Cob
Watermelon
Red, White, and Blue Cake
12.00