

The Weekly Update

Residential Living | May 3 — May 9, 2026

Upcoming Programs & Events:

- 5/3 — Communion Service 1:00 pm (ZP)(GR)
- 5/4 — Board Game Day 11:00 am (CH)
- 5/4 — Podiatry Day * **Appointment Required** (ZP)
- 5/4 — Great Discussions 1:00 pm “ Unseen Footage of Untamed Nature” (CH)
- 5/4 — Exercise with Kim 2:00 pm (CH)
- 5/4 — Wii Bowling & Ping Pong 3:00 pm (CH)
- 5/5 — Move 10:00 am (CH)
- 5/5 — RL Board Meeting 10:15 am (CH)
- 5/5 — Blood Pressure Clinic 11:00 am (Wellness Suite)
- 5/5 — Pinochle 1:00 pm (CH)
- 5/6 — Giant Shopping 9:00 am
- 5/6 — Flower & Garden Club “High Tea” 10:00 am (CH) **Closing Date 4/30**
- 5/6 — Cribbage 2:00 pm (CH)
- 5/6 — Game Night 6:30 pm (CH)
- 5/7 — Grocery & Bank Run 9:00 am
- 5/7 — Greenmount Bowling & Lunch at Greenmount Station 9:30 am
- 5/7 — Move 10:00 am (CH)
- 5/7 — Pinochle 1:00 pm (CH)
- 5/7 — Singalong with Joan 1:00 pm (ZP)(GR)
- 5/8 — Bible Study 9:30 (CH)
- 5/8 — Nurse Honor Guard Tribute 10:00 am (ZP) (GR) **All NURSES & RETIRED NURSES WELCOME!**
- 5/8 — Mothers Day “ Muffins & Mimosas for Mom! 10:00 am (CH)
- 5/8 — Wii Bowling & Ping Pong 3:00 pm (CH)

- **Café** — The Café will be closed for lunch & dinner until further notice.
- **Book Club** — Book Club will meet on last Monday in May, the 25th at 1:00 pm. Book selection is The Invisible Life of Addie LaRue. Please contact Carol Howie (717 654 1269) if you would like a copy.
- **Catholic Mass** — Mass is canceled until further notice.

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Questions? Call Sherry Openshaw 717-227-3092 or sopenshaw@spiritrustlutheran.org

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Upcoming May Events:

- **Podiatry Appointments** — Monday, May 4th — Appointments starting at 1:00 pm. Please sign up at front desk.
- **Garden Club** — Garden Club High Tea Wednesday, May 6th 10:00 am. \$5.00. Sign up sheet is available. **Closing date will be April 30th.**
- **Bowling & Lunch at Greenmount** — May 7th. Depart at 9:30 am.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

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