

The Weekly Update

Residential Living | October 26 — November 1, 2025

Upcoming Programs & Events:

- 10/26 — Communion Service 1:00 pm
- 10/27 — Board Game Day 11:00 am
- 10/27 — Book Club 1:00 pm
- 10/27 — Exercise with Kim 2:00 pm
- 10/27 — Wii Bowling & Ping Pong 3:00 pm
- 10/28 — Move! 10:00 am
- 10/28 — Men at Eleven 11:00 am
- 10/28 — Blood Pressure Clinic 11:00 am (Wellness Suite)
- 10/28 — Pinochle 1:00 pm
- 10/28 — Exercise with Alec 3:00 pm
- 10/28 — Birthday Dinner 5:00 pm **Closing Date 10/24**
- 10/29 — Giant Shopping 9:00 am
- 10/29 — Craft Corner “ Hand Wrapped Pumpkins” 1:00 pm
- 10/29 — Cribbage 2:00 pm
- 10/30 — Saubel’s and Bank Run 9:00 am
- 10/30 — Move! 10:00 am
- 10/30 — Singalong with Joan 1:00 pm (ZP)
- 10/28 — Halloween Bash - Costume Contest with Cocktails & More 4:00 pm **Closing Date 10/27. Dinner at 5:00 pm. * Dinner Sign Up Separate!**
- 10/31 — Bible Study 9:30 am
- 10/31 — Wii Bowling & Ping Pong 3:00 pm

- **Book Club** — Book Club will meet on Monday, November 24 at 1:00 pm in the Clubhouse. The book for November will be “Tidelands” by Philippa Gregory. All are welcome!
- **Garden Club** — Wednesday, November 5 at 10:00 am. We will be making Fall wreaths. Jennifer Lubman will be here to instruct. Bring a base of grapevine or wire. All other supplies will be provided. Come for the fun! All are welcome! Thank you! Sharon Falkner
- **PARCR Quarterly Meeting** — Thursday, November 6 at 10:30 am. All residents are invited to view the virtual presentation of the October PARCR meeting.

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 **SpiriTrust Lutheran®**
The Village at Shrewsbury



Questions? Call Sherry Openshaw 717-227-3092 or sopenshaw@spiritrustlutheran.org

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- **Men at Eleven** — Please join in for Men at Eleven the last Tuesday of every month. 11:00 am in the Clubhouse.
- **RLA** — Board elections will take place in November. Look for information in the upcoming issue of Cottage Connections.”
- **Shady Maple** — Lunch & Shopping! Wednesday, November 5th. Depart at 10:30 am.

CAFÉ DINNER MENU

Please sign up by 1:00 pm the day of
unless otherwise noted

Monday, October 27

Soup of the Day
Monterrey Chicken
Roasted Potatoes
Roasted Vegetables
Dessert of the Day
10.50

Tuesday, October 28

Birthday Dinner!

Fried Chicken
Mashed Potatoes & Gravy
Green Beans
Birthday Cake
10.50

Wednesday, October 29

Chili
Side Salad
Cornbread
Dessert of the Day
10.50

Thursday, October 30

Halloween Themed Dinner!

Dress in costume if you would like!

Soup of the Day
Meatloaf
Loaded Mashed Potatoes
Glazed Carrots
Vegetables and Dip
Dirt Pudding
12.00

Friday, October 31

Shrimp Florentine
Side Salad
Penne Pasta
Steamed Broccoli
Dessert of the Day
12.00

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