

# *Favorite Recipes from The Village at Shrewsbury Residents*

## *Nappa Cabbage Salad*

From the kitchen of May Polley



### *Ingredients*

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¾ cup slivered almonds  
1 Tbs butter  
1 medium head of nappa cabbage  
3 green onions with tops, chopped  
½ cup sunflower seeds  
1 cup chow mein noodles (uncooked)

Dressing:  
1 cup oil  
1 cup sugar  
½ cup vinegar  
2 Tbs soy sauce



### *Directions*

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1. Brown almonds in sauce pan over medium heat in butter.
2. Shred cabbage, add chopped onions.
3. Add sunflower seeds, noodles, and almonds.
4. Mix dressing and add to salad just before serving.



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