Favorite Recipes from The Village at Shrewsbury Residents

7una Chowder

Submitted by Ruth Bricker



Ingredients

1/2 cup chopped celery

1 medium onion, chopped

3 Tbs butter or margarine

1 Tbs prepared mustard

3/4 tsp salt

Dash of pepper

2 cups water

2 medium potatoes, diced

1 cup milk

1 can (6.5 or 7 oz.) albacore tuna drained and

flaked

1/2 cup grated process cheese

1 Tbs chopped parsley



In a pot, sauté celery and onions in butter until onions are translucent; add mustard, salt, pepper and blend. Add water and potatoes; bring to a boil, then cover and simmer for 20 minutes or until potatoes are tender. Add milk, tuna, and cheese; heat and stir until cheese is melted. Served topped with chopped parsley.

Makes 4 servings.

