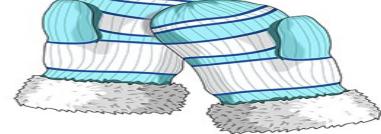




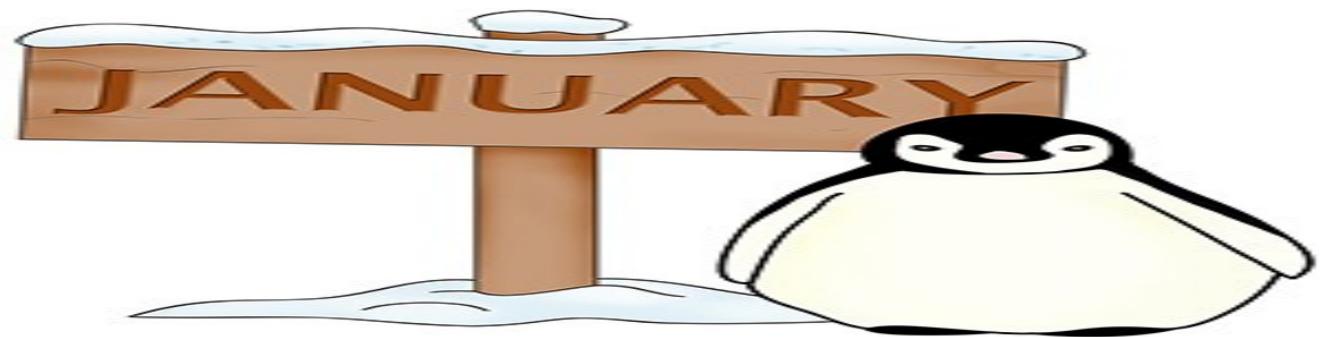
January 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 SPIRIT360® Empowering lives through purposeful living.		Key <i>Programs are subject to change</i> HW—Hallway CRA/B—Community Room A/B LR—Living Room FT—Farm Table DR—Dining Room SC CR—Skilled Care & Rehab Community Room CY—Court Yard ST—Study ** - Registration Required	 Happy New Year 2020	1 9:15am Bingo (DR) 10:45am Catch Phrase (DR) 1:00pm Movie: Age of Adeline (LR)	2 9:30am Balloon Volleyball (FT) 10:15am Bingo (EE) 1:00pm Friday Flicks: Stuck on You (LR) 3:00pm Happy Hour and Trivia (LR)	3 9:45am Morning Exercise (LR) 10:30am White Board Word Games (LR) 1:00pm Catch Phrase (DR) 2:00pm Jim Litke: Ukelele Performance (CRA) 3:00pm Movie Matinee: Hope Floats (LR)
10:30am Worship Service (CRA) 3:00pm One Voice Community Choir Performance (CRA)	4 9:45am Trivia (LR) 10:15am Un-Deck the Halls of Assisted Living (DR) 10:30am Exercise with Karen (FT) 1:00pm Life Enrichment Monthly Calendar Review (DR) 2:00pm Who Am I? (LR) 5:45pm Chat with Pam (FT)	5 9:45am Exercise Video (LR) 10:00am Catholic Communion 10:15am Jeopardy (LR) 1:15pm Bingo (DR) 2:30pm Faith Sharing (LR) 5:45pm Movie Night: Because I Said So (LR) EPIPHANY	6 9:30am Chair Yoga (LR) 10:15am Bingo (EE) 1:00pm I Got It! (DR) 2:00pm Dining Committee (DR) 2:30pm Craft: Clay Snowman FT 5:45pm Chat with Sally (FT)	7 9:45am Exercise—Dice Style (FT) 10:30am Kitchen Corner: Snowman in a Cup (FT) 1:15pm Bingo (DR) 2:30pm Team Trivia and Cocktails (CRA) 5:45pm I Got It! (FT)	8 9:30am Balloon Volleyball (FT) 10:15am Bingo (EE) 1:00pm Friday Flicks: Support Your Local Sheriff (LR) 3:00pm Happy Hour and Jeopardy (LR)	9 1:00pm Bowling (FT) 2:00pm UNO (FT) 3:00pm Rainbow Puppet Show from 4th United Methodist Church (CRA) 
	11 9:45am Manicures (FT) 10:30am Exercise with Karen (FT) 1:00pm Shuffle Board (FT) 2:00pm Tea Party (CRA) 5:45pm Chat with Pam (FT)	12 9:45am Exercise Video (LR) 10:45am Trip to Walmart** 1:15pm Bingo (DR) 2:30pm Pizza Party (FT) 5:45pm Movie Night: Father of the Bride 1950 (LR) 	13 9:30am Chair Yoga (LR) 10:15am Bingo (EE) 1:00pm Shuffle Board (FT) 2:00pm AL Town Hall (DR) 2:30pm Craft: Tea Light Snowman (FT) 5:45pm Chat with Sally (FT)	14 9:45am Exercise—Dice Style (FT) 10:30am Pen Pals (FT) 1:15pm Bingo (DR) 2:30pm Kitchen Corner: Root Deer Float (FT) 5:45pm Trivia (LR) 	15 9:30am Balloon Volleyball (FT) 10:15am Bingo (EE) 1:00pm Friday Flicks: School of Rock (LR) 3:00pm Happy Hour and 50's Music (FT)	16 9:45am Morning Exercise (LR) 10:30am Word Game—Trivia (LR) 1:00pm Conversation Toss (LR) 3:00pm Movie Matinee: The War with Grandpa (LR)
	18 9:45am Trivia (LR) 10:30am Exercise with Karen (FT) 1:00pm Bowling (FT) 2:00pm Charades (FT) 5:45pm Chat with Pam (FT) 	19 9:45am Exercise Video (LR) 10:45am Trip to Stonybrook Restaurant** 1:15pm Bingo (DR) 2:30pm Bowling (FT) 5:45pm Movie Night: My Blue Heaven (LR)	20 9:30am Chair Yoga (LR) 10:00am Catholic Mass (SCC) 10:15am Bingo (EE) 1:00pm Craft: Melting Snowman (FT) 2:30pm Pecan Pie Social (FT) 5:45pm Chat with Sally (FT)	21 9:45am Exercise—Dice Style (FT) 10:30am Women's Group (Trivia) (b) 1:15pm Bingo (DR) 2:30pm Men's Group (EE) 2:30pm Kitchen Corner: Bagel Snowman (FT) 5:45pm Shuffle Board (FT)	22 9:30am Balloon Volleyball (FT) 10:15am Bingo (EE) 1:00pm Friday Flicks: Bubble Boy (LR) 3:00pm Happy Hour and Chat (FT)	23 1:00pm Cornhole (FT) 2:00pm Trivia (LR) 3:00pm Movie Matinee: Divine Secrets of the Ya-Ya Sisterhood (LR) 
	25 9:45am Manicures (FT) 10:15am Exercise with Karen (FT) 1:30pm Bill Tileston: Musical Performance (CRA) 2:30pm Ice-Cream Sundae Social (EE) 5:45pm Chat with Pam (FT)	26 9:45am Exercise Video (LR) 10:15am Jeopardy (LR) 1:15pm Bingo (DR) 2:30pm Faith Sharing (LR) 5:45pm Movie Night: Sophia Grace & Rosie's Royal Adventure (LR)	27 9:30am Chair Yoga (LR) 10:30am Bingo (EE) 1:00pm Craft: Mitten Art Picture Frame (EE) 2:30pm Hot Apple Cider Social (FT) 5:45pm Chat with Sally (FT)	28 9:45am Exercise—Dice Style (FT) 10:30am Kitchen Corner: Winter Chocolate Cupcakes (FT) 1:15pm Bingo (DR) 2:30pm January Birthday Party (FT) 5:45pm Word Games (FT)	29 9:30am Balloon Volleyball (FT) 10:15am Bingo (EE) 1:00pm Friday Flicks: Clue the Movie (LR) 3:00pm Happy Hour and Trivia (LR)	30 9:45am Morning Exercise (LR) 10:30am Jeopardy (LR) 1:00pm Penny Pitching (FT) 2:00pm Word Games (LR) 3:00pm Movie Matinee: Maid in Manhattan (LR)

The Village at Sprengle Drive Elmtree Assisted Living Programs & Events





EVENTS

01/06– 10:15am Un-Deck the Halls of the Glatfelter Center:

What goes up must come down. As the holidays come to an end, help take down the decorations throughout Assisted Living.

01/08– 2:30pm Team Trivia and Cocktails

Take a few sips and see if it helps trigger your memory for these trivia questions. Tables will be working together. May the smartest table win!

01/10– 3:00pm Rainbow Puppet Show (CRA) :

The Rainbow Puppet Program creates shows that enlighten, entertain, and educate through original music, puppets, and dance. The group has been together since 1977 and have performed at some of the grandest theaters, some of the smallest libraries and many places in between.

01/15– 2:30pm Root Deer Float:

Grab a mug. Add snow ball (ice-cream). Top with root beer. Add antlers (candy canes). A red nose for Rudolf (cherry) and ENJOY!

01/21– 1:00pm Melting Snowman/wood Craft:

“Let’s melt some snowmen-craft-style! Join us for a Snowman Melt-down.”

01/26– 2:30pm Ice-Cream Sundae Social:

You’re invited to an Ice-Cream Sundae Social! Toppings, Laughs, and bring your sweet tooth!

Elmtree Assisted Living Newsletter



BIRTHDAYS

SPECIAL DAYS IN January

01/01- New Year's Day

01/06- Epiphany

01/19- Martin Luther King Jr. Day

01/24- International Day of Education

01/31-National Hot Chocolate Day

