

2024 Week 4	Monday March 25	Tuesday March 26	Wednesday March 27	Thursday March 28	Friday March 29	Saturday March 30	Sunday March 31
Breakfast	Orange Juice Cream of Wheat Blueberry Pancakes Syrup Bacon Sliced Peaches Assorted Cold Cereal	Orange Juice Hot Oatmeal Cinnamon Raisin French Toast Syrup Orange Wedges Assorted Cold Cereal	Orange Juice Cream of Wheat Wheat Toast Eggs to Order Assorted Cold Cereal Cinnamon Coffee Cake Fruit Cocktail	Orange Juice Hot Oatmeal Scrambled Eggs Bacon Banana Assorted Cold Cereal Raisin Toast	Orange Juice Cream of Wheat Breakfast Sausage Waffle Syrup Sliced Pears Assorted Cold Cereal Wheat Toast	Orange Juice Hot Oatmeal Cheesy Scrambled Eggs White Toast Seedless Grapes Assorted Cold Cereal Yogurt & Granola Parfait	Orange Juice Cream of Wheat Texas French Toast Syrup Cubed Melon Assorted Cold Cereal Mini Danish
Lunch	Orange Chicken Stir-Fry Steamed Rice Cauliflower Coconut Cream Pie Baked Pork Chop Pork Gravy	Herb Baked Chicken w/Gravy Quinoa Pilaf w/Cranberry & Squash Sliced Carrots Fresh Fruit Cup Apricot Glazed Baked Ham	Pork Tenderloin with Gravy Corn Peas Cherry Pie Stuffed Peppers Mashed Potatoes	Beef Pot Pie Green Bean Amandine Apple Crisp Baked Honey Mustard Chicken Seasoned Rice	Salmon Fillet Buttered Farfalle Fresh Sautéed Zucchini Baked Apples Chop Steak w/Mushroom Gravy	Penne Pasta Ratatouille Caesar Salad Chocolate Cake w/White Icing Veal Cutlet Piccata Red Potatoes w/Garlic	Cheese Ravioli w/Marinara Garlic Bread Garden Salad Maple Glazed Carrots Carrot Cake Baked Meatloaf Mashed Potatoes Brown Gravy
Dinner	Roasted Tomato Bisque Home-style Beef Macaroni & Cheese Marinated Artichoke Salad Wheat Dinner Roll Vanilla Pudding Parfait California Turkey Salad on Bun	Crab Bisque Soup Pot Roast Sandwich Mashed Potatoes Lettuce Layer Salad Peanut Butter Cookies Baked Cod Cocktail Sauce	Chili Garden Salad Pepperoni Pizza Fruited Gelatin Turkey and Cheddar Sandwich on White Pasta Salad	New England Clam Chowder Tuna & Bow Tie Noodle Casserole Sugar Snap Peas Dirt Pudding Pittsburgh Steak Salad Wheat Dinner Roll	Ham and Cabbage Soup Grilled Bratwurst Seasoned Potato Wedges Red & Green Salad with Dijon Vinaigrette Lemon Bar Cold Egg Salad w/Crackers	Beef Rice Soup Grilled Cheese & Tomato Sandwich French Fries Broccoli Slaw Peaches & Cream Chicken Tenders With Honey Mustard	Chicken Noodle Soup BBQ Pork on Bun Macaroni Salad Coconut Cream Pie Portobello Cheddar Quiche

Key: BW - Be Well (healthier item choice) | LS - Low Sodium | LF - Low Fat

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.